

# Regionaal Estafette Kampioenschap



## Regio West

Leiden 24-9-2023

Nummer: 1 - zondag 24 september 2023 om 15:00u (25 m)

Aanvangstijd juryvergadering: 14:30u

### 1. 4x50m rugslag dames

vanaf 11 jaar (Senioren Open)

#### 1. Feijenoord Albion

02:04.65

Jazz-Lynn Gomes Delgado 2008 50m 00:31.25 31,25  
Eloisa Gomes Delgado 2007 100m 01:03.45 32,20  
Leyla Oversluizen 2006 150m 01:33.64 30,19  
Isa Maes 2005 200m 02:04.65 31,01

#### 2. ACZ1

02:06.80

Carmen Lems 2004 50m 00:32.45 32,45  
Roos van Esch 1982 100m 01:05.99 33,54  
Mariska Scheel 1993 150m 01:37.66 31,67  
Mare Schallenberg 2006 200m 02:06.80 29,14

#### 3. Niemo Barracuda

02:07.97

Mila Oomens 2007 50m 00:31.64 31,64  
Denise Boereboom 1992 100m 01:04.56 32,92  
Anouchka Bos 2005 150m 01:38.92 34,36  
Jinth Engelse 2008 200m 02:07.97 29,05

#### 4. De Columbiaan

02:12.42

Julia Notenboom 2003 50m 00:32.11 32,11  
Anouk Vis 2002 100m 01:05.81 33,70  
Robin Spreeuw 2005 150m 01:41.00 35,19  
Miranda Nijenhuis 1992 200m 02:12.42 31,42

#### 5. AZC

02:15.25

Jade van der Schrier 2008 50m 00:33.13 33,13  
Julia Wortman 1996 100m 01:06.91 33,78  
Jessica Braat 2002 150m 01:42.51 35,60  
Merel Leuring 2004 200m 02:15.25 32,74

#### 6. ZVL-1886 Center

02:22.00

Sanne Hoogduin 2008 50m 00:36.94 36,94  
Silke Molendijk 2001 100m 01:09.43 32,49  
Daniek Wijnen 2007 150m 01:46.06 36,63  
Lonneke Graansma 1999 200m 02:22.00 35,94

#### 7. ZZ&PC De Devel

02:22.97

Julia van Wingerden 2008 50m 00:36.13 36,13  
Jaylin van der Linden 2007 100m 01:13.70 37,57  
Britte Lodder 2007 150m 01:46.93 33,23  
Madelief Penning 2007 200m 02:22.97 36,04

#### 8. MNC Dordrecht

02:23.19

Hadewych Forschelen 2009 50m 00:35.10 35,10  
Eliska Bosscher 2008 100m 01:12.67 37,57  
Carice Forschelen 2008 150m 01:48.22 35,55  
Fleur Ooms 2007 200m 02:23.19 34,97

#### 9. ZV Vlaardingen-Schiedam

02:24.31

Sanne Pruntel 2008 50m 00:38.82 38,82  
Marjolijn Offeringa 2007 100m 01:15.74 36,92  
Hanna van Loenen 2008 150m 01:54.42 38,68  
Karlijn Offeringa 2005 200m 02:24.31 29,89

#### 10. De Geul

02:27.71

Isabelle Janssen 2000	50m	00:41.20	41,20	
Daphne van Tilburg 2005	100m	01:18.59	37,39	
Tess Vonk 2009	150m	01:52.88	34,29	
Samantha van Eijk 1988	200m	02:27.71	34,83	
11. WZK Zwemmen				02:32.96
Marit Knevel 2005	50m	00:37.84	37,84	
Dagmar Ros 2004	100m	01:15.20	37,36	
Marieke Vledder 2005	150m	01:58.38	43,18	
Juliëtte Priester 2008	200m	02:32.96	34,58	
12. SG LinK-ZV Zoetermeer				02:35.39
Esmee Verbeek 2005	50m	00:38.55	38,55	
Daynah de Snaijer 2008	100m	01:17.24	38,69	
Leverne van Wanum 2005	150m	01:53.70	36,46	
Evelien Holterman 2006	200m	02:35.39	41,69	
12. De Watervogels				02:35.39
Puck van Rijn 2006	50m	00:40.42	40,42	
Alaine Dumont 2011	100m	01:16.57	36,15	
Norah Koese 2008	150m	01:56.88	40,31	
Annet van der Sloot 2004	200m	02:35.39	38,51	
2. 4x50m rugslag heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Feijenoord Albion				01:46.86
Ensger Kotterink 1994	50m	00:26.81	26,81	
Floris Kotterink 1998	100m	00:53.90	27,09	
Perry Laarhoven 2003	150m	01:20.77	26,87	
Sjoerd van Weelden 2001	200m	01:46.86	26,09	
2. Feijenoord Albion				01:54.96
Yassine Mellah 2005	50m	00:28.14	28,14	
Bjorn de Heus 2002	100m	00:56.54	28,40	
Kenan Coeruez 2003	150m	01:25.61	29,07	
Floris Tanis 2007	200m	01:54.96	29,35	
3. WVZ				01:55.32
Jisse Lousma 2007	50m	00:27.78	27,78	
Floris Wassenaar 2006	100m	00:58.24	30,46	
Denzel Barthen 2007	150m	01:26.88	28,64	
Pepijn van Egmond 2004	200m	01:55.32	28,44	
4. ACZ1				01:57.03
Yarno van Dam 2008	50m	00:28.73	28,73	
Saviël Armand 2002	100m	00:58.10	29,37	
Jasper Groen 2006	150m	01:28.13	30,03	
Stefan Groen 2003	200m	01:57.03	28,90	
5. De Columbiaan				01:57.15
Daan Hogerhuis 2003	50m	00:28.52	28,52	
Bert Duivenvoorde 1997	100m	00:57.29	28,77	
Dave van den Nieuwendijk 2001	150m	01:27.34	30,05	
Bas van Wieringen 2002	200m	01:57.15	29,81	
6. ZVL-1886 Center				01:58.76
Robin van Beek 1997	50m	00:28.40	28,40	
Guus Hoogduin 2002	100m	00:57.22	28,82	
Guus Geelen 2004	150m	01:27.55	30,33	
Jesse van der Meij 2006	200m	01:58.76	31,21	
7. ACZ2				02:03.03
Bas Blanker 2006	50m	00:30.50	30,50	
Robin Schols 2004	100m	01:01.66	31,16	
Kevin Kingma 1997	150m	01:33.08	31,42	
Ties Lakke 2007	200m	02:03.03	29,95	
8. SG LinK-ZV Zoetermeer				02:03.41
Benjamin Vermeer 2006	50m	00:32.96	32,96	
Kaan Uludag 2006	100m	01:03.07	30,11	

Björn Mulder 2006	150m	01:36.69	33,62	
Jarno Verbeek 2002	200m	02:03.41	26,72	
9. ZZ&PC De Devel				02:04.26
Stijn den Otter 2002	50m	00:30.32	30,32	
Sven Markkus Eschbach 2006	100m	01:00.27	29,95	
Benjamin van Helsdingen 2006	150m	01:31.79	31,52	
Esper Paans 2001	200m	02:04.26	32,47	
10. ZV Vlaardingen-Schiedam				02:05.57
Joey Pop 2008	50m	00:33.74	33,74	
Wanne van Geest 2009	100m	01:04.34	30,60	
Jaap Schoenmakers 2002	150m	01:36.76	32,42	
Thierry Zulver 2007	200m	02:05.57	28,81	
DIS. WVZ				00:00.00
Rely Hoogendijk 2007	50m	00:31.17	31,17	
Twan Huisman 2007	200m	00:00.00	-31,17	
3. 4x50m wisselslag dames				
11 - 14 jaar (Junioren 4 en jonger)				
1. WVZ				02:12.42
Malin Roozeboom 2011	50m	00:30.77	30,77	
Tess van de Steeg 2010 (+49)	100m	01:08.54	37,77	
Anouk Steller 2010 (+35)	150m	01:41.20	32,66	
Chloé in 't Veen 2011 (+47)	200m	02:12.42	31,22	
2. De Columbiaan				02:16.50
Luna Buis 2009	50m	00:36.61	36,61	
Tess Meeuwissen 2010 (+25)	100m	01:14.37	37,76	
Gwen Hermans 2009 (+44)	150m	01:46.72	32,35	
Fanni Farkas 2011 (+51)	200m	02:16.50	29,78	
3. GZC DONK				02:18.90
Tess Liebrechts 2010	50m	00:37.39	37,39	
Eva Ehlert 2010 (+60)	100m	01:13.97	36,58	
Erin de Jong 2010 (+69)	150m	01:47.30	33,33	
Tessa de Jong 2010 (+46)	200m	02:18.90	31,60	
4. WVZ				02:21.74
Faye Thijssse 2010	50m	00:34.43	34,43	
Jessica Johnstone 2010 (+60)	100m	01:14.35	39,92	
Jubilee van Heijdoorn 2009 (+48)	150m	01:48.99	34,64	
Meike van der Klugt 2011 (+42)	200m	02:21.74	32,75	
5. De Columbiaan				02:24.74
Anouk Mulder 2012	50m	00:37.79	37,79	
Britt van de Reep 2010 (+25)	100m	01:16.14	38,35	
Nina Tetteroo 2010 (+36)	150m	01:51.58	35,44	
Iraysha Barendse 2009 (+48)	200m	02:24.74	33,16	
6. SCOM/De Zeehond'73 (SG)				02:26.56
Hei Yiu Tang 2009	50m	00:39.19	39,19	
Ashley Mercera 2010 (+53)	100m	01:19.63	40,44	
Merel Bijl 2009 (+45)	150m	01:53.10	33,47	
Hannah Rybka 2009 (+77)	200m	02:26.56	33,46	
7. ZVL-1886 Center				02:26.96
Rozalia Diederiks 2011	50m	00:37.03	37,03	
Anne van Lith 2010 (+33)	100m	01:17.34	40,31	
Victoria Diederiks 2009 (+50)	150m	01:50.25	32,91	
Evi van der Ham 2010 (+22)	200m	02:26.96	36,71	
8. AZC				02:27.24
Nina van der Schrier 2010	50m	00:34.57	34,57	
Vere van Klooster 2010 (+45)	100m	01:18.40	43,83	
Jorja Verschoor 2009 (+49)	150m	01:52.55	34,15	
Sophie Hoogervorst 2011 (+54)	200m	02:27.24	34,69	
9. ZV Vlaardingen-Schiedam				02:33.09

Merel Doest 2010	50m	00:39.69	39,69	
Jennifer Blenk 2009 (+44)	100m	01:18.31	38,62	
Guusje van Geest 2012 (+85)	150m	01:57.90	39,59	
Emma Putters 2010 (+38)	200m	02:33.09	35,19	
<b>10. Niemo Barracuda</b>				<b>02:33.47</b>
Lynn Walter 2010	50m	00:41.07	41,07	
Demi Bos 2010 (+61)	100m	01:22.15	41,08	
Rosalie Moller 2009 (+64)	150m	02:00.33	38,18	
Valerie Hesper 2009 (+61)	200m	02:33.47	33,14	
<b>11. ZZ&amp;PC De Devel</b>				<b>02:41.06</b>
Thirza van Die 2010	50m	00:42.25	42,25	
Ivy Lodder 2011 (+24)	100m	01:25.21	42,96	
Pip Verhoeven 2012 (+39)	150m	02:05.28	40,07	
Lieselot Penning 2012 (+19)	200m	02:41.06	35,78	
<b>4. 4x50m wisselslag heren</b>				
<i>11 - 15 jaar (Junioren 4 en jonger)</i>				
<b>1. ZVL-1886 Center</b>				<b>02:02.93</b>
Rein Stoel 2008	50m	00:28.81	28,81	
Jan Schouten 2009 (+30)	100m	01:04.11	35,30	
Gijs Hartwijk 2008 (+47)	150m	01:33.73	29,62	
Lintar Shidiq 2008 (+15)	200m	02:02.93	29,20	
<b>2. WVZ</b>				<b>02:04.89</b>
Niek Sonneveld 2008	50m	00:29.73	29,73	
Sverre van der Zwaan 2009 (+33)	100m	01:05.64	35,91	
Tim Boerefijn 2008 (+20)	150m	01:34.01	28,37	
Emin Karadeniz 2008 (+71)	200m	02:04.89	30,88	
<b>3. AZC [SM14]</b>				<b>02:09.88</b>
Thomas Braat 2008	50m	00:35.60	35,60	
Adriaan Coppelmans 2009 (+47)	100m	01:09.11	33,51	
Sascha Timmer 2009 (+43)	150m	01:37.94	28,83	
Jan Peter Slof 2011 (+51)	200m	02:09.88	31,94	
<b>4. Niemo Barracuda</b>				<b>02:11.12</b>
Eli Shields 2010	50m	00:34.17	34,17	
Yaroslav Budylevskiy 2009 (+58)	100m	01:11.86	37,69	
Myron Artemenko 2010 (+52)	150m	01:41.42	29,56	
Thijs Bijman 2009 (+52)	200m	02:11.12	29,70	
<b>5. ACZ1</b>				<b>02:13.56</b>
Vince van Dam 2010	50m	00:36.06	36,06	
Milán Biró 2008 (+22)	100m	01:11.82	35,76	
Luka Arkesteijn 2009 (+33)	150m	01:44.84	33,02	
Avery Arrindell 2009 (+53)	200m	02:13.56	28,72	
<b>6. De Columbiaan</b>				<b>02:17.04</b>
Luca Boorsma 2009	50m	00:29.73	29,73	
Luuk Knijnenburg 2008 (+19)	100m	01:03.32	33,59	
Finn Knijnenburg 2011 (+19)	150m	01:42.84	39,52	
Jasper Varkevisser 2011 (+39)	200m	02:17.04	34,20	
<b>7. ZZ&amp;PC De Devel</b>				<b>02:17.56</b>
Valentijn Penning 2009	50m	00:39.22	39,22	
Kris Westerhout 2010 (+55)	100m	01:17.10	37,88	
Thom Veldhoen 2009 (+43)	150m	01:47.52	30,42	
Kaylen Sebus 2009 (+36)	200m	02:17.56	30,04	
<b>8. MNC Dordrecht</b>				<b>02:49.19</b>
Niek van Denderen 2011	50m	00:40.56	40,56	
Fryderyck Krys Straszak 2011 (+76)	100m	01:27.95	47,39	
Alan Vasilevski 2011 (+39)	150m	02:09.79	41,84	
Wander van der Ploeg 2011 (+52)	200m	02:49.19	39,40	
<b>5. 4x50m schoolslag dames</b>				
<i>vanaf 11 jaar (Senioren Open)</i>				

1. Niemo Barracuda				02:19.61
Anouchka Bos 2005 (+78)	50m	00:34.98	34,98	
Jinth Engelse 2008 (+49)	100m	01:09.69	34,71	
Denise Boereboom 1992 (+70)	150m	01:45.29	35,60	
Mila Oomens 2007 (+27)	200m	02:19.61	34,32	
2. Feijenoord Albion				02:19.70
Isa Maes 2005 (+69)	50m	00:34.49	34,49	
Leyla Oversluizen 2006 (+49)	100m	01:07.31	32,82	
Eloisa Gomes Delgado 2007 (+41)	150m	01:45.02	37,71	
Anne Dekker 1996 (+63)	200m	02:19.70	34,68	
3. ACZ1				02:26.51
Carmen Lems 2004 (+72)	50m	00:37.41	37,41	
Laura Hoogenboezem 2005 (+30)	100m	01:15.19	37,78	
Roos van Esch 1982 (+23)	150m	01:53.72	38,53	
Mare Schallenberg 2006 (+34)	200m	02:26.51	32,79	
4. De Columbiaan				02:27.47
Daniëlle Vis 2004 (+73)	50m	00:37.07	37,07	
Robin Spreeuw 2005 (+25)	100m	01:15.65	38,58	
Julia Notenboom 2003 (+22)	150m	01:52.74	37,09	
Miranda Nijenhuis 1992 (+31)	200m	02:27.47	34,73	
5. ZVL-1886 Center				02:29.08
Silke Molendijk 2001 (+69)	50m	00:35.20	35,20	
Lonneke Graansma 1999 (+36)	100m	01:11.87	36,67	
Daniek Wijnen 2007 (+35)	150m	01:50.46	38,59	
Sanne Hoogduin 2008 (+34)	200m	02:29.08	38,62	
6. AZC				02:33.03
Merel Leuring 2004 (+77)	50m	00:35.75	35,75	
Julia Wortman 1996 (+36)	100m	01:14.48	38,73	
Sanne Slof 2006 (+68)	150m	01:55.45	40,97	
Jade van der Schrier 2008 (+69)	200m	02:33.03	37,58	
7. ZV Vlaardingen-Schiedam				02:33.72
Tessa Poot 2004 (+87)	50m	00:38.35	38,35	
Jasmine Matuskova 2006 (+48)	100m	01:19.70	41,35	
Hanna van Loenen 2008 (+50)	150m	01:59.95	40,25	
Karlijn Offeringa 2005 (+23)	200m	02:33.72	33,77	
8. ZZ&PC De Devel				02:37.96
Britte Lodder 2007 (+70)	50m	00:36.55	36,55	
Madelief Penning 2007 (+30)	100m	01:18.88	42,33	
Lisa van Milt 1992 (+42)	150m	01:56.45	37,57	
Julia van Wingerden 2008 (+40)	200m	02:37.96	41,51	
9. De Geul				02:42.19
Tess Vonk 2009 (+68)	50m	00:36.03	36,03	
Isabelle Janssen 2000 (+38)	100m	01:23.22	47,19	
Daphne van Tilburg 2005 (+68)	150m	02:04.07	40,85	
Laura 't Lam 2006 (+39)	200m	02:42.19	38,12	
10. MNC Dordrecht				02:42.68
Eliska Bosscher 2008 (+71)	50m	00:39.13	39,13	
Hadewych Forschelen 2009 (+48)	100m	01:18.09	38,96	
Esmee Bos 2008 (+26)	150m	02:01.44	43,35	
Carice Forschelen 2008 (0)	200m	02:42.68	41,24	
11. SG LinK-ZV Zoetermeer				02:46.35
Zoë Kenworthy 2005 (+73)	50m	00:39.81	39,81	
Evelien Holterman 2006 (+55)	100m	01:21.83	42,02	
Esmee Verbeek 2005 (+46)	150m	02:04.49	42,66	
Leverne van Wanum 2005 (+43)	200m	02:46.35	41,86	
12. De Watervogels				02:47.08
Norah Koese 2008 (+71)	50m	00:42.71	42,71	
Annet van der Sloot 2004 (+50)	100m	01:27.24	44,53	
Iлона van der Knaap 1992 (+26)	150m	02:05.19	37,95	

	Lotte Nienhuis 1992 (+61)	200m	02:47.08	41,89	
13.	WZK Zwemmen				02:58.13
	Dagmar Ros 2004 (+74)	50m	00:45.17	45,17	
	Marit Knevel 2005 (+31)	100m	01:30.41	45,24	
	Aukje van Tongeren 2004 (+73)	150m	02:15.07	44,66	
	Juliëtte Priester 2008 (+51)	200m	02:58.13	43,06	
6.	4x50m schoolslag heren				
	vanaf 11 jaar (Senioren Open)				
1.	Feijenoord Albion				01:57.76
	Perry Laarhoven 2003 (+77)	50m	00:28.00	28,00	
	Floris Kotterink 1998 (+44)	100m	00:57.02	29,02	
	Sjoerd van Weelden 2001 (+49)	150m	01:29.00	31,98	
	Ensger Kotterink 1994 (+19)	200m	01:57.76	28,76	
2.	De Columbiaan				02:05.79
	Dave van den Nieuwendijk 2001 (+73)	50m	00:30.59	30,59	
	Bas Verdoes 1998 (+11)	100m	01:03.84	33,25	
	Daan Hogerhuis 2003 (+33)	150m	01:35.69	31,85	
	Bert Duivenvoorde 1997 (+47)	200m	02:05.79	30,10	
3.	ACZ1				02:06.82
	Saviël Armand 2002 (+67)	50m	00:32.02	32,02	
	Jasper Groen 2006 (+47)	100m	01:03.95	31,93	
	Stefan Groen 2003 (+28)	150m	01:36.34	32,39	
	Hessel de Jong 2006 (+45)	200m	02:06.82	30,48	
4.	Feijenoord Albion				02:08.95
	Kenan Coeruez 2003 (+69)	50m	00:29.76	29,76	
	Bjorn de Heus 2002 (+209)	100m	01:01.88	32,12	
	Yassine Mellah 2005 (+47)	150m	01:37.19	35,31	
	Floris Tanis 2007 (+43)	200m	02:08.95	31,76	
5.	ACZ2				02:09.14
	Robin Schols 2004 (+66)	50m	00:32.11	32,11	
	Ties Lakke 2007	100m	01:05.88	33,77	
	Bas Blanker 2006 (+14)	150m	01:37.75	31,87	
	Kevin Kingma 1997 (+45)	200m	02:09.14	31,39	
6.	ZVL-1886 Center				02:09.98
	Robin van Peenen 2002 (+79)	50m	00:31.07	31,07	
	Guus Hoogduin 2002 (+24)	100m	01:03.86	32,79	
	Jesse van der Meij 2006 (+54)	150m	01:36.42	32,56	
	Guus Geelen 2004 (+36)	200m	02:09.98	33,56	
7.	ZZ&PC De Devel				02:11.77
	Sven Markkus Eschbach 2006 (+63)	50m	00:34.12	34,12	
	Esper Paans 2001 (+19)	100m	01:06.27	32,15	
	Benjamin van Helsdingen 2006 (+22)	150m	01:40.47	34,20	
	Stijn den Otter 2002 (+39)	200m	02:11.77	31,30	
8.	WVZ				02:12.99
	Denzel Barthen 2007 (+77)	50m	00:32.15	32,15	
	Floris Wassenaar 2006 (+46)	100m	01:06.82	34,67	
	Pepijn van Egmond 2004 (+30)	150m	01:39.82	33,00	
	Jisse Lousma 2007 (+30)	200m	02:12.99	33,17	
9.	ZV Vlaardingen-Schiedam				02:13.55
	Wesley Zulver 2003 (+64)	50m	00:30.91	30,91	
	Joey Pop 2008 (+63)	100m	01:08.03	37,12	
	Jaap Schoenmakers 2002 (+50)	150m	01:42.84	34,81	
	Thierry Zulver 2007 (+31)	200m	02:13.55	30,71	
10.	SG LinK-ZV Zoetermeer				02:13.83
	Björn Mulder 2006 (+77)	50m	00:33.46	33,46	
	Benjamin Vermeer 2006 (+49)	100m	01:06.91	33,45	
	Dominique Drabbe 2006 (+42)	150m	01:43.42	36,51	
	Jarno Verbeek 2002 (+45)	200m	02:13.83	30,41	

11. WVZ				02:24.44
	Twan Huisman 2007 (+80)	50m	00:32.60 32,60	
	Bo Merkestein 2006 (+55)	100m	01:10.13 37,53	
	Renzo Steller 2007 (+54)	150m	01:49.25 39,12	
	Rely Hoogendijk 2007 (+70)	200m	02:24.44 35,19	
7. 4x50m rugslag dames				
	11 - 14 jaar (Junioren 4 en jonger)			
1. WVZ				02:18.00
	Anouk Steller 2010	50m	00:34.13 34,13	
	Chloé in 't Veen 2011	100m	01:12.20 38,07	
	Malin Roozeboom 2011	150m	01:44.35 32,15	
	Tess van de Steeg 2010	200m	02:18.00 33,65	
2. De Columbiaan				02:18.79
	Gwen Hermans 2009	50m	00:33.57 33,57	
	Reina Böhm 2010	100m	01:09.15 35,58	
	Luna Buis 2009	150m	01:44.49 35,34	
	Tess Meeuwissen 2010	200m	02:18.79 34,30	
3. WVZ				02:28.69
	Faye Thijsse 2010	50m	00:34.46 34,46	
	Meike van der Klugt 2011	100m	01:14.24 39,78	
	Jessica Johnstone 2010	150m	01:54.32 40,08	
	Jubilee van Heijdoorn 2009	200m	02:28.69 34,37	
4. GZC DONK				02:30.21
	Tess Liebrechts 2010	50m	00:38.52 38,52	
	Erin de Jong 2010	100m	01:13.13 34,61	
	Brisa Dekkers 2010	150m	01:54.80 41,67	
	Anouk de Jong 2009	200m	02:30.21 35,41	
5. De Columbiaan				02:37.50
	Nina Tetteroo 2010	50m	00:38.37 38,37	
	Jet Hogervorst 2012	100m	01:20.70 42,33	
	Anouk Mulder 2012	150m	01:59.85 39,15	
	Britt van de Reep 2010	200m	02:37.50 37,65	
6. AZC				02:38.01
	Mea van Herk 2009	50m	00:41.52 41,52	
	Jolie van Ark 2011	100m	01:24.88 43,36	
	Vere van Klooster 2010	150m	02:03.61 38,73	
	Nina van der Schrier 2010	200m	02:38.01 34,40	
7. ZVL-1886 Center				02:38.34
	Victoria Diederiks 2009	50m	00:34.63 34,63	
	Evi van der Ham 2010	100m	01:18.58 43,95	
	Aryana Franks 2010	150m	01:59.81 41,23	
	Krista Wijnen 2009	200m	02:38.34 38,53	
8. SCOM/De Zeehond'73 (SG)				02:38.75
	Merel Bijl 2009	50m	00:37.48 37,48	
	Hannah Rybka 2009	100m	01:19.47 41,99	
	Hei Yiu Tang 2009	150m	01:59.56 40,09	
	Ashley Mercera 2010	200m	02:38.75 39,19	
9. Niemo Barracuda				02:43.50
	Lynn Walter 2010	50m	00:42.20 42,20	
	Demi Bos 2010	100m	01:19.81 37,61	
	Angeliek van Es 2009	150m	02:02.82 43,01	
	Valerie Hesper 2009	200m	02:43.50 40,68	
10. ZV Vlaardingen-Schiedam				02:43.74
	Emma Putters 2010	50m	00:40.81 40,81	
	Anouck Dobbelaar 2012	100m	01:23.51 42,70	
	Jennifer Blenk 2009	150m	02:04.91 41,40	
	Merel Doest 2010	200m	02:43.74 38,83	
11. ZZ&PC De Devel				02:50.22
	Ilvy Lodder 2011	50m	00:41.30 41,30	

Thirza van Die 2010 100m 01:25.02 43,72  
 Pip Verhoeven 2012 150m 02:08.13 43,11  
 Lieselot Penning 2012 200m 02:50.22 42,09

#### 8. 4x50m rugslag heren

11 - 15 jaar (Junioren 4 en jonger)

- |                              |      |                |          |
|------------------------------|------|----------------|----------|
| 1. AZC                       |      |                | 02:12.51 |
| Bink de Vries 2009           | 50m  | 00:33.24 33,24 |          |
| Thomas Braat 2008            | 100m | 01:09.03 35,79 |          |
| Sascha Timmer 2009           | 150m | 01:42.04 33,01 |          |
| Adriaan Coppelmans 2009      | 200m | 02:12.51 30,47 |          |
| 2. WVZ                       |      |                | 02:16.97 |
| Laurens Wassenaar 2008       | 50m  | 00:39.07 39,07 |          |
| Tim Boerefijn 2008           | 100m | 01:11.00 31,93 |          |
| Emin Karadeniz 2008          | 150m | 01:48.11 37,11 |          |
| Niek Sonneveld 2008          | 200m | 02:16.97 28,86 |          |
| 3. ZVL-1886 Center           |      |                | 02:17.30 |
| Gijs Hartwijk 2008           | 50m  | 00:32.47 32,47 |          |
| Rein Stoel 2008              | 100m | 01:01.31 28,84 |          |
| Jochem Evers 2009            | 150m | 01:38.35 37,04 |          |
| Jasper Riemann 2010          | 200m | 02:17.30 38,95 |          |
| 4. Niemo Barracuda           |      |                | 02:17.83 |
| Mitchell van Dijk 2008       | 50m  | 00:35.08 35,08 |          |
| Myron Artemenko 2010         | 100m | 01:07.18 32,10 |          |
| Eli Shields 2010             | 150m | 01:41.64 34,46 |          |
| Yaroslav Budylevskyi 2009    | 200m | 02:17.83 36,19 |          |
| 5. De Columbiaan             |      |                | 02:21.25 |
| Luuk Knijnenburg 2008        | 50m  | 00:31.92 31,92 |          |
| Luca Boorsma 2009            | 100m | 01:01.97 30,05 |          |
| Finn Knijnenburg 2011        | 150m | 01:40.16 38,19 |          |
| Jasper Varkevisser 2011      | 200m | 02:21.25 41,09 |          |
| 6. ACZ1                      |      |                | 02:24.22 |
| Vince van Dam 2010           | 50m  | 00:35.98 35,98 |          |
| Luka Arkesteijn 2009         | 100m | 01:11.34 35,36 |          |
| Milán Biró 2008              | 150m | 01:45.08 33,74 |          |
| Avery Arrindell 2009         | 200m | 02:24.22 39,14 |          |
| 7. ZZ&PC De Devel            |      |                | 02:29.10 |
| Thom Veldhoen 2009           | 50m  | 00:35.09 35,09 |          |
| Gunawan Bekker 2009          | 100m | 01:12.63 37,54 |          |
| Valentijn Penning 2009       | 150m | 01:52.86 40,23 |          |
| Kris Westerhout 2010         | 200m | 02:29.10 36,24 |          |
| 8. MNC Dordrecht             |      |                | 02:47.67 |
| Alan Vasilevski 2011         | 50m  | 00:39.56 39,56 |          |
| Wander van der Ploeg 2011    | 100m | 01:25.25 45,69 |          |
| Fryderyck Krys Straszak 2011 | 150m | 02:06.62 41,37 |          |
| Niek van Denderen 2011       | 200m | 02:47.67 41,05 |          |

#### 9. 4x50m vlinderslag dames

vanaf 11 jaar (Senioren Open)

- |                                    |      |                |          |
|------------------------------------|------|----------------|----------|
| 1. Feijenoord Albion               |      |                | 02:00.68 |
| Leyla Oversluisen 2006 (+77)       | 50m  | 00:28.83 28,83 |          |
| Anne Dekker 1996 (+18)             | 100m | 00:59.41 30,58 |          |
| Eloisa Gomes Delgado 2007 (+37)    | 150m | 01:31.26 31,85 |          |
| Jazz-Lynn Gomes Delgado 2008 (+38) | 200m | 02:00.68 29,42 |          |
| 2. Niemo Barracuda                 |      |                | 02:01.28 |
| Denise Boereboom 1992 (+73)        | 50m  | 00:30.20 30,20 |          |
| Jinth Engelse 2008 (+36)           | 100m | 00:58.46 28,26 |          |
| Anouchka Bos 2005 (+50)            | 150m | 01:30.98 32,52 |          |
| Mila Oomens 2007 (+21)             | 200m | 02:01.28 30,30 |          |
| 3. ACZ1                            |      |                | 02:01.38 |



	Mariska Scheel 1993 (+72)	50m	00:29.97	29,97	
	Carmen Lems 2004 (+42)	100m	01:00.94	30,97	
	Mare Schallenberg 2006 (+42)	150m	01:29.64	28,70	
	Roos van Esch 1982 (+29)	200m	02:01.38	31,74	
4.	De Columbiaan				02:07.16
	Marije de Jager 2003 (+76)	50m	00:31.95	31,95	
	Anouk Vis 2002 (+40)	100m	01:03.37	31,42	
	Daniëlle Vis 2004 (+40)	150m	01:36.35	32,98	
	Julia Notenboom 2003 (+23)	200m	02:07.16	30,81	
5.	ZV Vlaardingen-Schiedam				02:09.06
	Marjolijn Offeringa 2007 (+83)	50m	00:33.22	33,22	
	Tessa Poot 2004 (+50)	100m	01:08.42	35,20	
	Jasmine Matuskova 2006 (+30)	150m	01:40.80	32,38	
	Karlijn Offeringa 2005 (+38)	200m	02:09.06	28,26	
6.	ZVL-1886 Center				02:10.63
	Silke Molendijk 2001 (+71)	50m	00:29.02	29,02	
	Daniek Wijnen 2007 (+42)	100m	01:01.71	32,69	
	Lonneke Graansma 1999 (+40)	150m	01:34.34	32,63	
	Sanne Hoogduin 2008 (+30)	200m	02:10.63	36,29	
7.	ZZ&PC De Devel				02:11.44
	Britte Lodder 2007 (+71)	50m	00:31.79	31,79	
	Julia van Wingerden 2008 (+48)	100m	01:05.45	33,66	
	Katinka van Dongen 1977 (+29)	150m	01:37.53	32,08	
	Lisa van Milt 1992 (+36)	200m	02:11.44	33,91	
8.	AZC				02:12.09
	Jessica Braat 2002 (+77)	50m	00:32.23	32,23	
	Sanne Slof 2006 (+77)	100m	01:08.77	36,54	
	Merel Leuring 2004 (+46)	150m	01:40.65	31,88	
	Jade van der Schrier 2008 (+59)	200m	02:12.09	31,44	
9.	De Geul				02:14.86
	Laura 't Lam 2006 (+71)	50m	00:30.52	30,52	
	Isabelle Janssen 2000 (+39)	100m	01:10.27	39,75	
	Samantha van Eijk 1988 (+42)	150m	01:43.65	33,38	
	Tess Vonk 2009 (+13)	200m	02:14.86	31,21	
10.	MNC Dordrecht				02:15.28
	Carice Forschelen 2008 (+71)	50m	00:36.16	36,16	
	Hadewych Forschelen 2009 (+31)	100m	01:08.68	32,52	
	Fleur Ooms 2007 (+27)	150m	01:42.32	33,64	
	Eliska Bosscher 2008 (+40)	200m	02:15.28	32,96	
11.	De Watervogels				02:25.45
	Lotte Nienhuis 1992 (+85)	50m	00:37.04	37,04	
	Norah Koese 2008 (+59)	100m	01:18.22	41,18	
	Hlona van der Knaap 1992 (+15)	150m	01:51.90	33,68	
	Alaine Dumont 2011 (+52)	200m	02:25.45	33,55	
12.	WZK Zwemmen				02:26.89
	Marieke Vledder 2005 (+93)	50m	00:38.67	38,67	
	Aukje van Tongeren 2004 (+56)	100m	01:15.34	36,67	
	Marit Knevel 2005 (+42)	150m	01:52.65	37,31	
	Juliette Priester 2008 (+41)	200m	02:26.89	34,24	
13.	SG LinK-ZV Zoetermeer				02:29.27
	Evelien Holterman 2006 (+80)	50m	00:39.10	39,10	
	Zoë van der Reijden 2005 (-3)	100m	01:18.83	39,73	
	Leverne van Wanum 2005 (+34)	150m	01:55.16	36,33	
	Zoë Kenworthy 2005 (+27)	200m	02:29.27	34,11	
10.	4x50m vlinderslag heren				
	vanaf 11 jaar (Senioren Open)				
1.	Feijenoord Albion				01:40.83
	Floris Kotterink 1998 (+65)	50m	00:24.91	24,91	
	Sjoerd van Weelden 2001 (+51)	100m	00:49.94	25,03	

Ensger Kotterink 1994 (+41)	150m	01:15.85	25,91	
Perry Laarhoven 2003 (+32)	200m	01:40.83	24,98	
2. Feijenoord Albion				01:47.54
Floriz Tanis 2007 (+72)	50m	00:27.67	27,67	
Bjorn de Heus 2002 (+193)	100m	00:54.13	26,46	
Yassine Mellah 2005 (+37)	150m	01:21.41	27,28	
Kenan Coeruez 2003 (+44)	200m	01:47.54	26,13	
3. De Columbiaan				01:48.83
Daan Hogerhuis 2003 (+72)	50m	00:27.04	27,04	
Bert Duivenvoorde 1997 (+51)	100m	00:52.96	25,92	
Dave van den Nieuwendijk 2001 (+37)	150m	01:21.68	28,72	
Bas Verdoes 1998 (+37)	200m	01:48.83	27,15	
4. WVZ				01:49.90
Pepijn van Egmond 2004 (+82)	50m	00:26.71	26,71	
Jisse Lousma 2007 (+22)	100m	00:53.58	26,87	
Denzel Barthen 2007 (+44)	150m	01:21.67	28,09	
Floriz Wassenaar 2006 (+44)	200m	01:49.90	28,23	
5. ACZ1				01:49.98
Saviël Armand 2002 (+71)	50m	00:27.14	27,14	
Jasper Groen 2006 (+42)	100m	00:54.91	27,77	
Hessel de Jong 2006 (+30)	150m	01:23.03	28,12	
Yarno van Dam 2008 (+22)	200m	01:49.98	26,95	
6. ZZ&PC De Devel				01:52.04
Esper Paans 2001 (+73)	50m	00:29.29	29,29	
Sven Markkus Eschbach 2006 (+18)	100m	00:56.35	27,06	
Benjamin van Helsdingen 2006 (+30)	150m	01:24.57	28,22	
Stijn den Otter 2002 (+32)	200m	01:52.04	27,47	
7. ACZ2				01:53.66
Kevin Kingma 1997 (+70)	50m	00:29.60	29,60	
Ties Lakke 2007 (+6)	100m	00:57.37	27,77	
Robin Schols 2004 (+29)	150m	01:26.64	29,27	
Bas Blanker 2006 (+22)	200m	01:53.66	27,02	
8. ZV Vlaardingen-Schiedam				01:53.91
Wanne van Geest 2009 (+82)	50m	00:28.51	28,51	
Joey Pop 2008 (+58)	100m	00:59.80	31,29	
Wesley Zulver 2003 (+28)	150m	01:27.13	27,33	
Thierry Zulver 2007 (+29)	200m	01:53.91	26,78	
9. ZVL-1886 Center				01:54.18
Robin van Beek 1997 (+67)	50m	00:26.64	26,64	
Jesse van der Meij 2006 (+58)	100m	00:56.78	30,14	
Guus Geelen 2004 (+46)	150m	01:26.02	29,24	
Robin van Peenen 2002 (+51)	200m	01:54.18	28,16	
10. SG LinK-ZV Zoetermeer				01:58.39
Kaan Uludag 2006 (+72)	50m	00:29.07	29,07	
Dominique Drabbe 2006 (+34)	100m	01:00.74	31,67	
Jarno Verbeek 2002 (+40)	150m	01:26.75	26,01	
Björn Mulder 2006 (+31)	200m	01:58.39	31,64	
11. WVZ				02:02.28
Bo Merkestein 2006 (+80)	50m	00:29.45	29,45	
Renzo Steller 2007 (+41)	100m	01:00.89	31,44	
Twan Huisman 2007 (+38)	150m	01:33.81	32,92	
Rely Hoogendijk 2007 (+74)	200m	02:02.28	28,47	
11. 4x50m schoolslag dames				
11 - 14 jaar (Junioren 4 en jonger)				
1. WVZ				02:33.35
Tess van de Steeg 2010 (+82)	50m	00:37.80	37,80	
Anouk Steller 2010 (+63)	100m	01:17.92	40,12	
Chloé in 't Veen 2011 (+65)	150m	01:57.49	39,57	
Malin Roozeboom 2011 (+60)	200m	02:33.35	35,86	

2. GZC DONK			02:41.69
Brisa Dekkers 2010 (+93)	50m	00:46.88 46,88	
Anouk de Jong 2009	100m	01:25.16 38,28	
Tess Liebrechts 2010 (+68)	150m	02:05.26 40,10	
Eva Ehlert 2010 (+43)	200m	02:41.69 36,43	
3. De Columbiaan			02:42.67
Tess Meeuwissen 2010 (+56)	50m	00:39.67 39,67	
Gwen Hermans 2009 (+39)	100m	01:20.46 40,79	
Reina Böhm 2010 (+42)	150m	02:00.72 40,26	
Luna Buis 2009 (+77)	200m	02:42.67 41,95	
4. WVZ			02:44.86
Jessica Johnstone 2010 (+86)	50m	00:38.85 38,85	
Jubilee van Heijdoorn 2009 (+63)	100m	01:20.29 41,44	
Meike van der Klugt 2011 (+43)	150m	02:02.15 41,86	
Faye Thijsse 2010 (+48)	200m	02:44.86 42,71	
5. De Columbiaan			02:49.78
Britt van de Reep 2010 (+83)	50m	00:39.05 39,05	
Jet Hogervorst 2012 (+56)	100m	01:23.97 44,92	
Iraysha Barendse 2009 (+59)	150m	02:08.32 44,35	
Nina Tetteroo 2010 (+33)	200m	02:49.78 41,46	
6. ZVL-1886 Center			02:54.24
Anne van Lith 2010 (+85)	50m	00:40.93 40,93	
Krista Wijnen 2009 (+62)	100m	01:30.93 50,00	
Aryana Franks 2010 (+89)	150m	02:14.63 43,70	
Rozalia Diederiks 2011 (+41)	200m	02:54.24 39,61	
7. SCOM/De Zeehond'73 (SG)			02:55.35
Hannah Rybka 2009 (+91)	50m	00:48.92 48,92	
Merel Bijl 2009 (+43)	100m	01:31.34 42,42	
Hei Yiu Tang 2009 (+46)	150m	02:15.19 43,85	
Ashley Mercera 2010 (+44)	200m	02:55.35 40,16	
8. Niemo Barracuda			02:57.69
Demi Bos 2010 (+77)	50m	00:42.06 42,06	
Angeliek van Es 2009 (+63)	100m	01:30.17 48,11	
Valerie Hesper 2009 (+57)	150m	02:15.97 45,80	
Rosalie Moller 2009 (+75)	200m	02:57.69 41,72	
9. AZC			02:57.84
Vere van Klooster 2010 (+72)	50m	00:45.15 45,15	
Jorja Verschoor 2009 (+50)	100m	01:27.35 42,20	
Sophie Hoogervorst 2011 (+33)	150m	02:12.59 45,24	
Jolie van Ark 2011 (+49)	200m	02:57.84 45,25	
10. ZV Vlaardingen-Schiedam			02:59.36
Jennifer Blenk 2009 (+81)	50m	00:38.52 38,52	
Anouck Dobbelaar 2012 (+54)	100m	01:29.15 50,63	
Guusje van Geest 2012 (+55)	150m	02:15.05 45,90	
Merel Doest 2010 (+38)	200m	02:59.36 44,31	
11. ZZ&PC De Devel			03:05.48
Pip Verhoeven 2012 (+72)	50m	00:44.61 44,61	
Iivy Lodder 2011 (+50)	100m	01:28.52 43,91	
Thirza van Die 2010 (+45)	150m	02:16.90 48,38	
Jinthe van de Vreede 2011 (+30)	200m	03:05.48 48,58	
12. 4x50m schoolslag heren			
<i>11 - 15 jaar (Junioren 4 en jonger)</i>			
1. ZVL-1886 Center			02:26.41
Jan Schouten 2009 (+86)	50m	00:36.22 36,22	
Jochem Evers 2009 (+12)	100m	01:16.39 40,17	
Rein Stoel 2008 (+45)	150m	01:48.88 32,49	
Lintar Shidiq 2008 (+38)	200m	02:26.41 37,53	
2. Niemo Barracuda			02:29.01

Yaroslav Budylevskiy 2009 (+81)	50m	00:37.46	37,46	
Mitchell van Dijk 2008 (+67)	100m	01:16.56	39,10	
Thijs Bijman 2009 (+64)	150m	01:53.68	37,12	
Myron Artemenko 2010 (+38)	200m	02:29.01	35,33	
3. WVZ				02:31.90
Sverre van der Zwaan 2009 (+77)	50m	00:37.11	37,11	
Laurens Wassenaar 2008 (+29)	100m	01:18.54	41,43	
Niek Sonneveld 2008 (+33)	150m	01:54.13	35,59	
Idse Eisses 2009 (+49)	200m	02:31.90	37,77	
4. ACZ1				02:34.60
Avery Arrindell 2009 (+86)	50m	00:40.37	40,37	
Luka Arkesteijn 2009 (+35)	100m	01:17.38	37,01	
Vince van Dam 2010 (+26)	150m	01:58.89	41,51	
Milán Biró 2008 (+30)	200m	02:34.60	35,71	
5. AZC				02:36.98
Adriaan Coppelmans 2009 (+66)	50m	00:33.71	33,71	
Gijs van der Lee 2011 (+56)	100m	01:18.26	44,55	
Thomas Braat 2008 (+72)	150m	01:59.63	41,37	
Bink de Vries 2009 (+54)	200m	02:36.98	37,35	
6. De Columbiaan				02:39.04
Luca Boorsma 2009 (+65)	50m	00:33.55	33,55	
Luuk Knijnenburg 2008 (+50)	100m	01:07.74	34,19	
Finn Knijnenburg 2011 (+18)	150m	01:53.28	45,54	
Jasper Varkevisser 2011 (+33)	200m	02:39.04	45,76	
7. ZZ&PC De Devel				02:40.33
Kris Westerhout 2010 (+67)	50m	00:38.26	38,26	
Kaylen Sebus 2009 (+29)	100m	01:19.29	41,03	
Thom Veldhoen 2009 (+23)	150m	01:57.64	38,35	
Gunawan Bekker 2009 (+20)	200m	02:40.33	42,69	
8. MNC Dordrecht				03:20.20
Wander van der Ploeg 2011 (+72)	50m	00:51.97	51,97	
Niek van Denderen 2011 (+43)	100m	01:43.02	51,05	
Fryderyck Krys Straszak 2011 (+54)	150m	02:33.27	50,25	
Alan Vasilevski 2011 (+71)	200m	03:20.20	46,93	
13. 4x50m vrije slag dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Feijenoord Albion				01:50.62
Anne Dekker 1996 (+67)	50m	00:28.46	28,46	
Isa Maes 2005 (+30)	100m	00:56.39	27,93	
Leyla Oversluiizen 2006 (+52)	150m	01:23.29	26,90	
Jazz-Lynn Gomes Delgado 2008 (+42)	200m	01:50.62	27,33	
2. Niemo Barracuda				01:50.75
Jinth Engelse 2008 (+72)	50m	00:26.73	26,73	
Denise Boereboom 1992 (+62)	100m	00:54.77	28,04	
Mila Oomens 2007 (+26)	150m	01:22.90	28,13	
Anouchka Bos 2005 (+41)	200m	01:50.75	27,85	
3. ACZ1				01:51.04
Mare Schallenberg 2006 (+70)	50m	00:26.09	26,09	
Laura Hoogenboezem 2005 (+49)	100m	00:55.99	29,90	
Carmen Lems 2004 (+23)	150m	01:23.84	27,85	
Mariska Scheel 1993 (+28)	200m	01:51.04	27,20	
4. De Columbiaan				01:55.73
Miranda Nijenhuis 1992 (+77)	50m	00:28.33	28,33	
Anouk Vis 2002 (+40)	100m	00:57.96	29,63	
Julia Notenboom 2003 (+28)	150m	01:26.04	28,08	
Robin Spreeuw 2005 (+49)	200m	01:55.73	29,69	
5. ZVL-1886 Center				01:58.11
Silke Molendijk 2001 (+69)	50m	00:28.00	28,00	
Daniek Wijnen 2007 (+49)	100m	00:57.84	29,84	

	Lonneke Graansma 1999 (+52)	150m	01:28.01	30,17	
	Sanne Hoogduin 2008 (+23)	200m	01:58.11	30,10	
6.	ZZ&PC De Devel				01:59.71
	Jaylin van der Linden 2007 (+71)	50m	00:30.44	30,44	
	Madelief Penning 2007 (+21)	100m	01:00.58	30,14	
	Julia van Wingerden 2008 (+44)	150m	01:31.30	30,72	
	Britte Lodder 2007 (+20)	200m	01:59.71	28,41	
7.	AZC				01:59.79
	Julia Wortman 1996 (+78)	50m	00:29.33	29,33	
	Sanne Slof 2006 (+88)	100m	01:01.76	32,43	
	Jade van der Schrier 2008 (+62)	150m	01:30.96	29,20	
	Merel Leuring 2004 (+60)	200m	01:59.79	28,83	
8.	MNC Dordrecht				02:01.69
	Eliska Bosscher 2008 (+69)	50m	00:30.88	30,88	
	Hadewych Forschelen 2009 (+19)	100m	01:00.90	30,02	
	Fleur Ooms 2007 (+30)	150m	01:31.55	30,65	
	Carice Forschelen 2008 (+21)	200m	02:01.69	30,14	
9.	ZV Vlaardingen-Schiedam				02:04.44
	Hanna van Loenen 2008 (+79)	50m	00:31.31	31,31	
	Marjolijn Offeringa 2007 (+40)	100m	01:02.36	31,05	
	Sanne Pruntel 2008 (+50)	150m	01:33.89	31,53	
	Jasmine Matuskova 2006 (+37)	200m	02:04.44	30,55	
10.	De Geul				02:04.97
	Samantha van Eijk 1988 (+74)	50m	00:30.38	30,38	
	Isabelle Janssen 2000 (+40)	100m	01:05.36	34,98	
	Daphne van Tilburg 2005 (+68)	150m	01:35.94	30,58	
	Laura 't Lam 2006 (+48)	200m	02:04.97	29,03	
11.	De Watervogels				02:07.05
	Alaine Dumont 2011 (+67)	50m	00:31.25	31,25	
	Puck van Rijn 2006 (+49)	100m	01:03.72	32,47	
	Lotte Nienhuis 1992 (+35)	150m	01:36.29	32,57	
	Ilna van der Knaap 1992 (+54)	200m	02:07.05	30,76	
12.	SG LinK-ZV Zoetermeer				02:09.54
	Daynah de Snaijer 2008 (+75)	50m	00:33.21	33,21	
	Zoë van der Reijden 2005 (+12)	100m	01:07.02	33,81	
	Esmee Verbeek 2005 (+26)	150m	01:39.23	32,21	
	Zoë Kenworthy 2005 (+26)	200m	02:09.54	30,31	
13.	WZK Zwemmen				02:09.71
	Aukje van Tongeren 2004 (+83)	50m	00:31.73	31,73	
	Marieke Vledder 2005 (+61)	100m	01:06.90	35,17	
	Juliette Priester 2008 (+41)	150m	01:38.13	31,23	
	Dagmar Ros 2004 (+66)	200m	02:09.71	31,58	
14.	4x50m vrije slag heren				
	vanaf 11 jaar (Senioren Open)				
1.	Feijenoord Albion				01:33.01
	Perry Laarhoven 2003 (+77)	50m	00:22.87	22,87	
	Sjoerd van Weelden 2001 (+47)	100m	00:46.52	23,65	
	Floris Kotterink 1998 (+39)	150m	01:09.54	23,02	
	Ensger Kotterink 1994 (+43)	200m	01:33.01	23,47	
2.	ACZ1				01:38.99
	Saviël Armand 2002 (+68)	50m	00:24.04	24,04	
	Hessel de Jong 2006 (+29)	100m	00:49.49	25,45	
	Yarno van Dam 2008 (+13)	150m	01:14.54	25,05	
	Stefan Groen 2003 (+41)	200m	01:38.99	24,45	
3.	De Columbiaan				01:39.69
	Daan Hogerhuis 2003 (+73)	50m	00:24.67	24,67	
	Bas van Wieringen 2002 (+37)	100m	00:49.66	24,99	
	Bas Verdoes 1998 (+35)	150m	01:15.56	25,90	

	Bert Duivenvoorde 1997 (+36)	200m	01:39.69	24,13	
4.	Feijenoord Albion				01:39.79
	Floris Tanis 2007 (+74)	50m	00:24.64	24,64	
	Bjorn de Heus 2002 (+43)	100m	00:50.51	25,87	
	Yassine Mellah 2005 (+32)	150m	01:15.63	25,12	
	Kenan Coeruez 2003 (+37)	200m	01:39.79	24,16	
5.	ACZ2				01:42.36
	Kevin Kingma 1997 (+73)	50m	00:26.20	26,20	
	Bas Blanker 2006 (+27)	100m	00:51.49	25,29	
	Robin Schols 2004 (+22)	150m	01:17.34	25,85	
	Ties Lakke 2007 (+10)	200m	01:42.36	25,02	
6.	ZZ&PC De Devel				01:43.36
	Esper Paans 2001 (+69)	50m	00:25.96	25,96	
	Sven Markkus Eschbach 2006 (+43)	100m	00:51.74	25,78	
	Benjamin van Helsdingen 2006 (+40)	150m	01:18.45	26,71	
	Stijn den Otter 2002 (+19)	200m	01:43.36	24,91	
7.	WVZ				01:43.52
	Floris Wassenaar 2006 (+82)	50m	00:26.06	26,06	
	Pepijn van Egmond 2004 (+42)	100m	00:52.01	25,95	
	Jisse Lousma 2007 (+36)	150m	01:17.92	25,91	
	Denzel Barthen 2007 (+47)	200m	01:43.52	25,60	
8.	SG LinK-ZV Zoetermeer				01:44.06
	Kaan Uludag 2006 (+70)	50m	00:26.12	26,12	
	Benjamin Vermeer 2006 (+44)	100m	00:53.05	26,93	
	Björn Mulder 2006 (+48)	150m	01:20.24	27,19	
	Jarno Verbeek 2002 (+22)	200m	01:44.06	23,82	
9.	ZV Vlaardingen-Schiedam				01:45.81
	Jaap Schoenmakers 2002 (+70)	50m	00:27.21	27,21	
	Joey Pop 2008 (+67)	100m	00:55.06	27,85	
	Wanne van Geest 2009 (+39)	150m	01:21.06	26,00	
	Wesley Zulver 2003 (+37)	200m	01:45.81	24,75	
10.	ZVL-1886 Center				01:46.89
	Jesse van der Meij 2006 (+79)	50m	00:27.54	27,54	
	Guus Geelen 2004 (+37)	100m	00:53.74	26,20	
	Erik Baalbergen 1998 (+13)	150m	01:19.87	26,13	
	Robin van Peenen 2002 (+56)	200m	01:46.89	27,02	
11.	WVZ				01:49.03
	Rely Hoogendijk 2007 (+77)	50m	00:26.15	26,15	
	Bo Merkesteyn 2006 (+50)	100m	00:52.58	26,43	
	Renzo Steller 2007 (+71)	150m	01:20.68	28,10	
	Twan Huisman 2007 (+63)	200m	01:49.03	28,35	
15.	4x50m vlinderslag dames				
	11 - 14 jaar (Junioren 4 en jonger)				
1.	WVZ				02:13.10
	Anouk Steller 2010 (+85)	50m	00:32.56	32,56	
	Malin Roozeboom 2011 (+57)	100m	01:04.98	32,42	
	Tess van de Steeg 2010 (+59)	150m	01:38.47	33,49	
	Chloé in 't Veen 2011 (+58)	200m	02:13.10	34,63	
2.	GZC DONK				02:16.90
	Erin de Jong 2010 (+89)	50m	00:34.32	34,32	
	Anouk de Jong 2009 (+50)	100m	01:06.96	32,64	
	Tessa de Jong 2010 (+49)	150m	01:42.35	35,39	
	Eva Ehlert 2010 (+50)	200m	02:16.90	34,55	
3.	De Columbiaan				02:18.18
	Gwen Hermans 2009 (+86)	50m	00:33.12	33,12	
	Reina Böhm 2010 (+40)	100m	01:07.96	34,84	
	Tess Meeuwissen 2010 (+28)	150m	01:43.36	35,40	
	Fanni Farkas 2011 (+29)	200m	02:18.18	34,82	

4. AZC				02:27.47
	Jolie van Ark 2011 (+94)	50m	00:41.69 41,69	
	Mea van Herk 2009 (+27)	100m	01:18.80 37,11	
	Jorja Verschoor 2009 (+39)	150m	01:53.82 35,02	
	Nina van der Schrier 2010 (+36)	200m	02:27.47 33,65	
5. WVZ				02:31.39
	Jubilee van Heijdoorn 2009 (+87)	50m	00:36.91 36,91	
	Faye Thijsse 2010 (+50)	100m	01:13.71 36,80	
	Meike van der Klugt 2011 (+57)	150m	01:56.36 42,65	
	Jessica Johnstone 2010 (+77)	200m	02:31.39 35,03	
6. De Columbiaan				02:31.80
	Britt van de Reep 2010 (+89)	50m	00:36.35 36,35	
	Anouk Mulder 2012 (+47)	100m	01:14.30 37,95	
	Iraysha Barendse 2009 (+59)	150m	01:56.40 42,10	
	Nina Tetteroo 2010 (+61)	200m	02:31.80 35,40	
7. SCOM/De Zeehond'73 (SG)				02:32.82
	Hei Yiu Tang 2009 (+80)	50m	00:39.74 39,74	
	Hannah Rybka 2009 (+66)	100m	01:20.86 41,12	
	Ashley Mercera 2010 (+60)	150m	01:59.79 38,93	
	Merel Bijl 2009 (+53)	200m	02:32.82 33,03	
8. ZVL-1886 Center				02:34.09
	Victoria Diederiks 2009 (+74)	50m	00:33.44 33,44	
	Rozalia Diederiks 2011 (+55)	100m	01:08.60 35,16	
	Anne van Lith 2010	150m	01:51.94 43,34	
	Aryana Franks 2010 (+69)	200m	02:34.09 42,15	
9. Niemo Barracuda				02:42.49
	Rosalie Moller 2009 (+98)	50m	00:38.03 38,03	
	Demi Bos 2010 (+69)	100m	01:18.07 40,04	
	Angeliek van Es 2009 (+27)	150m	02:03.83 45,76	
	Valerie Hesper 2009 (+19)	200m	02:42.49 38,66	
10. ZV Vlaardingen-Schiedam				02:45.17
	Guusje van Geest 2012 (+101)	50m	00:38.50 38,50	
	Anouck Dobbelaar 2012 (+32)	100m	01:23.67 45,17	
	Emma Putters 2010 (+35)	150m	02:05.38 41,71	
	Merel Doest 2010 (+55)	200m	02:45.17 39,79	
11. ZZ&PC De Devel				02:52.92
	Ilvy Lodder 2011 (+79)	50m	00:43.75 43,75	
	Pip Verhoeven 2012 (+20)	100m	01:26.07 42,32	
	Lieselot Penning 2012 (+5)	150m	02:11.15 45,08	
	Thirza van Die 2010 (+39)	200m	02:52.92 41,77	
16. 4x50m vlinderslag heren				
	11 - 15 jaar (Junioren 4 en jonger)			
1. WVZ				02:03.65
	Tim Boerefijn 2008 (+83)	50m	00:29.39 29,39	
	Idse Eisses 2009 (+47)	100m	01:04.31 34,92	
	Sverre van der Zwaan 2009 (+37)	150m	01:34.90 30,59	
	Niek Sonneveld 2008 (+28)	200m	02:03.65 28,75	
2. ZVL-1886 Center				02:05.71
	Rein Stoel 2008 (+71)	50m	00:29.00 29,00	
	Gijs Hartwijk 2008 (+35)	100m	00:59.04 30,04	
	Jan Schouten 2009 (+26)	150m	01:29.64 30,60	
	Jochem Evers 2009 (+22)	200m	02:05.71 36,07	
3. AZC				02:05.94
	Sascha Timmer 2009 (+69)	50m	00:28.93 28,93	
	Thomas Braat 2008 (+67)	100m	01:04.00 35,07	
	Bink de Vries 2009 (+51)	150m	01:35.80 31,80	
	Adriaan Coppelmans 2009 (+48)	200m	02:05.94 30,14	
4. Niemo Barracuda				02:09.55
	Myron Artemenko 2010 (+75)	50m	00:29.43 29,43	

Thijs Bijman 2009 (+41)	100m	01:03.58	34,15	
Yaroslav Budylevskiy 2009 (+49)	150m	01:36.69	33,11	
Eli Shields 2010 (+33)	200m	02:09.55	32,86	
5. ACZ1				02:11.38
Luka Arkesteijn 2009 (+98)	50m	00:33.63	33,63	
Milán Biró 2008 (+44)	100m	01:04.60	30,97	
Avery Arrindell 2009 (+54)	150m	01:37.17	32,57	
Vince van Dam 2010 (+28)	200m	02:11.38	34,21	
6. ZZ&PC De Devel				02:18.77
Thom Veldhoen 2009 (+65)	50m	00:31.71	31,71	
Kris Westerhout 2010 (+44)	100m	01:06.14	34,43	
Kaylen Sebus 2009 (+25)	150m	01:41.74	35,60	
Valentijn Penning 2009 (+41)	200m	02:18.77	37,03	
7. De Columbiaan				02:25.26
Luuk Knijnenburg 2008 (+85)	50m	00:30.79	30,79	
Luca Boorsma 2009 (+51)	100m	01:00.61	29,82	
Jasper Varkevisser 2011 (+52)	150m	01:44.58	43,97	
Finn Knijnenburg 2011 (+38)	200m	02:25.26	40,68	
8. MNC Dordrecht				03:08.84
Alan Vasilevski 2011 (+80)	50m	00:43.00	43,00	
Fryderyk Krys Straszak 2011 (+37)	100m	01:36.64	53,64	
Wander van der Ploeg 2011 (+11)	150m	02:24.24	47,60	
Niek van Denderen 2011 (+66)	200m	03:08.84	44,60	
17. 4x50m wisselslag dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Niemo Barracuda				02:01.99
Jinth Engelse 2008	50m	00:29.69	29,69	
Mila Oomens 2007 (+43)	100m	01:03.86	34,17	
Denise Boereboom 1992 (+68)	150m	01:33.98	30,12	
Anouchka Bos 2005 (+45)	200m	02:01.99	28,01	
2. Feijenoord Albion				02:02.02
Jazz-Lynn Gomes Delgado 2008	50m	00:31.80	31,80	
Anne Dekker 1996 (+23)	100m	01:06.35	34,55	
Leyla Oversluijzen 2006 (+40)	150m	01:34.68	28,33	
Isa Maes 2005 (+38)	200m	02:02.02	27,34	
3. ACZ1				02:03.76
Roos van Esch 1982	50m	00:33.75	33,75	
Mare Schallenberg 2006 (+46)	100m	01:06.25	32,50	
Mariska Scheel 1993 (+42)	150m	01:35.75	29,50	
Carmen Lems 2004 (+33)	200m	02:03.76	28,01	
4. De Columbiaan				02:09.44
Julia Notenboom 2003	50m	00:32.44	32,44	
Daniëlle Vis 2004 (+32)	100m	01:08.88	36,44	
Miranda Nijenhuis 1992 (+40)	150m	01:40.01	31,13	
Robin Spreeuw 2005 (+41)	200m	02:09.44	29,43	
5. AZC				02:10.32
Jade van der Schrier 2008	50m	00:33.31	33,31	
Merel Leuring 2004 (+51)	100m	01:08.87	35,56	
Julia Wortman 1996 (+18)	150m	01:41.11	32,24	
Jessica Braat 2002 (+38)	200m	02:10.32	29,21	
6. ZVL-1886 Center				02:10.57
Sanne Hoogduin 2008	50m	00:36.05	36,05	
Lonneke Graansma 1999 (+34)	100m	01:12.03	35,98	
Silke Molendijk 2001 (+36)	150m	01:40.92	28,89	
Daniek Wijnen 2007 (+47)	200m	02:10.57	29,65	
7. ZV Vlaardingen-Schiedam				02:11.26
Karlijn Offeringa 2005	50m	00:30.37	30,37	
Tessa Poot 2004 (+60)	100m	01:07.73	37,36	
Jasmine Matuskova 2006 (+47)	150m	01:39.92	32,19	



Hanna van Loenen 2008 (+38)	200m	02:11.26	31,34	
8. De Geul				02:13.25
Daphne van Tilburg 2005	50m	00:36.60	36,60	
Tess Vonk 2009 (+43)	100m	01:13.38	36,78	
Laura 't Lam 2006 (+40)	150m	01:43.45	30,07	
Samantha van Eijk 1988 (+32)	200m	02:13.25	29,80	
9. ZZ&PC De Devel				02:13.31
Britte Lodder 2007	50m	00:33.83	33,83	
Lisa van Milt 1992 (+37)	100m	01:11.13	37,30	
Katinka van Dongen 1977 (+21)	150m	01:43.29	32,16	
Jaylin van der Linden 2007 (+45)	200m	02:13.31	30,02	
10. MNC Dordrecht				02:22.27
Hadewych Forschelen 2009	50m	00:35.40	35,40	
Esmee Bos 2008 (+48)	100m	01:19.14	43,74	
Eliska Bosscher 2008 (+26)	150m	01:52.31	33,17	
Carice Forschelen 2008 (+13)	200m	02:22.27	29,96	
11. De Watervogels				02:23.52
Annet van der Sloot 2004	50m	00:38.69	38,69	
Ilona van der Knaap 1992 (+39)	100m	01:16.64	37,95	
Alaine Dumont 2011 (+35)	150m	01:51.21	34,57	
Puck van Rijn 2006 (+40)	200m	02:23.52	32,31	
12. SG LinK-ZV Zoetermeer				02:28.84
Leverne van Wanum 2005	50m	00:37.53	37,53	
Evelien Holterman 2006 (+51)	100m	01:20.64	43,11	
Zoë Kenworthy 2005 (+36)	150m	01:55.82	35,18	
Daynah de Snaijer 2008 (+17)	200m	02:28.84	33,02	
13. WZK Zwemmen				02:31.70
Juliette Priester 2008	50m	00:35.22	35,22	
Dagmar Ros 2004 (+56)	100m	01:20.40	45,18	
Aukje van Tongeren 2004 (+51)	150m	01:58.98	38,58	
Marit Knevel 2005 (+38)	200m	02:31.70	32,72	
18. 4x50m wisselslag heren				
vanaf 11 jaar (Senioren Open)				
1. Feijenoord Albion				01:45.35
Ensger Kotterink 1994	50m	00:26.68	26,68	
Perry Laarhoven 2003 (+60)	100m	00:56.45	29,77	
Floris Kotterink 1998 (+32)	150m	01:21.37	24,92	
Sjoerd van Weelden 2001 (+49)	200m	01:45.35	23,98	
2. Feijenoord Albion				01:48.18
Yassine Mellah 2005	50m	00:27.96	27,96	
Kenan Coeruez 2003 (+34)	100m	00:57.27	29,31	
Bjorn de Heus 2002 (+55)	150m	01:23.85	26,58	
Floris Tanis 2007 (+18)	200m	01:48.18	24,33	
3. ACZ1				01:50.96
Yarno van Dam 2008	50m	00:28.97	28,97	
Hessel de Jong 2006 (+32)	100m	00:59.69	30,72	
Jasper Groen 2006 (+40)	150m	01:27.18	27,49	
Saviël Armand 2002 (+35)	200m	01:50.96	23,78	
4. De Columbiaan				01:51.03
Bert Duivenvoorde 1997	50m	00:29.72	29,72	
Dave van den Nieuwendijk 2001 (+37)	100m	01:00.68	30,96	
Bas Verdoes 1998 (+30)	150m	01:27.45	26,77	
Daan Hogerhuis 2003 (+31)	200m	01:51.03	23,58	
5. ZVL-1886 Center				01:52.47
Guus Hoogduin 2002	50m	00:29.21	29,21	
Robin van Peenen 2002 (+53)	100m	01:00.26	31,05	
Robin van Beek 1997 (+10)	150m	01:26.54	26,28	
Erik Baalbergen 1998 (0)	200m	01:52.47	25,93	

6. WVZ				01:52.87
	Jisse Lousma 2007	50m	00:28.23 28,23	
	Denzel Barthen 2007 (+35)	100m	01:00.60 32,37	
	Pepijn van Egmond 2004 (+54)	150m	01:27.50 26,90	
	Floris Wassenaar 2006 (+36)	200m	01:52.87 25,37	
7. ACZ2				01:55.32
	Ties Lakke 2007	50m	00:31.07 31,07	
	Kevin Kingma 1997	100m	01:03.09 32,02	
	Bas Blanker 2006 (+42)	150m	01:30.05 26,96	
	Robin Schols 2004 (+9)	200m	01:55.32 25,27	
8. ZV Vlaardingen-Schiedam				01:55.51
	Thierry Zulver 2007	50m	00:28.81 28,81	
	Wesley Zulver 2003 (+15)	100m	00:59.29 30,48	
	Jaap Schoenmakers 2002 (+48)	150m	01:29.05 29,76	
	Wanne van Geest 2009 (+49)	200m	01:55.51 26,46	
9. SG LinK-ZV Zoetermeer				01:56.18
	Jarno Verbeek 2002	50m	00:27.46 27,46	
	Björn Mulder 2006 (+44)	100m	01:00.97 33,51	
	Kaan Uludag 2006 (+4)	150m	01:29.44 28,47	
	Benjamin Vermeer 2006 (+42)	200m	01:56.18 26,74	
10. ZZ&PC De Devel				01:57.96
	Stijn den Otter 2002	50m	00:30.33 30,33	
	Sven Markkus Eschbach 2006 (+37)	100m	01:04.09 33,76	
	Benjamin van Helsdingen 2006 (+42)	150m	01:32.79 28,70	
	Esper Paans 2001 (+31)	200m	01:57.96 25,17	
11. WVZ				02:02.80
	Renzo Steller 2007	50m	00:34.17 34,17	
	Twan Huisman 2007 (+50)	100m	01:06.33 32,16	
	Rely Hoogendijk 2007 (+64)	150m	01:36.42 30,09	
	Bo Merkestein 2006 (+35)	200m	02:02.80 26,38	
19. 4x50m vrije slag dames				
	11 - 14 jaar (Junioren 4 en jonger)			
1. WVZ				01:59.00
	Chloé in 't Veen 2011 (+65)	50m	00:30.85 30,85	
	Tess van de Steeg 2010 (+52)	100m	01:00.76 29,91	
	Malin Roozeboom 2011 (+65)	150m	01:29.18 28,42	
	Anouk Steller 2010 (+50)	200m	01:59.00 29,82	
2. De Columbiaan				02:04.37
	Luna Buis 2009 (+85)	50m	00:31.54 31,54	
	Tess Meeuwissen 2010 (+33)	100m	01:03.42 31,88	
	Gwen Hermans 2009 (+58)	150m	01:33.76 30,34	
	Fanni Farkas 2011 (+49)	200m	02:04.37 30,61	
3. GZC DONK				02:04.84
	Tessa de Jong 2010 (+81)	50m	00:32.76 32,76	
	Brisa Dekkers 2010 (+45)	100m	01:05.37 32,61	
	Eva Ehlert 2010 (+43)	150m	01:35.06 29,69	
	Erin de Jong 2010 (+56)	200m	02:04.84 29,78	
4. WVZ				02:09.05
	Meike van der Klugt 2011 (+88)	50m	00:33.66 33,66	
	Jessica Johnstone 2010 (+60)	100m	01:08.94 35,28	
	Faye Thijsse 2010 (+41)	150m	01:38.87 29,93	
	Jubilee van Heijdoorn 2009 (+47)	200m	02:09.05 30,18	
5. AZC				02:09.14
	Nina van der Schrier 2010 (+57)	50m	00:29.42 29,42	
	Jorja Verschoor 2009 (+71)	100m	01:00.05 30,63	
	Sophie Hoogervorst 2011 (+40)	150m	01:35.73 35,68	
	Mea van Herk 2009 (+35)	200m	02:09.14 33,41	
6. Niemo Barracuda				02:10.15
	Valerie Hesper 2009 (+90)	50m	00:34.59 34,59	

Lynn Walter 2010 (+45)	100m	01:07.40	32,81	
Rosalie Moller 2009 (+50)	150m	01:39.21	31,81	
Demi Bos 2010 (+35)	200m	02:10.15	30,94	
<b>7. De Columbiaan</b>				<b>02:12.98</b>
Nina Tetteroo 2010 (+74)	50m	00:31.73	31,73	
Iraysha Barendse 2009 (+49)	100m	01:07.06	35,33	
Anouk Mulder 2012 (+50)	150m	01:40.38	33,32	
Britt van de Reep 2010 (+61)	200m	02:12.98	32,60	
<b>8. SCOM/De Zeehond'73 (SG)</b>				<b>02:14.04</b>
Ashley Mercera 2010 (+82)	50m	00:33.61	33,61	
Hei Yiu Tang 2009 (+54)	100m	01:09.15	35,54	
Hannah Rybka 2009 (+61)	150m	01:43.56	34,41	
Merel Bijl 2009 (+49)	200m	02:14.04	30,48	
<b>9. ZV Vlaardingen-Schiedam</b>				<b>02:20.26</b>
Anouck Dobbelaar 2012 (+63)	50m	00:35.94	35,94	
Guusje van Geest 2012 (+54)	100m	01:12.27	36,33	
Jennifer Blenk 2009 (+41)	150m	01:45.07	32,80	
Emma Putters 2010 (+39)	200m	02:20.26	35,19	
<b>10. ZVL-1886 Center</b>				<b>02:23.02</b>
Evi van der Ham 2010 (+82)	50m	00:37.31	37,31	
Aryana Franks 2010 (+82)	100m	01:14.91	37,60	
Krista Wijnen 2009 (+27)	150m	01:48.78	33,87	
Anne van Lith 2010 (+24)	200m	02:23.02	34,24	
<b>11. ZZ&amp;PC De Devel</b>				<b>02:25.33</b>
Lieselot Penning 2012 (+55)	50m	00:36.64	36,64	
Ivly Lodder 2011 (+24)	100m	01:12.95	36,31	
Pip Verhoeven 2012 (+22)	150m	01:48.73	35,78	
Jinthe van de Vreede 2011 (+36)	200m	02:25.33	36,60	
<b>20. 4x50m vrije slag heren</b>				
<i>11 - 15 jaar (Junioren 4 en jonger)</i>				
<b>1. WVZ</b>				<b>01:56.31</b>
Emin Karadeniz 2008 (+92)	50m	00:29.38	29,38	
Tim Boerefijn 2008 (+56)	100m	00:55.66	26,28	
Laurens Wassenaar 2008 (+29)	150m	01:26.71	31,05	
Idse Eisses 2009 (+54)	200m	01:56.31	29,60	
<b>2. Niemo Barracuda</b>				<b>01:57.34</b>
Thijs Bijman 2009 (+84)	50m	00:30.36	30,36	
Eli Shields 2010 (+44)	100m	00:59.93	29,57	
Mitchell van Dijk 2008 (+39)	150m	01:29.90	29,97	
Myron Artemenko 2010 (+40)	200m	01:57.34	27,44	
<b>3. ZZ&amp;PC De Devel</b>				<b>01:58.39</b>
Kaylen Sebus 2009 (+76)	50m	00:30.36	30,36	
Kris Westerhout 2010 (+34)	100m	01:00.34	29,98	
Gunawan Bekker 2009 (+16)	150m	01:30.96	30,62	
Thom Veldhoen 2009 (+14)	200m	01:58.39	27,43	
<b>4. ACZ1</b>				<b>01:59.87</b>
Luka Arkesteijn 2009 (+79)	50m	00:29.88	29,88	
Vince van Dam 2010 (+30)	100m	01:02.15	32,27	
Milán Biró 2008 (+34)	150m	01:31.19	29,04	
Avery Arrindell 2009 (+56)	200m	01:59.87	28,68	
<b>5. AZC</b>				<b>02:00.47</b>
Gijs van der Lee 2011 (+66)	50m	00:33.80	33,80	
Bink de Vries 2009 (+64)	100m	01:01.09	27,29	
Sascha Timmer 2009 (+40)	150m	01:28.52	27,43	
Jan Peter Slof 2011 (+47)	200m	02:00.47	31,95	
<b>6. ZVL-1886 Center</b>				<b>02:01.89</b>
Jan Schouten 2009 (+89)	50m	00:28.34	28,34	
Jochem Evers 2009 (+50)	100m	00:59.15	30,81	
Jasper Riemann 2010 (+73)	150m	01:32.12	32,97	

Lintar Shidiq 2008 (+15) 200m 02:01.89 29,77

7. MNC Dordrecht

02:28.67

Alan Vasilevski 2011 (+77) 50m 00:32.99 32,99  
Wander van der Ploeg 2011 (+59) 100m 01:14.95 41,96  
Fryderyk Krysz Straszak 2011 (+53) 150m 01:52.11 37,16  
Niek van Denderen 2011 (+63) 200m 02:28.67 36,56

DIS. De Columbiaan

00:00.00

Luca Boorsma 2009 (+58) 50m 00:26.92 26,92  
Luuk Knijnenburg 2008 (+24) 100m 00:54.28 27,36  
Jasper Varkevisser 2011 (+35) 150m 01:30.66 36,38  
Finn Knijnenburg 2011 (-8) 200m 00:00.00 -90,66

21. 8x50m vrije slag

vanaf 11 jaar

1. De Columbiaan

03:39.15

Fanni Farkas 2011 (+74) 50m 00:30.94 30,94  
Luca Boorsma 2009 (+9) 100m 00:57.47 26,53  
Gwen Hermans 2009 (+45) 150m 01:27.14 29,67  
Luuk Knijnenburg 2008 (+46) 200m 01:54.01 26,87  
Julia Notenboom 2003 (+30) 250m 02:22.30 28,29  
Bert Duivenvoorde 1997 (+49) 300m 02:46.56 24,26  
Robin Spreeuw 2005 (+45) 350m 03:15.54 28,98  
Daan Hogerhuis 2003 (+29) 400m 03:39.15 23,61

2. ZVL-1886 Center

03:42.09

Rozalia Diederiks 2011 (+87) 50m 00:30.34 30,34  
Gijs Hartwijk 2008 (+34) 100m 00:58.20 27,86  
Victoria Diederiks 2009 (+43) 150m 01:28.50 30,30  
Rein Stael 2008 (+42) 200m 01:54.32 25,82  
Daniek Wijnen 2007 (+55) 250m 02:23.98 29,66  
Guus Hoogduin 2002 (+31) 300m 02:49.78 25,80  
Silke Molendijk 2001 (+27) 350m 03:17.55 27,77  
Robin van Beek 1997 (+21) 400m 03:42.09 24,54

3. ZZ&PC De Devel

03:59.15

Pip Verhoeven 2012 (+75) 50m 00:34.80 34,80  
Kaylen Sebus 2009 (+29) 100m 01:05.43 30,63  
Ilvy Lodder 2011 (+57) 150m 01:40.99 35,56  
Thom Veldhoen 2009 (+30) 200m 02:09.42 28,43  
Madelief Penning 2007 (+43) 250m 02:39.70 30,28  
Esper Paans 2001 (+28) 300m 03:05.22 25,52  
Britte Lodder 2007 (+25) 350m 03:33.90 28,68  
Stijn den Otter 2002 (+33) 400m 03:59.15 25,25

4. De Columbiaan

04:00.83

Tess Meeuwissen 2010 (+63) 50m 00:32.08 32,08  
Finn Knijnenburg 2011 (+35) 100m 01:05.49 33,41  
Luna Buis 2009 (+50) 150m 01:37.34 31,85  
Jasper Varkevisser 2011 (+39) 200m 02:12.90 35,56  
Anouk Vis 2002 (+42) 250m 02:42.71 29,81  
Bas van Wieringen 2002 (+35) 300m 03:07.33 24,62  
Miranda Nijenhuis 1992 (+16) 350m 03:35.29 27,96  
Bas Verdoes 1998 (+31) 400m 04:00.83 25,54

BM. SG LinK-ZV Zoetermeer

03:52.76

Daynah de Snaijer 2008 (+87) 50m 00:32.99 32,99  
Jarno Verbeek 2002 (+39) 100m 00:57.32 24,33  
Zoë Kenworthy 2005 (+51) 150m 01:27.61 30,29  
Björn Mulder 2006 (+54) 200m 01:54.46 26,85  
Esmee Verbeek 2005 (+37) 250m 02:27.16 32,70  
Benjamin Vermeer 2006 (+45) 300m 02:54.19 27,03  
Leverne van Wanum 2005 (+50) 350m 03:27.40 33,21  
Kaan Uludag 2006 (+4) 400m 03:52.76 25,36