

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 1
25-5-2024 - 9:30

Heren, 100m rugslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
Junioren 1 en 2								
1.	Myron Artemenko	Niemo Barracuda	1:08.36	201003021	1:08.87	+0,63	34.00	1:08.87
2.	Duco de Gelder	Blue Marlins	1:10.53	201000217	1:09.72	+0,72	33.49	1:09.72
3.	Eli Shields	Niemo Barracuda	1:11.59	201000407	1:12.20	+0,71	34.54	1:12.20
4.	Dax van den Nouland	Blue Marlins	1:11.21	201000071	1:12.73	+0,71	35.36	1:12.73
5.	Mees Janssen	DSZ	1:17.18	201102025	1:13.51	+0,52	35.44	1:13.51
6.	Roemer Bindels	Blue Marlins	1:13.30	201003335	1:13.62	+0,79	35.66	1:13.62
7.	Girish Nolden	Blue Marlins	1:12.31	201000087	1:13.83	+0,65	36.66	1:13.83
8.	Thijs Jonkman	De Duck	1:12.44	201000481	1:13.97	+0,88	36.28	1:13.97
9.	Kris Westerhout	ZZ&PC De Devel	1:18.95	201000883	1:15.69	+0,58	37.73	1:15.69
10.	Costijn van Elst	Blue Marlins	1:20.02	201100317	1:15.74	+0,70	36.31	1:15.74
11.	Jason Xu	Blue Marlins	1:15.82	201001079	1:15.88	+0,79	36.43	1:15.88
12.	Lev Rudman	Blue Marlins	1:19.72	201102343	1:17.20	+0,66	36.75	1:17.20
13.	Joep Lindhout	Niemo Barracuda	1:20.28	201100873	1:17.74	+0,65	38.52	1:17.74
14.	Luca Monster	ZPC Numansdorp	1:18.22	201100343	1:18.12	+0,66	37.27	1:18.12
15.	Jake van Duivendijk	Blue Marlins	1:21.22	201000945	1:18.16	+0,81	37.38	1:18.16
16.	Finn Knijnenburg	De Columbiaan	1:19.53	201101319	1:18.41	+0,58	38.22	1:18.41
17.	Jordan Neyhoft	Wiekslag	1:14.84	201000765	1:18.59	+0,80	37.83	1:18.59
18.	Vince van Dam	ACZ	1:18.53	201000405	1:19.03	+0,59	37.80	1:19.03
19.	Alan Vasilevski	MNC Dordrecht	1:20.47	201101509	1:20.74	+0,64	38.64	1:20.74
	*BU 100m							
20.	Koen van Merrienboer	ZV Vlaardingen-Schiedam	1:24.44	201101623	1:20.76	+0,76	37.84	1:20.76
21.	Gijs van der Lee	AZC	1:18.70	201101237	1:21.87	+0,75	39.10	1:21.87
22.	Mahdi Jaghori	DSZ	1:17.49	201003745	1:22.04	+0,53	38.69	1:22.04
23.	Thijs van Kints	BZ en PC	1:23.91	201101059	1:22.40	+0,90	39.83	1:22.40
24.	Noah Abdull sada	ZZ&PC De Devel	1:24.66	201002411	1:23.30	+0,79	40.16	1:23.30
25.	Syb Boerema	z.c De Schotelij	1:23.94	201000359	1:24.24	+0,61	39.90	1:24.24
26.	Rens van der Es	De Geul	1:20.94	201000583	1:25.31	+0,62	41.31	1:25.31
27.	Tygo van Berkel	De Geul	1:20.53	201000327	1:25.69	+0,63	41.54	1:25.69
Junioren 3 en 4								
1.	Yarno van Dam	ACZ	1:00.22	200800115	1:00.67	+0,61	28.97	1:00.67
2.	Rein Stoel	ZVL-1886 Center	1:01.05	200800463	1:03.25	+0,68	30.46	1:03.25
3.	Adriaan Coppelmans	AZC	1:04.14	200903243	1:04.49	+0,61	30.70	1:04.49
4.	S. Lopes Cardozo	WZK	1:05.20	200800187	1:05.38	+0,67	31.09	1:05.38
5.	Niek Sonneveld	WVZ	1:00.97	200802631	1:05.65	+0,70	31.66	1:05.65
6.	Floris van der Valk	Wiekslag	1:03.57	200801891	1:06.44	+0,64	31.42	1:06.44
7.	Aditya Winterberg	Blue Marlins	1:04.40	200800953	1:07.09	+0,63	31.80	1:07.09
8.	Ivo Bot	Wiekslag	1:04.81	200900509	1:07.44	+0,62	31.96	1:07.44
9.	Sverre van der Zwaan	WVZ	1:06.10	200900737	1:07.88	+0,56	32.91	1:07.88
10.	Aidan van der Stelt	Blue Marlins	1:07.83	200900901	1:09.08	+0,73	32.93	1:09.08
11.	Thygo van Peppel	Blue Marlins	1:05.99	200901101	1:09.11	+0,71	33.19	1:09.11
12.	Alex Woe	Poseidon'56	1:07.13	200801393	1:10.99	+0,62	34.27	1:10.99
13.	Gijs Hartwijk	ZVL-1886 Center	1:08.14	200800573	1:11.01	+0,65	33.82	1:11.01
14.	Fabian Riedijk	Blue Marlins	1:08.66	200800603	1:11.10	+0,71	34.20	1:11.10
15.	Milán Biró	ACZ	1:14.47	200803169	1:11.67	+0,66	33.86	1:11.67
16.	Aiden Lips	Blue Marlins	1:07.42	200800951	1:11.87	+0,83	34.35	1:11.87
17.	Sven Mulder	WVZ	1:12.00	200901655	1:11.89	+0,57	34.89	1:11.89
18.	Luuk Knijnenburg	De Columbiaan	1:14.33	200802291	1:12.59	+0,66	34.65	1:12.59
19.	Sascha Timmer	AZC	1:13.31	200902987	1:12.62	+0,69	34.81	1:12.62
20.	Ruben de Graaf	De Duck	1:11.48	200901477	1:12.65	+0,80	35.68	1:12.65
21.	A. van der Maaten	Blue Marlins	1:08.41	200903251	1:12.83	+0,70	35.18	1:12.83
22.	Luka Arkesteijn	ACZ	1:13.00	200903023	1:13.10	+0,77	34.83	1:13.10
23.	Seth van den Dool	GZC DONK	1:12.47	200803809	1:13.50	+0,83	34.98	1:13.50
24.	Art Jin van der Ent	Blue Marlins	1:22.00	200903785	1:13.88	+0,87	35.00	1:13.88
25.	Luuk Schippers	Poseidon'56	1:12.65	200901161	1:15.75	+0,73	37.04	1:15.75
26.	Bink de Vries	AZC	1:14.11	200901887	1:15.95	+0,72	36.06	1:15.95
27.	Dylan Dortland	Niemo Barracuda	1:15.43	200900165	1:16.07	+0,60	36.42	1:16.07
28.	Thomas Braat	AZC	1:14.07	200802269	1:16.13	+0,85 492	35.61	1:16.13
29.	Lucas Bongers	ZOB'66	1:15.74	200800903	1:16.97	+0,76	36.46	1:16.97
30.	Mitchell van Dijk	Niemo Barracuda	1:18.35	200800577	1:17.29	+0,87	37.47	1:17.29
31.	Eli Fieret	GZC DONK	1:18.53	200903463	1:17.43	+0,58	37.57	1:17.43
32.	Esh Nolden	Blue Marlins	1:20.74	200800145	1:18.17	+0,67	38.26	1:18.17
33.	Emin Karadeniz	WVZ	1:19.69	200804047	1:18.38	+0,75	37.88	1:18.38

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 1, Jongens, 100m rugslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
34.	Nathan Creyf	WZK	1:16.59	200903557	1:18.76	+0,74	37.48	1:18.76
35.	Kay Remmerswaal	D.E.S.	1:18.75	200800671	1:18.77	+0,75	39.28	1:18.77
36.	Brayden Vered	Blue Marlins	1:18.24	200802517	1:18.81	+0,88	38.98	1:18.81
	Idse Eisses	WVZ	1:19.76	200900009	1:18.81	+0,73	38.51	1:18.81
38.	Thomas Zondag	MNC Dordrecht	1:19.84	200800063	1:20.49	+0,67	38.11	1:20.49
39.	Luca Kamps	De Vliet (SG)	1:16.92	200900891	1:21.28	+0,67	39.28	1:21.28

Jeugd 1 en 2

1.	Daan Sonneveld	WVZ	53.75	200601085	59.04	+0,64	28.62	59.04
2.	Boele Böhm	Blue Marlins	1:00.53	200700739	1:01.93	+0,63	30.86	1:01.93
3.	Jisse Lousma	WVZ	58.37	200701493	1:02.34	+0,60	30.92	1:02.34
4.	Thom de Hoog	Blue Marlins	1:03.68	200600019	1:02.38	+0,62	29.95	1:02.38
5.	Denzel Barthen	WVZ	1:00.42	200700147	1:05.05	+0,72	31.86	1:05.05
6.	Laurens Kalle	z.c De Schotejil	1:03.35	200600161	1:05.25	+0,70	31.67	1:05.25
7.	Gaëtan Spicq	Blue Marlins	1:00.21	200701807	1:06.46	+0,70	31.86	1:06.46
8.	Janu Nolden	Blue Marlins	1:06.48	200600289	1:07.49	+0,64	32.56	1:07.49
9.	Rely Hoogendijk	WVZ	1:05.90	200702521	1:10.59	+0,70	33.84	1:10.59

Senioren 1 en ouder

1.	Ensger Kotterink	Feijenoord Albion	58.52	199403391	58.89	+0,57	27.99	58.89
2.	Abdelmajid Hassine	Blue Marlins	1:01.31	199805885	1:02.64	+0,63	30.14	1:02.64
3.	Daan Hogerhuis	De Columbiaan	1:02.30	200300317	1:02.79	+0,60	29.78	1:02.79
4.	Sander Iuga	Feijenoord Albion	1:01.90	200101389	1:03.63	+0,60	29.80	1:03.63
5.	Robin van Beek	ZVL-1886 Center	1:01.69	199704023	1:05.47	+0,59	30.81	1:05.47
6.	Bjorn de Heus	Feijenoord Albion	1:05.88	200201077	1:05.91	+0,66	31.29	1:05.91
7.	Nino van Krimpen	ZOB'66	1:04.61	200004611	1:07.50	+0,69	32.41	1:07.50
8.	Bert Duivenvoorde	De Columbiaan	1:06.06	199701805	1:07.90	+0,75	32.68	1:07.90
9.	David Kievit	z.c De Schotejil	1:07.43	199900325	1:08.19	+0,81	32.90	1:08.19
	<i>* BU 100m</i>							
10.	Tim van Lochem	Blue Marlins	1:06.00	200500077	1:10.31	+0,57	34.30	1:10.31
11.	Neel Sahti	Blue Marlins	1:06.33	200404227	1:10.91	+0,74	34.49	1:10.91
12.	Daniel 't Mannetje	z.c De Schotejil	1:06.71	200400183	1:12.02	+0,63	34.48	1:12.02

Programmanr. 2
25-5-2024 - 9:50

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
Junioren 1 en 2								
1.	Milou Filemon	Blue Marlins	4:53.70	201100078	4:53.19	+0,58		
	50m: 31.74	31.74	150m: 1:44.57	37.24	250m: 2:59.94	38.01	350m: 4:15.88	38.04
	100m: 1:07.33	35.59	200m: 2:21.93	37.36	300m: 3:37.84	37.90	400m: 4:53.19	37.31
2.	Rozalia Diederiks	ZVL-1886 Center	4:50.41	201100904	4:54.41	+0,86		
	50m: 34.22	34.22	150m: 1:48.23	37.18	250m: 3:04.03	37.75	350m: 4:18.88	37.18
	100m: 1:11.05	36.83	200m: 2:26.28	38.05	300m: 3:41.70	37.67	400m: 4:54.41	35.53
3.	Simone Brobbel	ZPC Numansdorp	5:09.70	201200058	5:12.56	+0,77		
	50m: 33.56	33.56	150m: 1:52.64	40.22	250m: 3:14.27	40.95	350m: 4:34.55	40.13
	100m: 1:12.42	38.86	200m: 2:33.32	40.68	300m: 3:54.42	40.15	400m: 5:12.56	38.01
4.	Odenza Soselisa	Blue Marlins	5:01.73	201101780	5:12.89	+0,63		
	<i>* BU 400m</i>							
	50m: 35.06	35.06	150m: 1:53.54	39.69	250m: 3:13.05	39.39	350m: 4:33.93	40.10
	100m: 1:13.85	38.79	200m: 2:33.66	40.12	300m: 3:53.83	40.78	400m: 5:12.89	38.96
5.	Saar de Graaf	ZV Vlaardingen-Schiedam	5:27.33	201101264	5:21.85	+0,72		
	50m: 35.43	35.43	150m: 1:55.85	41.19	250m: 3:19.20	42.01	350m: 4:42.55	41.64
	100m: 1:14.66	39.23	200m: 2:37.19	41.34	300m: 4:00.91	41.71	400m: 5:21.85	39.30
6.	Sophie Hoogervorst	AZC	5:16.99	201100252	5:23.12	+0,63		
	50m: 35.94	35.94	150m: 1:57.42	41.50	250m: 3:20.36	41.68	350m: 4:42.82	40.97
	100m: 1:15.92	39.98	200m: 2:38.68	41.26	300m: 4:01.85	41.49	400m: 5:23.12	40.30
7.	Fanni Farkas	De Columbiaan	5:10.77	201100360	5:23.51	+0,85		
	50m: 36.66	36.66	150m: 1:59.09	42.02	250m: 3:23.39	41.91	350m: 4:45.41	40.37
	100m: 1:17.07	40.41	200m: 2:41.48	42.39	300m: 4:05.04	41.65	400m: 5:23.51	38.10
8.	Kamila Makhmadiyarova	Blue Marlins	5:28.57	201103178	5:24.46	+0,61		
	50m: 36.29	36.29	150m: 1:58.80	41.52	250m: 3:22.35	41.34	350m: 4:44.24	40.35
	100m: 1:17.28	40.99	200m: 2:41.01	42.21	300m: 4:03.89	41.54	400m: 5:24.46	40.22

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 2, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
9.	Anouk Mulder	De Columbiaan	5:45.42	201200962	5:32.08 +0,83
	50m: 37.30	37.30 150m: 2:03.96	43.70	250m: 3:29.92	43.38
	100m: 1:20.26	42.96 200m: 2:46.54	42.58	300m: 4:12.44	42.52
				350m: 4:54.18	41.74
				400m: 5:32.08	37.90
10.	Lieselot Penning	ZZ&PC De Devel	5:39.28	201200052	5:33.35
	50m: 37.74	37.74 150m: 2:03.70	43.77	250m: 3:29.90	42.78
	100m: 1:19.93	42.19 200m: 2:47.12	43.42	300m: 4:12.26	42.36
				350m: 4:53.65	41.39
				400m: 5:33.35	39.70
11.	Alaine Dumont	ZV De Watervogels	5:43.44	201102140	5:36.58 +0,65
	50m: 34.86	34.86 150m: 1:56.75	42.30	250m: 3:24.49	44.65
	100m: 1:14.45	39.59 200m: 2:39.84	43.09	300m: 4:09.71	45.22
				350m: 4:53.80	44.09
				400m: 5:36.58	42.78
12.	Tatum Vered	Blue Marlins	5:57.62	201201322	5:43.50 +0,82
	50m: 39.17	39.17 150m: 2:07.10	45.05	250m: 3:36.36	45.08
	100m: 1:22.05	42.88 200m: 2:51.28	44.18	300m: 4:20.27	43.91
				350m: 5:03.80	43.53
				400m: 5:43.50	39.70
13.	Floortje Bakker	Blue Marlins	5:47.09	201101124	5:45.26 +0,67
	50m: 37.37	37.37 150m: 2:03.30	44.09	250m: 3:32.03	44.67
	100m: 1:19.21	41.84 200m: 2:47.36	44.06	300m: 4:16.80	44.77
				350m: 5:01.46	44.66
				400m: 5:45.26	43.80
14.	Evy v. Nimwegen	z.c De Schotejil	5:40.71	201100168	5:50.77
	50m: 37.94	37.94 150m: 2:06.51	45.11	250m: 3:38.22	45.90
	100m: 1:21.40	43.46 200m: 2:52.32	45.81	300m: 4:24.18	45.96
				350m: 5:07.79	43.61
				400m: 5:50.77	42.98
15.	Danique Westerhof	ZV De Watervogels	5:43.51	201100492	5:51.51 +0,91
	50m: 38.32	38.32 150m: 2:08.44	46.12	250m: 3:39.08	45.06
	100m: 1:22.32	44.00 200m: 2:54.02	45.58	300m: 4:24.98	45.90
				350m: 5:09.04	44.06
				400m: 5:51.51	42.47
16.	Jet Hogervorst	De Columbiaan	5:55.47	201200738	5:54.26 +0,51
	50m: 40.44	40.44 150m: 2:10.78	45.81	250m: 3:42.24	45.86
	100m: 1:24.97	44.53 200m: 2:56.38	45.60	300m: 4:28.36	46.12
				350m: 5:12.29	43.93
				400m: 5:54.26	41.97
17.	Eva de Kieviet	ZPC Numansdorp	5:52.02	201202064	5:56.13 +0,64
	50m: 40.32	40.32 150m: 2:10.61	45.49	250m: 3:41.63	45.89
	100m: 1:25.12	44.80 200m: 2:55.74	45.13	300m: 4:27.85	46.22
				350m: 5:13.41	45.56
				400m: 5:56.13	42.72
18.	Jolie van Ark	AZC	5:54.59	201101644	5:58.19 +0,95
	50m: 37.57	37.57 150m: 2:07.81	45.57	250m: 3:40.22	46.23
	100m: 1:22.24	44.67 200m: 2:53.99	46.18	300m: 4:26.62	46.40
				350m: 5:12.95	46.33
				400m: 5:58.19	45.24
19.	Nicolien Braakman	WZK	6:03.98	201101112	5:59.24
	50m: 40.05	40.05 150m: 2:09.21	45.50	250m: 3:42.45	47.09
	100m: 1:23.71	43.66 200m: 2:55.36	46.15	300m: 4:29.36	46.91
				350m: 5:15.42	46.06
				400m: 5:59.24	43.82
20.	Sarah van Elleswijk	WVZ	6:04.43	201101126	6:03.64 +0,57
	50m: 39.18	39.18 150m: 2:10.61	47.22	250m: 3:44.46	46.83
	100m: 1:23.39	44.21 200m: 2:57.63	47.02	300m: 4:31.46	47.00
				350m: 5:18.30	46.84
				400m: 6:03.64	45.34
AFGEM	Pip Verhoeven	ZZ&PC De Devel	5:43.62	201200544	
NG	Yara Fortes	Blue Marlins	6:18.50	201103030	

Junioren 3 en 4

1.	Nina van der Schrier	AZC	4:44.02	201000444	4:45.39 +0,69
	50m: 31.15	31.15 150m: 1:42.28	36.48	250m: 2:55.99	37.04
	100m: 1:05.80	34.65 200m: 2:18.95	36.67	300m: 3:33.08	37.09
				350m: 4:09.80	36.72
				400m: 4:45.39	35.59
2.	Suuz Griekspoor	Noordwijkerhout	4:51.63	200901204	4:50.70 +0,75
	50m: 32.29	32.29 150m: 1:45.47	37.48	250m: 3:01.52	38.15
	100m: 1:07.99	35.70 200m: 2:23.37	37.90	300m: 3:39.24	37.72
				350m: 4:15.86	36.62
				400m: 4:50.70	34.84
3.	Ece öngören	Blue Marlins	4:44.97	200903862	4:51.79 +0,72
	50m: 32.94	32.94 150m: 1:46.16	37.34	250m: 3:00.48	37.45
	100m: 1:08.82	35.88 200m: 2:23.03	36.87	300m: 3:37.99	37.51
				350m: 4:15.36	37.37
				400m: 4:51.79	36.43
4.	Mijke Ouderkerken	Blue Marlins	4:56.65	200901254	4:53.16 +0,75
	50m: 32.67	32.67 150m: 1:46.23	37.66	250m: 3:02.15	38.18
	100m: 1:08.57	35.90 200m: 2:23.97	37.74	300m: 3:40.03	37.88
				350m: 4:17.29	37.26
				400m: 4:53.16	35.87
5.	Erin de Jong	GZC DONK	4:46.96	201000024	4:54.26 +0,87
	50m: 32.60	32.60 150m: 1:46.41	37.44	250m: 3:01.31	37.48
	100m: 1:08.97	36.37 200m: 2:23.83	37.42	300m: 3:39.90	38.59
				350m: 4:17.81	37.91
				400m: 4:54.26	36.45
6.	Nina Tetteroo	De Columbiaan	4:56.58	201000048	4:54.47 +0,81
	50m: 33.19	33.19 150m: 1:47.29	37.42	250m: 3:02.61	37.21
	100m: 1:09.87	36.68 200m: 2:25.40	38.11	300m: 3:40.32	37.71
				350m: 4:18.05	37.73
				400m: 4:54.47	36.42
7.	Raegan Belmar	Blue Marlins	5:03.10	201004070	4:57.98 +0,84
	50m: 31.59	31.59 150m: 1:45.93	38.01	250m: 3:03.72	38.91
	100m: 1:07.92	36.33 200m: 2:24.81	38.88	300m: 3:42.71	38.99
				350m: 4:21.55	38.84
				400m: 4:57.98	36.43
8.	Hadewych Forschelen	MNC Dordrecht	5:10.71	200903572	5:05.77 +0,78
	50m: 34.48	34.48 150m: 1:50.94	38.69	250m: 3:10.26	39.94
	100m: 1:12.25	37.77 200m: 2:30.32	39.38	300m: 3:49.78	39.52
				350m: 4:29.31	39.53
				400m: 5:05.77	36.46
9.	Jorja Verschoor	AZC	5:02.28	200902640	5:09.22 +0,71
	50m: 32.77	32.77 150m: 1:48.51	38.22	250m: 3:08.62	40.29
	100m: 1:10.29	37.52 200m: 2:28.33	39.82	300m: 3:49.78	41.16
				350m: 4:30.38	40.60
				400m: 5:09.22	38.84

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 2, Meisjes, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
10.	Breanna Belmar	Blue Marlins	5:02.90	201004068	5:09.58 +0,82
	50m: 32.60	32.60 150m: 1:49.90	39.71	250m: 3:10.19	40.48 350m: 4:30.39
	100m: 1:10.19	37.59 200m: 2:29.71	39.81	300m: 3:50.03	39.84 400m: 5:09.58
11.	Famke Franzen	z.c De Schotejil	5:16.99	201000058	5:10.98 +0,86
	50m: 33.42	33.42 150m: 1:50.30	39.74	250m: 3:11.06	41.00 350m: 4:33.03
	100m: 1:10.56	37.14 200m: 2:30.06	39.76	300m: 3:51.94	40.88 400m: 5:10.98
12.	Sanne Mulder	WVZ	5:16.79	200900280	5:11.37 +0,70
	50m: 33.76	33.76 150m: 1:52.32	40.14	250m: 3:13.03	40.75 350m: 4:33.70
	100m: 1:12.18	38.42 200m: 2:32.28	39.96	300m: 3:53.37	40.34 400m: 5:11.37
13.	Eva Ehlert	GZC DONK	5:10.10	201002026	5:11.41 +0,72
	50m: 32.78	32.78 150m: 1:51.82	40.17	250m: 3:12.73	40.76 350m: 4:33.45
	100m: 1:11.65	38.87 200m: 2:31.97	40.15	300m: 3:52.75	40.02 400m: 5:11.41
14.	Jasmijn Schoonen	Wiekslag	5:06.02	200901196	5:11.63 +0,77
	50m: 33.83	33.83 150m: 1:51.28	39.59	250m: 3:12.30	40.56 350m: 4:33.64
	100m: 1:11.69	37.86 200m: 2:31.74	40.46	300m: 3:53.31	41.01 400m: 5:11.63
15.	Evelien de Vree	Blue Marlins	5:21.35	201002158	5:14.95 +0,77
	50m: 35.24	35.24 150m: 1:56.38	41.32	250m: 3:18.69	40.90 350m: 4:38.77
	100m: 1:15.06	39.82 200m: 2:37.79	41.41	300m: 3:59.90	41.21 400m: 5:14.95
16.	Elin Riedijk	Blue Marlins	5:19.62	201002056	5:20.20 +0,76
	50m: 35.20	35.20 150m: 1:56.59	40.85	250m: 3:18.95	41.31 350m: 4:41.06
	100m: 1:15.74	40.54 200m: 2:37.64	41.05	300m: 4:00.63	41.68 400m: 5:20.20
17.	Nienke v. Weenen	z.c De Schotejil	5:20.67	201000282	5:25.76 +0,65
	50m: 36.25	36.25 150m: 1:58.40	42.04	250m: 3:23.96	42.73 350m: 4:47.79
	100m: 1:16.36	40.11 200m: 2:41.23	42.83	300m: 4:06.41	42.45 400m: 5:25.76
18.	Tess Meeuwissen	De Columbiaan	5:23.69	201000370	5:26.34 +0,56
	50m: 35.09	35.09 150m: 1:57.58	42.49	250m: 3:22.20	42.55 350m: 4:46.16
	100m: 1:15.09	40.00 200m: 2:39.65	42.07	300m: 4:04.16	41.96 400m: 5:26.34
19.	Esmée van Sliedregt	ZOB'66	5:21.22	200902608	5:27.15 +0,73
	50m: 35.72	35.72 150m: 1:59.06	42.54	250m: 3:24.18	42.37 350m: 4:48.59
	100m: 1:16.52	40.80 200m: 2:41.81	42.75	300m: 4:06.83	42.65 400m: 5:27.15
20.	Tessa de Jong	GZC DONK	5:22.75	201000026	5:27.30 +0,79
	50m: 36.01	36.01 150m: 1:59.45	41.90	250m: 3:25.11	42.58 350m: 4:48.68
	100m: 1:17.55	41.54 200m: 2:42.53	43.08	300m: 4:08.06	42.95 400m: 5:27.30
21.	Victoria Diederiks	ZVL-1886 Center	5:20.79	200900758	5:28.27 +0,71
	50m: 36.06	36.06 150m: 2:00.28	42.85	250m: 3:25.26	42.64 350m: 4:48.25
	100m: 1:17.43	41.37 200m: 2:42.62	42.34	300m: 4:06.55	41.29 400m: 5:28.27
22.	Sophie Ferwerda	GZC DONK	5:31.07	200902984	5:29.67 +0,88
	50m: 36.32	36.32 150m: 2:01.18	42.94	250m: 3:26.05	42.50 350m: 4:50.58
	100m: 1:18.24	41.92 200m: 2:43.55	42.37	300m: 4:08.40	42.35 400m: 5:29.67
23.	Ilse Stout	ACZ	5:30.50	201001704	5:34.28 +0,76
	50m: 37.29	37.29 150m: 2:02.70	43.12	250m: 3:29.44	42.89 350m: 4:54.61
	100m: 1:19.58	42.29 200m: 2:46.55	43.85	300m: 4:12.70	43.26 400m: 5:34.28
24.	Brisa Dekkers	GZC DONK	5:33.41	201002164	5:34.69 +0,80
	50m: 36.79	36.79 150m: 2:02.58	43.77	250m: 3:30.27	44.24 350m: 4:56.00
	100m: 1:18.81	42.02 200m: 2:46.03	43.45	300m: 4:14.11	43.84 400m: 5:34.69
25.	Merel Doest	ZV Vlaardingen-Schiedam	5:43.56	201001142	5:37.53 +0,73
	50m: 36.40	36.40 150m: 2:01.62	43.22	250m: 3:29.78	44.28 350m: 4:57.35
	100m: 1:18.40	42.00 200m: 2:45.50	43.88	300m: 4:14.11	44.33 400m: 5:37.53
26.	Femke Sonneveld	Poseidon'56	5:24.71	200902802	5:39.91 +0,78
	50m: 37.58	37.58 150m: 2:04.58	43.77	250m: 3:32.86	43.80 350m: 4:59.38
	100m: 1:20.81	43.23 200m: 2:49.06	44.48	300m: 4:16.93	44.07 400m: 5:39.91
27.	Frederique Bos	GZC DONK	5:40.43	201004030	5:40.18 +0,66
	50m: 35.03	35.03 150m: 2:03.61	44.99	250m: 3:32.01	44.24 350m: 4:59.84
	100m: 1:18.62	43.59 200m: 2:47.77	44.16	300m: 4:15.98	43.97 400m: 5:40.18
28.	Annick Gorissen	Blue Marlins	5:44.06	201002248	5:42.82 +0,83
	50m: 36.36	36.36 150m: 2:00.44	42.68	250m: 3:29.19	44.90 350m: 4:59.33
	100m: 1:17.76	41.40 200m: 2:44.29	43.85	300m: 4:14.71	45.52 400m: 5:42.82
29.	Luna Schipper	ZOB'66	5:19.37	200900364	5:43.24 +0,80
	50m: 36.26	36.26 150m: 2:00.19	43.11	250m: 3:28.55	44.65 350m: 5:00.31
	100m: 1:17.08	40.82 200m: 2:43.90	43.71	300m: 4:14.45	45.90 400m: 5:43.24
30.	Jennifer Blenk	ZV Vlaardingen-Schiedam	5:38.98	200903172	5:48.93
	50m: 37.57	37.57 150m: 2:07.24	45.65	250m: 3:38.71	45.36 350m: 5:09.20
	100m: 1:21.59	44.02 200m: 2:53.35	46.11	300m: 4:24.74	46.03 400m: 5:48.93
31.	Hannah Rybka	SG SCOM/de Zeehond'73	5:31.46	200900942	5:49.17 +0,73
	50m: 37.09	37.09 150m: 2:04.00	44.02	250m: 3:33.73	45.00 350m: 5:04.30
	100m: 1:19.98	42.89 200m: 2:48.73	44.73	300m: 4:18.46	44.73 400m: 5:49.17

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 2, Dames, 400m vrije slag

Jeugd 1 en 2

1.	Jade van der Schrier	AZC	4:23.85	200800692	4:30.20	+0,73
	50m: 30.28	30.28 150m: 1:37.88	34.68	250m: 2:47.54	34.52	350m: 3:57.41
	100m: 1:03.20	32.92 200m: 2:13.02	35.14	300m: 3:22.54	35.00	400m: 4:30.20
2.	Ilse Rozema	Blue Marlins	4:41.21	200803318	4:45.16	+0,66
	50m: 31.73	31.73 150m: 1:44.44	36.72	250m: 2:58.51	36.24	350m: 4:11.54
	100m: 1:07.72	35.99 200m: 2:22.27	37.83	300m: 3:35.26	36.75	400m: 4:45.16
3.	Meyke v. Nimwegen	z.c De Schotejil	4:47.11	200800106	4:46.52	+0,73
	50m: 32.32	32.32 150m: 1:43.67	36.12	250m: 2:56.25	36.39	350m: 4:09.99
	100m: 1:07.55	35.23 200m: 2:19.86	36.19	300m: 3:33.21	36.96	400m: 4:46.52
4.	Sophie van Leent	Blue Marlins	4:50.59	200800522	5:01.99	+0,73
	50m: 32.68	32.68 150m: 1:49.12	39.09	250m: 3:07.32	39.19	350m: 4:25.18
	100m: 1:10.03	37.35 200m: 2:28.13	39.01	300m: 3:46.49	39.17	400m: 5:01.99
5.	Annedieke Scholte	Blue Marlins	5:01.53	200701110	5:02.55	+0,77
	50m: 32.80	32.80 150m: 1:48.80	38.92	250m: 3:06.79	39.15	350m: 4:24.90
	100m: 1:09.88	37.08 200m: 2:27.64	38.84	300m: 3:45.65	38.86	400m: 5:02.55
6.	Marjolijn Offeringa	ZV Vlaardingen-Schiedam	5:13.93	200701788	5:10.31	+0,73
	50m: 34.75	34.75 150m: 1:54.09	40.11	250m: 3:13.32	39.28	350m: 4:41.87
	100m: 1:13.98	39.23 200m: 2:34.04	39.95	300m: 3:52.56	39.24	400m: 5:10.31
7.	Juliëtte Priester	WZK	5:14.87	200800872	5:17.59	+0,79
	50m: 35.22	35.22 150m: 1:54.53	41.17	250m: 3:17.07	41.33	350m: 4:38.12
	100m: 1:13.36	38.14 200m: 2:35.74	41.21	300m: 3:58.00	40.93	400m: 5:17.59
8.	Eloisa Gomes Delgado	Feijenoord Albion	5:07.68	200700812	5:23.78	+0,81
	50m: 33.90	33.90 150m: 1:52.33	40.18	250m: 3:15.97	42.25	350m: 4:41.63
	100m: 1:12.15	38.25 200m: 2:33.72	41.39	300m: 3:58.24	42.27	400m: 5:23.78
9.	Aleyna Bakdemir	Blue Marlins	5:39.13	200804386	5:35.86	+0,79
	50m: 37.36	37.36 150m: 2:02.10	42.88	250m: 3:28.31	43.27	350m: 4:54.87
	100m: 1:19.22	41.86 200m: 2:45.04	42.94	300m: 4:11.25	42.94	400m: 5:35.86
10.	Sanne Pruntel	ZV Vlaardingen-Schiedam	5:29.00	200802010	5:37.90	+0,76
	50m: 35.75	35.75 150m: 1:59.25	42.91	250m: 3:27.12	43.76	350m: 4:54.81
	100m: 1:16.34	40.59 200m: 2:43.36	44.11	300m: 4:11.27	44.15	400m: 5:37.90
11.	Florien van Veenen	WZK	5:29.66	200801242	5:40.38	+0,44
	50m: 36.86	36.86 150m: 2:01.44	43.72	250m: 3:29.49	44.83	350m: 4:59.69
	100m: 1:17.72	40.86 200m: 2:44.66	43.22	300m: 4:13.14	43.65	400m: 5:40.38
12.	Linette van Elst	Blue Marlins	5:29.25	200801266	5:51.06	+0,77
	50m: 37.97	37.97 150m: 2:05.71	45.35	250m: 3:38.04	46.15	350m: 5:09.05
	100m: 1:20.36	42.39 200m: 2:51.89	46.18	300m: 4:24.33	46.29	400m: 5:51.06

Senioren 1 en ouder

1.	Merel Schravendijk	Blue Marlins	4:14.89	200503382	4:28.79	+0,69
	50m: 30.43	30.43 150m: 1:37.45	33.87	250m: 2:46.12	34.53	350m: 3:55.42
	100m: 1:03.58	33.15 200m: 2:11.59	34.14	300m: 3:20.79	34.67	400m: 4:28.79
2.	Lynn Blommers	Blue Marlins	4:33.77	200105062	4:35.27	+0,68
	50m: 30.72	30.72 150m: 1:39.63	34.91	250m: 2:50.03	35.05	350m: 4:00.70
	100m: 1:04.72	34.00 200m: 2:14.98	35.35	300m: 3:25.53	35.50	400m: 4:35.27
3.	Angelique van Vark	GZC DONK	4:26.29	199701478	4:40.49	+0,65
	50m: 31.14	31.14 150m: 1:39.59	34.69	250m: 2:51.52	36.25	350m: 4:04.95
	100m: 1:04.90	33.76 200m: 2:15.27	35.68	300m: 3:28.29	36.77	400m: 4:40.49
4.	Melanie Marinus-Cruz	Blue Marlins	4:49.45	200404702	4:56.76	+0,77
	50m: 32.50	32.50 150m: 1:47.06	37.99	250m: 3:03.08	37.74	350m: 4:20.01
	100m: 1:09.07	36.57 200m: 2:25.34	38.28	300m: 3:41.75	38.67	400m: 4:56.76
5.	Donna van der Meer	BZ en PC	4:56.96	200601146	5:06.21	+0,68
	50m: 34.21	34.21 150m: 1:52.38	39.45	250m: 3:11.02	39.47	350m: 4:28.90
	100m: 1:12.93	38.72 200m: 2:31.55	39.17	300m: 3:50.08	39.06	400m: 5:06.21
6.	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	5:04.00	200605262	5:27.25	+0,84
	50m: 35.55	35.55 150m: 1:58.16	41.65	250m: 3:21.33	41.72	350m: 4:47.43
	100m: 1:16.51	40.96 200m: 2:39.61	41.45	300m: 4:04.31	42.98	400m: 5:27.25
7.	Sabine Looden	De Columbiaan	5:36.69	200601390	5:45.22	+0,77
	50m: 37.86	37.86 150m: 2:05.93	44.73	250m: 3:35.18	44.50	350m: 5:03.52
	100m: 1:21.20	43.34 200m: 2:50.68	44.75	300m: 4:19.66	44.48	400m: 5:45.22
8.	Esmeralda Elbers	Blue Marlins	6:08.24	200404888	6:29.87	+0,78
	50m: 41.47	41.47 150m: 2:17.26	48.96	250m: 3:57.93	50.54	350m: 5:39.36
	100m: 1:28.30	46.83 200m: 3:07.39	50.13	300m: 4:49.27	51.34	400m: 6:29.87
AFGEM	Laura 't Lam	De Geul	5:21.35	200603376		

Provinciale Kampioenschappen lb - sessie 1-4
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Programmanr. 3
25-5-2024 - 11:10

Heren, 200m schoolslag

Junioren 1 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 1 en 2								
1. Duco de Gelder	Blue Marlins	2:46.12 201000217	2:44.44	+0,71	35.71	1:18.45	2:01.57	2:44.44
2. Myron Artemenko	Niemo Barracuda	2:57.70 201003021	2:51.09	+0,72	38.09	1:21.40	2:04.92	2:51.09
3. Luca Monster	ZPC Numansdorp	2:53.34 201100343	2:54.28	+0,68	37.72	1:22.18	2:07.83	2:54.28
4. D. van den Nouland	Blue Marlins	2:49.69 201000071	2:55.88	+0,54	39.50	1:24.12	2:10.17	2:55.88
5. Thijs Jonkman	De Duck	2:57.49 201000481	3:02.25	+0,81	40.58	1:26.83	2:15.59	3:02.25
6. Sander de Bruin	ZZ&PC De Devel	3:08.08 201100617	3:02.59	+0,67	40.56	1:27.24	2:15.26	3:02.59
7. Jason Xu	Blue Marlins	3:15.96 201001079	3:04.21	+0,75	42.01	1:28.03	2:15.86	3:04.21
8. Eli Shields	Niemo Barracuda	2:58.40 201000407	3:06.98	+0,65	41.90	1:30.36	2:18.73	3:06.98
9. Joep Lindhout	Niemo Barracuda	3:20.30 201100873	3:07.33	+0,71	43.86	1:31.44	2:20.17	3:07.33
10. Roemer Bindels	Blue Marlins	3:27.45 201003335	3:12.55	+0,65	43.46	1:31.74	2:23.59	3:12.55
11. Tygo van Berkel	De Geul	3:19.85 201000327	3:14.05	+0,73	44.38	1:34.24	2:26.35	3:14.05
12. Syb Boerema	z.c De Schotejil	3:19.76 201000359	3:16.12	+0,62	42.60	1:32.61	2:24.80	3:16.12
13. Jake van Duivendijk	Blue Marlins	3:16.83 201000945	3:16.34	+0,61	43.42	1:35.22	2:27.04	3:16.34
14. Gijs van der Lee	AZC	3:18.09 201101237	3:21.23	+0,72	43.63	1:35.45	2:28.62	3:21.23
15. Hamza Rafaan	GZC DONK	3:27.10 201003527	3:27.68	+0,62	45.01	1:37.78	2:33.72	3:27.68
16. Niels Theunisz	De Linge PCG	3:28.53 201002573	3:33.85	+0,69	47.86	1:43.45	2:39.05	3:33.85
DIS Thijs van Kints	BZ en PC	3:12.42 201101059		+0,79				

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

NG.ZA Izayah Castillo Blue Marlins 3:18.85 201100311

Junioren 3 en 4

1. Adriaan Coppelmans	AZC	2:34.43 200903243	2:38.15	+0,64	34.61	1:14.70	1:56.44	2:38.15
2. Tristan Fredema	Blue Marlins	2:43.77 200903699	2:42.76	+0,72	36.81	1:18.86	2:00.83	2:42.76
3. Gijs Hartwijk	ZVL-1886 Center	2:43.16 200800573	2:43.03	+0,65	37.41	1:18.58	2:00.87	2:43.03
4. Floris van der Valk	Wiekslag	2:39.72 200801891	2:45.92	+0,62	34.88	1:17.49	2:02.22	2:45.92
5. Jan Schouten	ZVL-1886 Center	2:45.86 200902305	2:47.58	+0,85	37.69	1:19.97	2:03.22	2:47.58
6. Ivo Bot	Wiekslag	2:52.10 200900509	2:49.32	+0,73	36.62	1:20.14	2:05.31	2:49.32
7. Seth van den Dool	GZC DONK	2:49.51 200803809	2:56.78	+0,69	39.19	1:25.07	2:10.68	2:56.78
8. Fabrice Poot	ZV De Watervogels	2:50.60 200800757	2:56.89	+0,80	40.25	1:24.83	2:11.56	2:56.89
9. Lucas Bongers	ZOB'66	3:13.87 200800903	3:00.14	+0,67	39.57	1:26.48	2:13.94	3:00.14
10. Niek Sonneveld	WVZ	2:56.46 200802631	3:00.55	+0,64	39.71	1:24.82	2:12.91	3:00.55
11. Thijs Bijman	Niemo Barracuda	3:01.94 200901111	3:02.44	+0,87	41.88	1:29.04	2:17.44	3:02.44
12. Felix Rademaker	Blue Marlins	3:08.53 200804057	3:03.52	+0,72	42.20	1:29.07	2:16.77	3:03.52
13. Milan Roos	ZOB'66	3:08.91 200802971	3:03.94	+0,69	39.58	1:26.27	2:14.47	3:03.94
14. Idse Eisses	WVZ	3:05.65 200900009	3:09.02	+0,73	42.35	1:30.93	2:20.35	3:09.02
15. Yaroslav Budylevskiy	Niemo Barracuda	3:08.80 200903563	3:09.74	+0,70	42.18	1:30.14	2:20.28	3:09.74
16. Bink de Vries	AZC	2:59.65 200901887	3:10.74	+0,69	41.59	1:28.93	2:19.78	3:10.74
17. Luca Kamps	De Vliet (SG)	3:04.73 200900891	3:11.09	+0,79	42.46	1:31.44	2:22.44	3:11.09
18. Nathan Creyf	WZK	3:18.62 200903557	3:12.98	+0,78	41.61	1:31.57	2:23.43	3:12.98
19. Ruben de Graaf	De Duck	3:04.96 200901477	3:17.67	+0,72	44.14	1:34.42	2:26.29	3:17.67
20. Brayden Vered	Blue Marlins	3:20.81 200802517	3:21.53	+0,83	46.55	1:38.92	2:31.01	3:21.53
21. Thom Veldhoen	ZZ&PC De Devel	3:15.12 200901159	3:21.74	+0,61	42.70	1:34.69	2:28.94	3:21.74
NG Thygo van Peppel	Blue Marlins	2:31.00 200901101						

Jeugd 1 en 2

1. Roan van der Weide	Blue Marlins	2:20.33 200601629	2:28.85	+0,72	33.55	1:11.17	1:50.32	2:28.85
2. Joshua Agussalim	WVZ	2:25.89 200600153	2:29.04	+0,67	33.03	1:10.28	1:49.27	2:29.04
3. Jesse van der Meij	ZVL-1886 Center	2:34.34 200600841	2:33.11	+0,72	33.88	1:12.27	1:52.91	2:33.11
4. Daan Sonneveld	WVZ	2:39.26 200601085	2:35.27	+0,65	35.07	1:15.65	1:56.02	2:35.27
5. Twan Huisman	WVZ	2:32.00 200702207	2:36.33	+0,74	35.05	1:16.18	1:57.27	2:36.33
6. Hessel de Jong	ACZ	2:36.28 200602753	2:36.48	+0,69	34.00	1:13.28	1:54.05	2:36.48
7. Denzel Barthen	WVZ	2:29.54 200700147	2:38.39	+0,73	35.28	1:15.36	1:57.51	2:38.39
8. Thierry Zulver	ZV Vlaardingen-Schiedt	2:27.11 200700023	2:39.23	+0,66	35.13	1:15.65	1:56.71	2:39.23
9. Bas Blanker	ACZ	2:36.33 200601497	2:41.54	+0,68	34.99	1:16.48	1:59.77	2:41.54
10. Twan Hoogervorst	De Columbiaan	2:49.06 200700741	2:48.54	+0,66	36.74	1:19.99	2:04.85	2:48.54
11. S. Eschbach	ZZ&PC De Devel	2:44.14 200602013	2:48.89	+0,68	36.73	1:19.08	2:03.38	2:48.89
12. Kristian Hoogenraad	ZV Westland	2:50.20 200602899	2:54.31	+0,74	36.34	1:19.67	2:06.45	2:54.31
13. James Lawton	De Columbiaan	2:52.28 200700745	2:59.39	+0,60	38.24	1:23.69	2:12.57	2:59.39
14. Joshua Posthoorn	Blue Marlins	2:50.31 200701749	3:01.76	+0,73	38.99	1:24.35	2:12.91	3:01.76
DIS Jasper Groen	ACZ	2:42.90 200602325		+0,69				

SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 3, Heren, 200m schoolslag

Senioren 1 en ouder

1. Jasper Willig	Blue Marlins	2:22.67	200104757	2:28.38	+0,69	31.54	1:07.67	1:46.34	2:28.38
2. D. van den Nieuwendijk	De Columbiaan	2:33.37	200100475	2:31.51	+0,73	33.41	1:11.63	1:51.45	2:31.51
3. Bert Duivenvoorde	De Columbiaan	2:35.59	199701805	2:33.35	+0,71	34.76	1:13.02	1:53.48	2:33.35
4. Erik Simons	WZK	2:33.02	198902845	2:35.07	+0,78	32.89	1:10.96	1:51.86	2:35.07
5. Paul van Grol	GZC DONK	2:41.83	199602951	2:37.48	+0,63	35.04	1:15.34	1:56.72	2:37.48
6. Thomas Hesper	Niemo Barracuda	2:40.33	200004181	2:38.15	+0,85	34.90	1:14.74	1:56.11	2:38.15
7. Mart de Koning	ZOB'66	2:36.54	200203253	2:46.39	+0,69	36.17	1:18.23	2:03.34	2:46.39
8. David Kievit	z.c De Schotejil	2:46.17	199900325	2:48.27	+0,76	36.92	1:18.88	2:02.68	2:48.27
9. Thijs Visser	Niemo Barracuda	2:36.29	200502129	2:48.85	+0,77	34.25	1:16.63	2:01.76	2:48.85
10. Simon Dijkstra	Blue Marlins	2:38.69	200204905	2:54.00	+0,66	32.35	1:12.76	2:04.81	2:54.00

* BU 200m

Programmanr. 4
25-5-2024 - 11:40

Dames, 200m rugslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
Junioren 1 en 2									
1. Malin Roozeboom	WVZ	2:20.80	201100006	2:27.04	+0,76	34.48	1:12.69	1:50.81	2:27.04
2. Milou Filemon	Blue Marlins	2:38.48	201100078	2:36.80	+0,77	36.72	1:16.43	1:56.79	2:36.80
3. Julia Bannatyne	BZ en PC	2:45.03	201201020	2:39.99	+0,84	37.07	1:17.74	1:59.59	2:39.99
4. Odenza Soselisa	Blue Marlins	2:38.17	201101780	2:40.90	+0,75	37.89	1:19.72	2:01.95	2:40.90
5. Simone Brobbel	ZPC Numansdorp	2:40.65	201200058	2:41.25	+0,78	36.84	1:18.73	2:00.94	2:41.25
6. Meike van der Klugt	WVZ	2:43.30	201100808	2:43.23	+0,65	38.07	1:19.73	2:02.54	2:43.23
7. Chloé in 't Veen	WVZ	2:45.87	201100010	2:46.00	+0,73	38.76	1:20.91	2:03.54	2:46.00
8. Alaine Dumont	ZV De Watervogels	2:46.14	201102140	2:48.51	+0,59	38.63	1:21.66	2:06.23	2:48.51
9. Minke Oliva Bouman	Blue Marlins	2:47.94	201100104	2:52.00	+0,86	39.84	1:23.67	2:08.33	2:52.00
10. Sophie Hoogervorst	AZC	2:50.92	201100252	2:52.83	+0,64	40.72	1:24.70	2:09.03	2:52.83
11. Guusje van Geest	ZV Vlaardingen-Schied	2:59.00	201200352	2:56.49	+0,63	41.70	1:26.81	2:12.87	2:56.49
12. Tatum Vered	Blue Marlins	3:09.76	201201322	3:04.49	+0,86	45.98	1:33.66	2:20.51	3:04.49
13. Eline van Berkel	De Geul	3:11.62	201200232	3:16.42	+0,63	45.80	1:36.72	2:29.02	3:16.42

Junioren 3 en 4

1. Nina van der Schrier	AZC	2:32.25	201000444	2:30.05	+0,67	35.21	1:13.36	1:52.45	2:30.05
2. Ece öngören	Blue Marlins	2:25.12	200903862	2:34.90	+0,72	35.68	1:14.89	1:55.68	2:34.90
3. Julia Dabrowska	Blue Marlins	2:32.86	201000300	2:35.35	+0,69	35.59	1:14.67	1:55.74	2:35.35
4. Raegan Belmar	Blue Marlins	2:37.60	201004070	2:35.74	+0,83	36.30	1:15.77	1:56.50	2:35.74
5. Anouk Steller	WVZ	2:33.45	201000004	2:36.17	+0,60	35.43	1:14.84	1:55.85	2:36.17
6. Erin de Jong	GZC DONK	2:31.78	201000024	2:36.25	+0,80	37.15	1:16.57	1:57.27	2:36.25
7. Tess van de Steeg	WVZ	2:33.79	201000016	2:36.85	+0,65	36.77	1:16.33	1:56.54	2:36.85
8. Faye Thijsse	WVZ	2:37.61	201001364	2:37.66	+0,82	35.79	1:15.98	1:57.70	2:37.66
9. H. Forschelen	MNC Dordrecht	2:40.81	200903572	2:39.94	+0,73	38.76	1:19.14	2:00.11	2:39.94
10. Elin Riedijk	Blue Marlins	2:40.04	201002056	2:42.17	+0,76	38.31	1:19.45	2:01.48	2:42.17
11. Jasmijn Schoonen	Wiekslag	2:44.03	200901196	2:42.30	+0,75	38.64	1:20.13	2:02.05	2:42.30
12. Mariia Kostina	Blue Marlins	2:33.59	201002042	2:42.62	+0,77	35.78	1:16.36	1:59.54	2:42.62
13. Gwen Hermans	De Columbiaan	2:40.30	200900058	2:43.68	+0,56	38.32	1:20.37	2:03.14	2:43.68
14. Tess Meeuwissen	De Columbiaan	2:45.97	201000370	2:43.94	+0,79	37.96	1:20.29	2:03.41	2:43.94
15. Jorja Verschoor	AZC	2:52.86	200902640	2:44.53	+0,87	38.61	1:20.58	2:02.96	2:44.53
16. Victoria Diederiks	ZVL-1886 Center	2:38.04	200900758	2:44.84	+0,82	39.25	1:21.70	2:04.02	2:44.84
17. Nina Tetteroo	De Columbiaan	2:45.21	201000048	2:46.59	+0,70	39.56	1:21.27	2:04.54	2:46.59
18. Suuz Griekspoor	Noordwijkerhout	2:43.70	200901204	2:46.88	+0,73	38.23	1:20.40	2:04.16	2:46.88
19. Sanne Mulder	WVZ	2:45.87	200900280	2:47.81	+0,63	39.12	1:21.65	2:05.73	2:47.81
20. Eefje van Hinsbergen	Blue Marlins	2:53.81	201002252	2:48.07	+0,67	40.52	1:23.23	2:06.20	2:48.07
21. Eva Ehlert	GZC DONK	2:53.11	201002026	2:49.09	+0,65	39.94	1:23.00	2:06.37	2:49.09
22. Nienke v. Weenen	z.c De Schotejil	2:48.01	201000282	2:50.80	+0,68	41.12	1:24.69	2:09.15	2:50.80
23. Fleur van den Eijk	Blue Marlins	2:35.87	200900304	2:51.22	+0,67	38.17	1:21.22	2:05.81	2:51.22
24. Annika Binneveld	De Duck	2:47.33	201001268	2:56.78	+0,62	40.69	1:25.92	2:12.34	2:56.78
25. Tess Liebrechts	GZC DONK	2:46.03	201000212	2:56.97	+0,75	42.61	1:28.31	2:13.83	2:56.97
26. Esmée van Sliedregt	ZOB'66	2:52.80	200902608	2:57.10	+0,62	40.01	1:26.15	2:13.31	2:57.10
27. Ilse Stout	ACZ	2:56.81	201001704	2:57.91	+0,83	41.60	1:26.55	2:12.69	2:57.91
28. Robin Jacobs	WZK	2:59.06	200903708	2:58.38		42.12	1:26.42	2:12.82	2:58.38

* BU 50m

29. Tessa de Jong	GZC DONK	2:57.49	201000026	2:59.59	+0,72	41.60	1:26.91	2:13.10	2:59.59
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Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 4, Meisjes, 200m rugslag, Junioren 3 en 4

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
30. Stella Nicoud * BU 100m	WZK	3:05.99	200903706	3:02.94	+0,87	39.03	1:25.71	2:14.26	3:02.94
31. Annick Gorissen	Blue Marlins	3:04.39	201002248	3:04.56	+0,90	42.01	1:30.06	2:18.46	3:04.56

Jeugd 1 en 2

1. Jinth Engelse	Niemo Barracuda	2:14.06	200800204	2:16.88	+0,67	32.46	1:07.35	1:42.72	2:16.88
2. Jade van der Schrier	AZC	2:24.24	200800692	2:25.14	+0,68	34.41	1:11.04	1:48.54	2:25.14
3. Floor Hogervorst	Blue Marlins	2:20.72	200701400	2:30.01	+0,75	34.30	1:12.75	1:52.72	2:30.01
4. Meyke v. Nimwegen	z.c De Schotejil	2:31.18	200800106	2:30.75	+0,63	36.21	1:14.32	1:53.16	2:30.75
5. Mila Oomens	Niemo Barracuda	2:34.68	200700016	2:32.35	+0,70	35.19	1:13.75	1:53.60	2:32.35
6. Ilse Rozema * BU 200m	Blue Marlins	2:32.27	200803318	2:34.17	+0,64	36.47	1:15.96	1:55.31	2:34.17
7. Liv Heijdra	WVZ	2:29.48	200800736	2:38.56	+0,65	35.29	1:14.44	1:57.48	2:38.56
8. J. Gomes Delgado	Feijenoord Albion	2:40.61	200800738	2:39.36	+0,70	35.86	1:16.58	1:59.24	2:39.36
9. Annedieke Scholte	Blue Marlins	2:30.30	200701110	2:42.46	+0,71	36.48	1:17.83	2:00.42	2:42.46
10. Myrthe Kramer	De Duck	2:45.70	200802056	2:45.89	+0,71	37.41	1:19.35	2:03.44	2:45.89
11. Laura Booi	ZPB H&L Productions	2:43.28	200801292	2:47.94	+0,85	39.34	1:21.78	2:07.11	2:47.94
12. Daynah de Snaijer	Zoetermeer	2:50.88	200802266	2:48.88	+0,63	39.56	1:22.19	2:05.63	2:48.88
13. Dominique Overduin	z.c De Schotejil	2:44.74	200700172	2:52.60	+0,63	38.33	1:21.00	2:06.85	2:52.60
14. Carice Forschelen	MNC Dordrecht	2:52.67	200804338	2:55.64	+0,74	40.45	1:26.61	2:12.35	2:55.64
15. S. van der Jagt	Poseidon'56	2:46.05	200700220	2:59.31	+0,72	41.64	1:26.86	2:13.90	2:59.31
16. Sanne Pruntel	ZV Vlaardingen-Schied	2:52.93	200802010	3:03.17	+0,67	41.41	1:28.17	2:16.45	3:03.17
DIS Juliëtte Priester	WZK	2:42.62	200800872		+0,84				

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Senioren 1 en ouder

1. Leyla Oversluizen	Feijenoord Albion	2:34.14	200602730	2:32.24	+0,66	34.73	1:13.07	1:53.03	2:32.24
2. Madelief Mans	Blue Marlins	2:30.06	200501260	2:34.02	+0,75	35.25	1:14.13	1:54.82	2:34.02
3. Julia Notenboom	De Columbiaan	2:31.73	200302596	2:35.52	+0,63	36.58	1:16.06	1:56.33	2:35.52
4. Alina Verga	Blue Marlins	2:28.13	200603112	2:39.85	+0,66	37.42	1:17.69	1:58.46	2:39.85
5. Donna van der Meer	BZ en PC	2:39.93	200601146	2:41.53	+0,73	38.12	1:19.42	2:00.92	2:41.53
6. Hilda Vrijbloed	ZV Vlaardingen-Schied	2:34.15	200605262	2:44.94	+0,57	38.44	1:20.85	2:03.43	2:44.94
AFGEM Laura 't Lam	De Geul	2:39.15	200603376						
AFGEM Aisha Nobels	z.c De Schotejil	2:38.29	200501710						
AFGEM Robin Pienaar	Niemo Barracuda	2:37.54	200102236						

Programmanr. 5
25-5-2024 - 13:30

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT			
Junioren 1 en 2							
1. Myron Artemenko	Niemo Barracuda	5:05.57	201003021	4:45.86	+0,72		
50m: 32.53	32.53	150m: 1:46.44	37.45	250m: 2:59.67	35.74	350m: 4:10.79	34.70
100m: 1:08.99	36.46	200m: 2:23.93	37.49	300m: 3:36.09	36.42	400m: 4:45.86	35.07
2. Duco de Gelder	Blue Marlins	4:47.48	201000217	4:48.30	+0,68		
50m: 32.18	32.18	150m: 1:45.85	37.45	250m: 3:00.73	37.66	350m: 4:14.14	36.42
100m: 1:08.40	36.22	200m: 2:23.07	37.22	300m: 3:37.72	36.99	400m: 4:48.30	34.16
3. Dax van den Noulard	Blue Marlins	4:48.00	201000071	4:48.38	+0,56		
50m: 32.86	32.86	150m: 1:45.61	36.93	250m: 3:00.01	37.47	350m: 4:13.63	36.50
100m: 1:08.68	35.82	200m: 2:22.54	36.93	300m: 3:37.13	37.12	400m: 4:48.38	34.75
4. Girish Nolden	Blue Marlins	4:49.32	201000087	4:51.80	+0,68		
50m: 32.29	32.29	150m: 1:47.18	37.73	250m: 3:03.35	37.33	350m: 4:17.21	36.08
100m: 1:09.45	37.16	200m: 2:26.02	38.84	300m: 3:41.13	37.78	400m: 4:51.80	34.59
5. Eli Shields	Niemo Barracuda	5:00.43	201000407	4:55.45	+0,67		
50m: 32.79	32.79	150m: 1:46.72	37.63	250m: 3:02.91	38.14	350m: 4:19.15	38.12
100m: 1:09.09	36.30	200m: 2:24.77	38.05	300m: 3:41.03	38.12	400m: 4:55.45	36.30
6. Thijs Jonkman	De Duck	5:00.54	201000481	5:03.98	+0,74		
50m: 32.02	32.02	150m: 1:47.40	37.97	250m: 3:05.34	39.27	350m: 4:13.63	40.93
100m: 1:09.43	37.41	200m: 2:26.07	38.67	300m: 3:45.30	39.96	400m: 5:03.98	37.75
7. Lev Rudman	Blue Marlins	5:10.85	201102343	5:07.36	+0,70		
50m: 35.63	35.63	150m: 1:55.44	40.32	250m: 3:12.14	36.80	350m: 4:30.62	39.37
100m: 1:15.12	39.49	200m: 2:35.34	39.90	300m: 3:51.25	39.11	400m: 5:07.36	36.74

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 5, Jongens, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT	
8.	Mees Janssen	DSZ	5:02.64	201102025	5:07.49 +0,63	
	50m: 33.14	33.14 150m: 1:49.19	38.73	250m: 3:07.30	39.27 350m: 4:27.92	40.73
	100m: 1:10.46	37.32 200m: 2:28.03	38.84	300m: 3:47.19	39.89 400m: 5:07.49	39.57
9.	Roemer Bindels	Blue Marlins	5:05.69	201003335	5:10.25 +0,69	
	50m: 34.12	34.12 150m: 1:52.05	39.63	250m: 3:13.09	40.09 350m: 4:32.21	39.20
	100m: 1:12.42	38.30 200m: 2:33.00	40.95	300m: 3:53.01	39.92 400m: 5:10.25	38.04
10.	Thijs van Kints	BZ en PC	5:07.93	201101059	5:11.12 +0,71	
	50m: 34.36	34.36 150m: 1:51.81	39.55	250m: 3:11.57	39.65 350m: 4:33.52	41.03
	100m: 1:12.26	37.90 200m: 2:31.92	40.11	300m: 3:52.49	40.92 400m: 5:11.12	37.60
11.	Vince van Dam	ACZ	5:08.78	201000405	5:13.88 +0,60	
	50m: 34.73	34.73 150m: 1:53.14	39.63	250m: 3:13.64	40.35 350m: 4:34.85	40.49
	100m: 1:13.51	38.78 200m: 2:33.29	40.15	300m: 3:54.36	40.72 400m: 5:13.88	39.03
12.	Kris Westerhout	ZZ&PC De Devel	4:52.43	201000883	5:14.22 +0,65	
	50m: 34.26	34.26 150m: 1:54.13	40.61	250m: 3:16.28	41.08 350m: 4:35.34	37.99
	100m: 1:13.52	39.26 200m: 2:35.20	41.07	300m: 3:57.35	41.07 400m: 5:14.22	38.88
13.	Luca Monster	ZPC Numansdorp	5:16.23	201100343	5:15.79 +0,68	
	50m: 33.72	33.72 150m: 1:52.46	40.08	250m: 3:14.90	41.13 350m: 4:37.15	40.97
	100m: 1:12.38	38.66 200m: 2:33.77	41.31	300m: 3:56.18	41.28 400m: 5:15.79	38.64
14.	Syb Boerema	z.c De Schotejil	5:20.85	201000359	5:21.86 +0,52	
	50m: 34.94	34.94 150m: 1:56.68	42.13	250m: 3:19.81	40.79 350m: 4:42.44	41.67
	100m: 1:14.55	39.61 200m: 2:39.02	42.34	300m: 4:00.77	40.96 400m: 5:21.86	39.42
15.	Costijn van Elst	Blue Marlins	5:30.47	201100317	5:22.32 +0,58	
	50m: 34.42	34.42 150m: 1:56.46	40.85	250m: 3:19.52	41.44 350m: 4:42.89	40.94
	100m: 1:15.61	41.19 200m: 2:38.08	41.62	300m: 4:01.95	42.43 400m: 5:22.32	39.43
16.	Tygo van Berkel	De Geul	5:21.22	201000327	5:24.46 +0,69	
	50m: 35.74	35.74 150m: 1:58.99	41.92	250m: 3:25.50	43.60 350m: 4:48.32	40.41
	100m: 1:17.07	41.33 200m: 2:41.90	42.91	300m: 4:07.91	42.41 400m: 5:24.46	36.14
17.	Joep Lindhout	Niemo Barracuda	5:34.58	201100873	5:26.78 +0,66	
	50m: 36.97	36.97 150m: 1:59.66	41.96	250m: 3:23.65	42.58 350m: 4:48.07	41.87
	100m: 1:17.70	40.73 200m: 2:41.07	41.41	300m: 4:06.20	42.55 400m: 5:26.78	38.71
18.	Rens van der Es	De Geul	5:38.75	201000583	5:34.12 +0,64	
	50m: 36.56	36.56 150m: 2:01.60	43.36	250m: 3:28.15	43.19 350m: 4:55.04	42.80
	100m: 1:18.24	41.68 200m: 2:44.96	43.36	300m: 4:12.24	44.09 400m: 5:34.12	39.08
19.	Sander de Bruin *BU 300m	ZZ&PC De Devel	5:31.00	201100617	5:34.54 +0,67	
	50m: 35.93	35.93 150m: 1:59.42	42.18	250m: 3:25.66	42.30 350m: 4:52.71	42.84
	100m: 1:17.24	41.31 200m: 2:43.36	43.94	300m: 4:09.87	44.21 400m: 5:34.54	41.83
20.	Gijs van der Lee	AZC	5:45.42	201101237	5:34.80 +0,72	
	50m: 37.02	37.02 150m: 2:02.28	43.03	250m: 3:28.48	42.72 350m: 4:55.50	43.42
	100m: 1:19.25	42.23 200m: 2:45.76	43.48	300m: 4:12.08	43.60 400m: 5:34.80	39.30
21.	Finn Knijnenburg	De Columbiaan	5:44.21	201101319	5:35.43 +0,65	
	50m: 37.51	37.51 150m: 2:02.66	43.15	250m: 3:29.91	43.59 350m: 4:56.68	42.59
	100m: 1:19.51	42.00 200m: 2:46.32	43.66	300m: 4:14.09	44.18 400m: 5:35.43	38.75
22.	Izayah Castillo	Blue Marlins	5:36.64	201100311	5:36.09 +0,75	
	50m: 34.55	34.55 150m: 2:00.11	43.25	250m: 3:27.51	44.17 350m: 4:55.66	44.03
	100m: 1:16.86	42.31 200m: 2:43.34	43.23	300m: 4:11.63	44.12 400m: 5:36.09	40.43
23.	Jake van Duivendijk	Blue Marlins	5:37.00	201000945	5:40.14 +0,76	
	50m: 37.70	37.70 150m: 2:03.81	43.87	250m: 3:33.54	45.65 350m: 5:00.88	43.45
	100m: 1:19.94	42.24 200m: 2:47.89	44.08	300m: 4:17.43	43.89 400m: 5:40.14	39.26
24.	David van der Valk	Wiekslag	5:34.49	201100519	5:41.90 +0,68	
	50m: 38.94	38.94 150m: 2:04.92	43.42	250m: 3:33.51	44.56 350m: 5:01.62	43.65
	100m: 1:21.50	42.56 200m: 2:48.95	44.03	300m: 4:17.97	44.46 400m: 5:41.90	40.28
25.	Nick de Vries	Poseidon'56	5:58.52	201000225	5:58.77 +0,50	
	50m: 36.01	36.01 150m: 2:06.92	47.19	250m: 3:41.99	47.55 350m: 5:18.19	47.92
	100m: 1:19.73	43.72 200m: 2:54.44	47.52	300m: 4:30.27	48.28 400m: 5:58.77	40.58
26.	Joshua Walkow	WZK	6:00.44	201003587	5:58.87 +0,72	
	50m: 36.13	36.13 150m: 2:07.32	47.55	250m: 3:42.24	48.16 350m: 5:16.41	47.58
	100m: 1:19.77	43.64 200m: 2:54.08	46.76	300m: 4:28.83	46.59 400m: 5:58.87	42.46
27.	Koen van Merrienboer *BU 200m	ZV Vlaardingeng-Schiedam	5:57.21	201101623	6:11.68 +0,87	
	50m: 38.32	38.32 150m: 2:12.03	48.16	250m: 3:51.79	50.43 350m: 5:33.47	50.71
	100m: 1:23.87	45.55 200m: 3:01.36	49.33	300m: 4:42.76	50.97 400m: 6:11.68	38.21
28.	Enrico Avella	De Columbiaan	6:23.15	201000727	6:19.24 +0,67	
	50m: 36.88	36.88 150m: 2:10.47	48.42	250m: 3:50.45	50.37 350m: 5:31.35	50.29
	100m: 1:22.05	45.17 200m: 3:00.08	49.61	300m: 4:41.06	50.61 400m: 6:19.24	47.89

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 5, Jongens, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT	
24.	Lucas Bongers	ZOB'66	5:23.72	200800903	5:19.51 +0,66	
	50m: 33.35	33.35 150m: 1:51.84	40.04	250m: 3:15.44	42.43 350m: 4:40.34	42.47
	100m: 1:11.80	38.45 200m: 2:33.01	41.17	300m: 3:57.87	42.43 400m: 5:19.51	39.17
25.	Jochem Evers	ZVL-1886 Center	5:18.88	200903423	5:24.16 +0,85	
	50m: 36.61	36.61 150m: 1:59.32	41.77	250m: 3:23.75	42.10 350m: 4:46.16	41.13
	100m: 1:17.55	40.94 200m: 2:41.65	42.33	300m: 4:05.03	41.28 400m: 5:24.16	38.00
26.	Kay Remmerswaal	D.E.S.	5:25.01	200800671	5:24.94 +0,82	
	50m: 35.35	35.35 150m: 1:58.30	41.50	250m: 3:24.07	43.09 350m: 4:47.57	40.73
	100m: 1:16.80	41.45 200m: 2:40.98	42.68	300m: 4:06.84	42.77 400m: 5:24.94	37.37
27.	Luca Kamps	De Vliet (SG)	5:05.94	200900891	5:30.00 +0,84	
	50m: 35.27	35.27 150m: 1:57.44	41.80	250m: 3:23.84	43.32 350m: 4:49.97	42.56
	100m: 1:15.64	40.37 200m: 2:40.52	43.08	300m: 4:07.41	43.57 400m: 5:30.00	40.03
28.	Brayden Vered	Blue Marlins	5:27.46	200802517	5:30.29 +0,80	
	50m: 36.63	36.63 150m: 2:00.25	41.56	250m: 3:25.29	42.49 350m: 4:49.74	41.17
	100m: 1:18.69	42.06 200m: 2:42.80	42.55	300m: 4:08.57	43.28 400m: 5:30.29	40.55
NG	Joey Pop	ZV Vlaardingen-Schiedam	4:28.77	200800277		

Jeugd 1 en 2

1.	Boele Böhm	Blue Marlins	4:08.73	200700739	4:15.24 +0,67	
	50m: 28.92	28.92 150m: 1:34.53	33.32	250m: 2:40.28	32.87 350m: 3:44.41	31.53
	100m: 1:01.21	32.29 200m: 2:07.41	32.88	300m: 3:12.88	32.60 400m: 4:15.24	30.83
2.	Vincent Huele	Blue Marlins	4:11.54	200703423	4:20.98 +0,73	
	50m: 29.03	29.03 150m: 1:34.65	33.17	250m: 2:41.64	33.65 350m: 3:48.81	33.82
	100m: 1:01.48	32.45 200m: 2:07.99	33.34	300m: 3:14.99	33.35 400m: 4:20.98	32.17
3.	Bas Blanker	ACZ	4:18.95	200601497	4:22.96 +0,67	
	50m: 29.95	29.95 150m: 1:36.09	33.62	250m: 2:44.28	34.07 350m: 3:52.04	34.00
	100m: 1:02.47	32.52 200m: 2:10.21	34.12	300m: 3:18.04	33.76 400m: 4:22.96	30.92
4.	Denzel Barthen	WVZ	4:07.49	200700147	4:23.26 +0,71	
	50m: 29.02	29.02 150m: 1:34.84	33.56	250m: 2:43.40	34.47 350m: 3:52.90	34.27
	100m: 1:01.28	32.26 200m: 2:08.93	34.09	300m: 3:18.63	35.23 400m: 4:23.26	30.36
5.	Lars Bulman	Blue Marlins	4:21.24	200600125	4:23.46 +0,70	
	50m: 29.89	29.89 150m: 1:37.19	33.79	250m: 2:44.95	33.47 350m: 3:52.72	33.79
	100m: 1:03.40	33.51 200m: 2:11.48	34.29	300m: 3:18.93	33.98 400m: 4:23.46	30.74
6.	Laurens Kalle	z.c De Schotejil	4:31.41	200600161	4:30.36 +0,72	
	50m: 29.23	29.23 150m: 1:37.25	35.07	250m: 2:47.02	34.53 350m: 3:57.41	35.14
	100m: 1:02.18	32.95 200m: 2:12.49	35.24	300m: 3:22.27	35.25 400m: 4:30.36	32.95
7.	Boyd Delsaerd	Blue Marlins	4:27.74	200704051	4:33.49 +0,72	
	50m: 30.06	30.06 150m: 1:37.19	34.48	250m: 2:47.87	35.44 350m: 3:59.57	35.49
	100m: 1:02.71	32.65 200m: 2:12.43	35.24	300m: 3:24.08	36.21 400m: 4:33.49	33.92
8.	Isaak van der Eijk	WZK	4:30.85	200703689	4:38.13 +0,72	
	50m: 30.04	30.04 150m: 1:38.42	35.15	250m: 2:49.77	35.58 350m: 4:02.47	36.58
	100m: 1:03.27	33.23 200m: 2:14.19	35.77	300m: 3:25.89	36.12 400m: 4:38.13	35.66
9.	Jesse van der Meij	ZVL-1886 Center	4:37.73	200600841	4:39.11 +0,73	
	50m: 30.30	30.30 150m: 1:40.66	35.90	250m: 2:53.15	36.33 350m: 4:05.54	35.54
	100m: 1:04.76	34.46 200m: 2:16.82	36.16	300m: 3:30.00	36.85 400m: 4:39.11	33.57
10.	Twan Hoogervorst	De Columbiaan	4:50.79	200700741	4:42.45 +0,66	
	50m: 30.42	30.42 150m: 1:41.15	36.22	250m: 2:53.78	36.39 350m: 4:06.91	36.60
	100m: 1:04.93	34.51 200m: 2:17.39	36.24	300m: 3:30.31	36.53 400m: 4:42.45	35.54
11.	Roan van der Weide	Blue Marlins	4:32.64	200601629	4:42.70 +0,75	
	50m: 29.78	29.78 150m: 1:39.34	36.07	250m: 2:53.04	36.93 350m: 4:07.60	37.25
	100m: 1:03.27	33.49 200m: 2:16.11	36.77	300m: 3:30.35	37.31 400m: 4:42.70	35.10
12.	Jasper Groen	ACZ	4:45.88	200602325	4:47.74 +0,71	
	50m: 31.12	31.12 150m: 1:41.40	35.85	250m: 2:55.78	37.85 350m: 4:11.91	38.56
	100m: 1:05.55	34.43 200m: 2:17.93	36.53	300m: 3:33.35	37.57 400m: 4:47.74	35.83
13.	Sem Berckenkamp	GZC DONK	5:09.41	200602229	5:05.39 +0,70	
	50m: 33.82	33.82 150m: 1:51.56	39.63	250m: 3:10.69	39.41 350m: 4:28.33	38.78
	100m: 1:11.93	38.11 200m: 2:31.28	39.72	300m: 3:49.55	38.86 400m: 5:05.39	37.06
14.	Joep van Klooster	AZC	4:48.72	200604115	5:06.83 +0,75	
	50m: 33.19	33.19 150m: 1:50.71	39.22	250m: 3:11.25	40.03 350m: 4:29.96	39.09
	100m: 1:11.49	38.30 200m: 2:31.22	40.51	300m: 3:50.87	39.62 400m: 5:06.83	36.87
15.	Max Bos	SG SCOM/de Zeehond'73	4:48.28	200701383	5:09.27 +0,71	
	50m: 31.20	31.20 150m: 1:45.01	38.36	250m: 3:05.28	41.15 350m: 4:29.32	43.09
	100m: 1:06.65	35.45 200m: 2:24.13	39.12	300m: 3:46.23	40.95 400m: 5:09.27	39.95
16.	Rien Mackloet	z.c De Schotejil	4:56.46	200600533	5:25.18 +0,75	
	50m: 34.32	34.32 150m: 1:55.23	41.49	250m: 3:20.17	42.61 350m: 4:45.29	42.71
	100m: 1:13.74	39.42 200m: 2:37.56	42.33	300m: 4:02.58	42.41 400m: 5:25.18	39.89

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 5, Heren, 400m vrije slag

Senioren 1 en ouder

1.	Borys Rudman	Blue Marlins	3:57.03	200504479	4:14.44	+0,67
	50m: 28.32	28.32 150m: 1:32.07	32.04	250m: 2:36.56	31.79	350m: 3:42.52
	100m: 1:00.03	31.71 200m: 2:04.77	32.70	300m: 3:09.51	32.95	400m: 4:14.44
2.	Abel te Riele	WVZ	4:02.91	200402317	4:16.39	+0,69
	50m: 28.55	28.55 150m: 1:33.28	32.93	250m: 2:38.84	32.81	350m: 3:44.49
	100m: 1:00.35	31.80 200m: 2:06.03	32.75	300m: 3:11.88	33.04	400m: 4:16.39
3.	Jacob Mackloet	z.c De Schotejil	4:30.58	200001171	4:34.81	+0,69
	50m: 29.75	29.75 150m: 1:39.62	35.66	250m: 2:51.70	35.92	350m: 4:02.25
	100m: 1:03.96	34.21 200m: 2:15.78	36.16	300m: 3:27.41	35.71	400m: 4:34.81
4.	Daan Hogerhuis	De Columbiaan	4:28.74	200300317	4:36.93	+0,73
	50m: 30.00	30.00 150m: 1:39.36	34.60	250m: 2:50.74	35.91	350m: 4:03.01
	100m: 1:04.76	34.76 200m: 2:14.83	35.47	300m: 3:27.07	36.33	400m: 4:36.93
5.	Mark Hensen	Niemo Barracuda	4:38.74	197900497	4:42.26	+0,78
	50m: 30.92	30.92 150m: 1:42.15	35.67	250m: 2:54.99	36.34	350m: 4:07.10
	100m: 1:06.48	35.56 200m: 2:18.65	36.50	300m: 3:31.44	36.45	400m: 4:42.26
6.	Ivo Roozeboom	WVZ	4:29.54	197700801	4:44.71	+0,76
	50m: 30.81	30.81 150m: 1:44.05	36.99	250m: 2:58.09	36.89	350m: 4:10.77
	100m: 1:07.06	36.25 200m: 2:21.20	37.15	300m: 3:34.81	36.72	400m: 4:44.71
7.	Christian Kalle	z.c De Schotejil	4:39.03	200400687	4:44.92	+0,74
	50m: 29.83	29.83 150m: 1:40.93	36.85	250m: 2:55.91	36.73	350m: 4:09.82
	100m: 1:04.08	34.25 200m: 2:19.18	38.25	300m: 3:33.75	37.84	400m: 4:44.92
8.	Niels van der Mast	ZOB'66	4:37.02	200401917	4:49.29	+0,69
	50m: 30.47	30.47 150m: 1:41.33	36.43	250m: 2:55.95	38.03	350m: 4:12.17
	100m: 1:04.90	34.43 200m: 2:17.92	36.59	300m: 3:33.75	37.80	400m: 4:49.29
9.	Erik Simons	WZK	4:42.87	198902845	4:50.51	+0,81
	50m: 30.71	30.71 150m: 1:41.14	35.66	250m: 2:55.88	37.77	350m: 4:12.81
	100m: 1:05.48	34.77 200m: 2:18.11	36.97	300m: 3:34.52	38.64	400m: 4:50.51
10.	Stijn den Otter	ZZ&PC De Devel	4:39.77	200200225	4:59.68	+0,62
	50m: 30.43	30.43 150m: 1:41.74	36.60	250m: 2:58.36	38.67	350m: 4:18.89
	100m: 1:05.14	34.71 200m: 2:19.69	37.95	300m: 3:38.68	40.32	400m: 4:59.68

Programmanr. 6
25-5-2024 - 14:35

Dames, 50m rugslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Juniores 1 en 2						
1.	Malin Roozeboom	WVZ	30.18	201100006	31.63	+0,71
2.	Odenza Soselisa	Blue Marlins	36.00	201101780	34.42	+0,80
3.	Julia Bannatyne	BZ en PC	35.72	201201020	34.72	+0,81
4.	Simone Brobbel	ZPC Numansdorp	34.70	201200058	35.14	+0,92
5.	Alaine Dumont	ZV De Watervogels	35.35	201102140	35.40	+0,59
6.	Milou Filemon	Blue Marlins	36.38	201100078	35.62	+0,76
	* BU 50m					
7.	Fanni Farkas	De Columbiaan	36.47	201100360	35.63	+0,85
8.	Rozalia Diederiks	ZVL-1886 Center	35.56	201100904	36.18	+0,96
9.	Chloé in 't Veen	WVZ	34.95	201100010	36.20	+0,75
10.	Meike van der Klugt	WVZ	36.22	201100808	36.47	+0,63
11.	Naevia Verschoor	AZC	36.76	201201976	37.62	+0,73
12.	Abya Buscop	z.c De Schotejil	39.63	201100056	37.98	+0,71
13.	Saar de Graaf	ZV Vlaardingen-Schiedam	39.75	201101264	38.04	+0,76
14.	Nora Jongkoen	ZOB'66	38.36	201100984	38.25	+0,68
15.	Guusje van Geest	ZV Vlaardingen-Schiedam	37.13	201200352	38.54	+0,60
16.	Eliza Bijl	De Kempvis	45.33	201103782	38.83	+0,82
17.	Minke Oliva Bouman	Blue Marlins	38.12	201100104	38.97	+0,91
18.	Sarah van Elleswijk	WVZ	38.33	201101126	38.98	+0,61
19.	Lisa Maat	ZOB'66	38.16	201100974	39.33	+0,73
20.	Jolie van Ark	AZC	39.84	201101644	39.34	+0,86
21.	Yara Fortes	Blue Marlins	41.88	201103030	39.44	+0,75
22.	Tatum Vered	Blue Marlins	42.58	201201322	39.50	+0,81
23.	Evy v. Nimwegen	z.c De Schotejil	38.64	201100168	39.63	+0,59
24.	Danique Westerhof	ZV De Watervogels	38.21	201100492	40.05	+0,75
25.	Lieselot Penning	ZZ&PC De Devel	39.16	201200052	40.36	+0,63
26.	Jet Hogervorst	De Columbiaan	39.43	201200738	40.79	+0,75
27.	Nina-Sofia Arkesteijn	ACZ	39.95	201101670	41.10	+0,70
28.	Ilvy Lodder	ZZ&PC De Devel	39.28	201100012	41.47	+0,80

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Programmanr. 6, Meisjes, 50m rugslag, Junioren 1 en 2

rang	naam	vereniging	intijd		tijd	RT
29.	Gabriela Borges	Blue Marlins	42.31	201201726	41.48	+0,74
30.	Eline van Berkel	De Geul	42.84	201200232	41.66	+0,67
31.	Danique Sanstra	De Columbiaan	43.42	201200092	43.83	+0,74

Junioren 3 en 4

1.	Anouk Steller	WVZ	32.92	201000004	32.53	+0,61	
2.	Faye Thijsse	WVZ	32.79	201001364	32.75	+0,65	
3.	Raegan Belmar	Blue Marlins	33.99	201004070	32.96	+0,85	
4.	Julia Dabrowska	Blue Marlins	32.24	201000300	33.27	+0,76	
5.	Nina van der Schrier	AZC	33.89	201000444	33.52	+0,66	
6.	Famke Franzen	z.c De Schotejil	34.68	201000058	33.59	+0,71	
7.	Fleur van den Eijk	Blue Marlins	32.07	200900304	34.09	+0,75	
8.	Gwen Hermans	De Columbiaan	35.45	200900058	34.56	+0,57	
9.	Esmee de Raadt	Feijenoord Albion	36.13	201002328	34.77	+0,68	
10.	Elin Riedijk	Blue Marlins	37.07	201002056	35.07	+0,77	
11.	Eva Ehler	GZC DONK	37.78	201002026	35.20	+0,75	
12.	Jorja Verschoor	AZC	35.68	200902640	35.39	+0,83	
13.	Erin de Jong	GZC DONK	34.78	201000024	35.43	+0,73	
14.	Anouk de Jong	GZC DONK	33.65	200902506	35.83	+0,66	
15.	Victoria Diederiks	ZVL-1886 Center	34.27	200900758	35.84	+0,76	
16.	Stella Nicoud	WZK	34.46	200903706	35.88	+0,74	
17.	Hadewych Forschelen	MNC Dordrecht	35.81	200903572	36.02	+0,75	
18.	Jasmijn Schoonen	Wiekslag	35.52	200901196	36.28	+0,69	
19.	Esmée van Sliedregt	ZOB'66	35.45	200902608	36.38	+0,72	
20.	Iris Boeters	Westland Swimming Stars	37.73	200900856	36.56	+0,67	
21.	Stella Offerhaus	z.c De Schotejil	37.20	200903926	36.65	+0,70	
22.	Tess Meeuwissen	De Columbiaan	36.66	201000370	36.76	+0,71	
23.	Luna Schipper	ZOB'66	36.94	200900364	36.84	+0,67	
24.	Annika Binneveld	De Duck	35.88	201001268	37.04	+0,67	
25.	Suuz Griekspoor	Noordwijkerhout	37.04	200901204	37.09	+0,69	
26.	Sanne Mulder	WVZ	37.28	200900280	37.36	+0,67	
27.	Demi Bos	Niemo Barracuda	35.77	201001282	37.37	+0,80	
28.	Veronica Borges	Blue Marlins	36.78	200903380	37.69	+0,76	
29.	Nienke v. Weenen	z.c De Schotejil	36.00	201000282	38.14	+0,67	
30.	Merel Doest	ZV Vlaardingen-Schiedam	36.95	201001142	38.52	+0,64	
31.	Ilse Stout	AZC	36.79	201001704	38.56	+0,79	
32.	Annick Gorissen	Blue Marlins	38.56	201002248	39.02	+0,92	
33.	Jennifer Blenk	ZV Vlaardingen-Schiedam	37.26	200903172	39.23	+0,69	
34.	Tess Liebrechts	GZC DONK	37.15	201000212	39.64	+0,69	
35.	Femke Sonneveld	Poseidon'56	39.39	200902802	40.29	+0,76	
36.	Elvira Rakels	Blue Marlins	38.72	201001238	40.58	+0,89	
37.	Britt Duijvestijn	Blue Marlins	40.80	201003658	42.14	+0,78	
38.	Aminata Turay	Niemo Barracuda	46.49	200900282	45.87	+0,93	375
NG	Nicky Wang	Blue Marlins	48.54	201003292			

Jeugd 1 en 2

1.	Jinth Engelse	Niemo Barracuda	28.85	200800204	29.04	+0,64	
2.	Floor Hogervorst	Blue Marlins	29.08	200701400	30.88	+0,72	
3.	Jade van der Schrier	AZC	32.22	200800692	32.28	+0,67	
4.	Liv Heijdra	WVZ	31.00	200800736	32.31	+0,66	
	Mila Oomens	Niemo Barracuda	32.52	200700016	32.31	+0,70	
6.	Ilse Rozema	Blue Marlins	31.77	200803318	32.41	+0,61	
7.	Jazz-Lynn Gomes Delgado	Feijenoord Albion	31.97	200800738	32.57	+0,69	
8.	Laura Booi	ZPB H&L Productions	33.61	200801292	34.13	+0,77	
9.	Britte Lodder	ZZ&PC De Devel	33.93	200702290	34.33	+0,68	
10.	Annedieke Scholte	Blue Marlins	32.49	200701110	34.86	+0,69	
11.	Eloisa Gomes Delgado	Feijenoord Albion	33.92	200700812	34.87	+0,70	
12.	Myrthe Kramer	De Duck	34.22	200802056	35.35	+0,66	
13.	Marjolijn Offeringa	ZV Vlaardingen-Schiedam	35.23	200701788	35.97	+0,58	
14.	Florien van Veenen	WZK	35.60	200801242	36.85	+0,74	
15.	Dominique Overduin	z.c De Schotejil	35.68	200700172	36.87	+0,64	
16.	Juliëtte Priester	WZK	34.87	200800872	37.01	+0,81	
17.	Samantha van der Jagt	Poseidon'56	36.29	200700220	37.67	+0,68	
18.	Aleyna Bakdemir	Blue Marlins	44.43	200804386	41.33		

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 6, Dames, 50m rugslag

Senioren 1 en ouder

rang	naam	vereniging	intijd	200	200	RT	
1.	Britta Koehorst	WVZ	27.63	200300246	29.97	+0,57	
2.	Jill Nai Chung Tong	WVZ	29.74	200404272	30.57	+0,73	
3.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	29.65	200503292	31.51	+0,67	
4.	Madelief Mans	Blue Marlins	29.81	200501260	31.59	+0,69	
5.	Julia Notenboom	De Columbiaan	31.82	200302596	32.03	+0,64	
6.	Lyke Buscop	z.c De Schotejil	34.58	200500552	32.13	+0,70	
7.	Emma Verkuyl	WVZ	33.20	200500826	32.94	+0,65	
8.	Marit Huisman	WVZ	29.51	200502620	33.02	+0,63	
9.	Carmen Lems	ACZ	33.03	200402632	33.09	+0,64	
10.	Nikita Snoeren	WVZ	31.46	200600342	33.24	+0,55	
11.	Lynn Blommers	Blue Marlins	32.18	200105062	33.46	+0,53	
12.	Roos van Esch	ACZ	34.99	198200468	34.67	+0,76	
13.	Madoline Held	Blue Marlins	35.52	200503412	34.94	+0,85	
14.	Ines Muijwijk	MNC Dordrecht	35.21	199202858	36.09	+0,64	
	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	35.17	200605262	36.09	+0,59	
16.	Puck Hogendoorn	DWF	36.20	200600898	37.26	+0,70	
17.	Milou van Winkel	WVZ	36.17	200402296	38.34	+0,68	527
18.	Esmeralda Elbers	Blue Marlins	41.83	200404888	43.34	+0,78	
AFGEM	Aisha Nobels	z.c De Schotejil	33.59	200501710			
AFGEM	Robin Pienaar	Niemo Barracuda	32.89	200102236			
NG	Aguila Dolsma	Blue Marlins	37.32	200603902			

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Heren, 50m vlinderslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	200	200	RT
Junioren 1 en 2						
1.	Myron Artemenko	Niemo Barracuda	29.62	201003021	29.01	+0,72
2.	Kris Westerhout	ZZ&PC De Devel	31.66	201000883	30.82	+0,61
3.	Eli Shields	Niemo Barracuda	30.92	201000407	31.09	
4.	Duco de Gelder	Blue Marlins	31.83	201000217	31.81	+0,70
5.	Girish Nolden	Blue Marlins	31.09	201000087	31.84	+0,68
6.	Mees Janssen	DSZ	39.24	201102025	31.85	+0,66
7.	Thijs Jonkman	De Duck	31.75	201000481	32.20	+0,71
8.	Luca Monster	ZPC Numansdorp	32.67	201100343	32.46	+0,63
9.	Mahdi Jaghori	DSZ	32.96	201003745	33.00	+0,67
10.	Jordan Neyhoft	Wiekslag	32.81	201000765	33.21	+0,74
11.	Jason Xu	Blue Marlins	34.88	201001079	33.22	+0,70
12.	Chris Vlot	ZV Strijen	33.52	201000943	33.62	+0,69
13.	Joep Lindhout	Niemo Barracuda	37.03	201100873	34.28	+0,76
14.	Finn Knijnenburg	De Columbiaan	36.28	201101319	34.84	+0,64
15.	Anton Stevens	Z&PC Rotterdam	38.35	201002733	34.89	+0,67
16.	Alan Vasilevski	MNC Dordrecht	37.72	201101509	35.02	+0,56
17.	Vince van Dam	ACZ	35.01	201000405	35.08	+0,54
18.	Izayah Castillo	Blue Marlins	35.76	201100311	35.19	+0,72
19.	Costijn van Elst	Blue Marlins	37.46	201100317	35.44	+0,70
20.	Thijs van Kints	BZ en PC	37.56	201101059	35.76	+0,79
21.	Ezra Sekhon	WZK	36.26	201103267	35.84	+0,66
22.	Ethan Chan	ZV De Watervogels	35.29	201002651	36.03	+0,69
23.	Ghalil Lodder	Wiekslag	36.83	201000711	36.15	+0,65
24.	Rens van der Es	De Geul	35.87	201000583	36.31	+0,62
25.	Syb Boerema	z.c De Schotejil	36.09	201000359	36.48	+0,62
26.	Jake van Duivendijk	Blue Marlins	36.81	201000945	36.55	+0,69
27.	Tygo van Berkel	De Geul	36.71	201000327	36.94	+0,69
28.	Heorhii Bohachova	ZV Westland	36.51	201103177	36.95	+0,69
29.	Noah Abdulsada	ZZ&PC De Devel	36.52	201002411	37.25	+0,75
30.	Sander de Bruin	ZZ&PC De Devel	38.07	201100617	37.74	+0,68
31.	Nick de Vries	Poseidon'56	38.74	201000225	38.52	+0,53
32.	Enrico Avella	De Columbiaan	37.23	201000727	38.65	+0,70
33.	David van der Valk	Wiekslag	37.84	201100519	39.34	+0,70
34.	C. van Gruisen-Abante	Niemo Barracuda	36.79	201003027	39.85	+0,83
35.	Kenji Bor	DWF	39.98	201001419	39.93	+0,65
36.	Joshua Walkow	WZK	38.14	201003587	40.92	+0,76
37.	Fryderyck Krysz Straszak	MNC Dordrecht	40.79	201101853	41.09	+0,98
AFGEM	Joseph Crott	GZC DONK	39.95	201101045		

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Programmanr. 7, Heren, 50m vlinderslag

Junioren 3 en 4

1.	Kaan Sudak	Blue Marlins	25.39	200803733		25.56	+0,73
2.	Yarno van Dam	ACZ	26.28	200800115		26.84	
3.	Floris van der Valk	Wiekslag	27.37	200801891		27.82	+0,63
4.	Ivo Bot	Wiekslag	27.92	200900509		28.24	+0,71
5.	Aditya Winterberg	Blue Marlins	27.76	200800953	S15	28.35	+0,63
	Alex Woe	Poseidon'56	28.44	200801393		28.35	+0,58
7.	Sebastian Lopes Cardozo	WZK	28.49	200800187		28.59	+0,62
8.	Neo Reiber	Feijenoord Albion	29.78	200900699		28.75	+0,63
9.	Rein Stoel	ZVL-1886 Center	28.50	200800463		28.99	+0,68
10.	Sven Helmers	Blue Marlins	29.63	200802765		29.00	+0,56
11.	Daan Borst	Niemo Barracuda	29.96	200801435		29.60	+0,67
12.	Sascha Timmer	AZC	28.33	200902987		29.75	+0,61
13.	Adriaan Coppelmans	AZC	29.41	200903243		29.79	+0,65
14.	Art Jin van der Ent	Blue Marlins	31.41	200903785		29.92	+0,70
15.	Luuk Knijnenburg	De Columbiaan	30.04	200802291		30.25	+0,64
16.	Jamie Kannegijeter	Z&PC Rotterdam	31.22	200800563		30.37	+0,68
17.	Paul Ruitenber	De Geul	30.17	200900979		30.41	+0,72
	Aiden Lips	Blue Marlins	30.83	200800951		30.41	+0,71
19.	Emin Karadeniz	WVZ	30.66	200804047		30.46	+0,46
20.	Seth van den Dool	GZC DONK	32.06	200803809		30.53	+0,71
21.	Thom Veldhoen	ZZ&PC De Devel	30.12	200901159		30.74	+0,62
22.	Tristan Fredema	Blue Marlins	31.46	200903699		30.82	+0,70
23.	Milán Biró	ACZ	30.83	200803169		30.88	+0,71
24.	Gijs Hartwijk	ZVL-1886 Center	30.21	200800573		31.08	+0,66
25.	Bink de Vries	AZC	30.83	200901887		31.25	+0,65
26.	Mitchell van Dijk	Niemo Barracuda	32.70	200800577		31.35	+0,81
	Dylan Dortland	Niemo Barracuda	31.83	200900165		31.35	+0,72
28.	Magnus Kijkuit	ZV De Watervogels	31.34	200803427		31.71	+0,66
29.	Avner Weigel	Z&PC Rotterdam	32.57	200900697		32.04	+0,73
30.	Thijs Bijman	Niemo Barracuda	33.23	200901111		32.07	+0,81
31.	Lucas Bongers	ZOB'66	33.17	200800903		32.52	+0,68
32.	Yaroslav Budylevskyi	Niemo Barracuda	32.03	200903563		32.71	+0,70
33.	Finn de Heij	BZ en PC	32.17	200900411		32.72	+0,76
34.	Lintar Shidiq	ZVL-1886 Center	31.53	200802571		33.08	+0,73
35.	Luka Arkesteijn	ACZ	33.23	200903023		33.29	+0,87
36.	Nathan Creyf	WZK	32.61	200903557		33.30	+0,77
37.	Esh Nolden	Blue Marlins	33.97	200800145		33.89	+0,62
38.	Felix Rademaker	Blue Marlins	33.82	200804057		33.95	+0,69
39.	Merijn van den Berg	DSZ	35.22	200801281		34.02	+0,66
40.	Milan Roos	ZOB'66	33.90	200802971		34.04	+0,67
41.	Rowél Boon	Z&PC Rotterdam	33.57	200800917		34.11	+0,67
42.	Jeremy Soerodiwongso	Z&PC Rotterdam	33.07	200903085		34.72	+0,73
43.	Sven Mulder	WVZ	34.32	200901655		35.04	+0,65
44.	Luuk Schippers	Poseidon'56	35.87	200901161		35.08	+0,87
45.	Luca Kamps	De Vliet (SG)	34.45	200900891		35.60	+0,76
46.	Thomas Braat	AZC	34.51	200802269	S14	35.62	+0,80
47.	Eli Fieret	GZC DONK	36.11	200903463		36.36	+0,78
48.	Sébastien Nell	De Geul	35.96	200802225		36.85	+0,73
49.	Brayden Vered	Blue Marlins	34.64	200802517		37.52	+0,79
NG	Jesper van Tilburg	De Geul	34.18	200800043			

Jeugd 1 en 2

1.	Lars Bulman	Blue Marlins	24.65	200600125		25.65	+0,66
2.	Joshua Agussalim	WVZ	25.05	200600153		26.40	+0,64
3.	Jisse Lousma	WVZ	25.84	200701493		26.44	+0,59
4.	Floris Tanis	Feijenoord Albion	27.24	200700005		26.88	+0,70
5.	Boele Böhm	Blue Marlins	27.28	200700739		27.40	+0,65
6.	Bas Blanker	ACZ	27.46	200601497		27.41	+0,67
7.	Laurens Kalle	z.c De Schotejil	27.28	200600161		27.51	+0,69
8.	Sven Markkus Eschbach	ZZ&PC De Devel	28.28	200602013		27.57	+0,64
9.	Roan van der Weide	Blue Marlins	27.86	200601629		27.91	+0,71
10.	Denzel Barthen	WVZ	27.88	200700147		27.93	+0,71
11.	Ties Lakke	ACZ	27.47	200703517		27.98	+0,71
12.	Rely Hoogendijk	WVZ	27.75	200702521		28.13	+0,72
13.	Jasper Groen	ACZ	28.01	200602325		28.32	+0,68
14.	Hessel de Jong	ACZ	29.39	200602753		28.54	+0,67
15.	Thom de Hoog	Blue Marlins	28.36	200600019		28.61	+0,74
16.	Janu Nolden	Blue Marlins	28.05	200600289		28.66	+0,70

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Programmanr. 7, Jongens, 50m vlinderslag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT
17.	Jerry Woe	Poseidon'56	29.09	200604091	28.73	+0,70
18.	Max Bos	SG SCOM/de Zeehond'73	28.85	200701383	29.19	+0,64
19.	Marnix van Wanrooij	ZPB H&L Productions	28.67	200600015	29.35	+0,70
20.	Twan Hoogervorst	De Columbiaan	29.96	200700741	30.12	+0,67
21.	Joshua Posthoorn	Blue Marlins	31.04	200701749	30.67	+0,77
22.	Jimmy Hegger	ZZ&PC De Devel	31.93	200703037	30.87	+0,76
23.	James Lawton	De Columbiaan	31.23	200700745	31.63	+0,60
24.	Kristian Hoogenraad	ZV Westland	30.53	200602899	31.79	+0,78
25.	Mathijs Raak	Poseidon'56	32.05	200701105	31.85	+0,78
26.	Boyd Delsaerdt	Blue Marlins	31.91	200704051	32.22	+0,70
27.	Rien Mackloet	z.c De Schotejil	31.46	200600533	32.31	+0,74
28.	Kees Wassenaar	Wiekslag	33.58	200702917	32.92	+0,67

Senioren 1 en ouder

1.	Michael Smink	Blue Marlins	23.34	200302169	24.22	+0,63
2.	Jeroen Baars	Niemo Barracuda	25.06	199200031	25.30	+0,70
3.	Bert Duivenvoorde	De Columbiaan	25.83	199701805	25.99	+0,69
4.	Kenan Coeruez	Feijenoord Albion	26.20	200300357	26.19	+0,66
5.	Bjorn de Heus	Feijenoord Albion	27.39	200201077	26.71	+0,66
6.	Daan Hogerhuis	De Columbiaan	27.71	200300317	27.16	+0,72
7.	Ryan van den Ouden	Poseidon'56	26.59	199900377	27.25	+0,76
8.	Ferdy van Mastrigt	Blue Marlins	26.52	198802315	27.31	+0,59
9.	Wendell Zinhagel	Blue Marlins	25.64	200005739	27.41	+0,65
10.	Abel te Riele	WVZ	26.51	200402317	27.53	+0,74
11.	Robin van Beek	ZVL-1886 Center	26.64	199704023	27.60	+0,69
12.	Joshua De Meneges	Blue Marlins	26.51	200205029	27.73	+0,70
13.	Nino van Krimpen	ZOB'66	28.63	200004611	27.86	+0,66
14.	Sayyid Brown	Blue Marlins	28.33	200305037	28.07	+0,62
15.	Sidique Turay	Niemo Barracuda	28.44	200500981	28.21	+0,74
16.	Jacob Mackloet	z.c De Schotejil	27.85	200001171	28.31	+0,60
17.	Jort Vizee	Feijenoord Albion	27.77	200201779	28.43	+0,61
18.	Stijn den Otter	ZZ&PC De Devel	27.78	200200225	28.52	+0,66
19.	Christian Kalle	z.c De Schotejil	29.24	200400687	28.53	+0,75
	Neel Sahti	Blue Marlins	28.03	200404227	28.53	+0,71
21.	Niels van der Mast	ZOB'66	28.06	200401917	28.96	+0,70
22.	Daniel 't Mannetje	z.c De Schotejil	29.06	200400183	29.30	+0,70
23.	Tim van Lochem	Blue Marlins	28.41	200500077	29.32	+0,71
24.	Jim Geestman	Poseidon'56	27.98	198300699	29.44	+0,91
25.	Ian van Mullem	ZOB'66	29.76	199602545	29.62	+0,70
26.	Thijs Huizer	Noordwijkerhout	29.05	200502523	29.66	
27.	Mark Hensen	Niemo Barracuda	30.19	197900497	29.70	+0,73
28.	Ivo Roozeboom	WVZ	29.84	197700801	29.81	+0,73
29.	Dennis Dortland	Niemo Barracuda	30.52	197800261	29.82	+0,79
30.	Thijs Visser	Niemo Barracuda	30.65	200502129	30.15	+0,73
31.	Gjalt Oedzes	ZV De Watervogels	29.75	200204979	30.28	+0,63
32.	Thomas Hesper	Niemo Barracuda	29.41	200004181	31.19	+0,83
33.	Bram Piederiet	ZV Vlaardingen-Schiedam	30.23	199007757	31.21	+0,78
34.	Marco Zondag	MNC Dordrecht	32.17	200500907	32.93	+0,80
DIS	Abdallah Mezzouri	Blue Marlins	31.27	200504109		+0,31

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM Pepijn van Egmond WVZ 26.24 200402309

Programmanr. 8
25-5-2024 - 15:25

Dames, 100m schoolslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
Junioren 1 en 2								
1.	Meike van der Klugt	WVZ	1:19.98	201100808	1:21.21	+0,70	38.46	1:21.21
2.	Malin Roozeboom	WVZ	1:19.82	201100006	1:21.26	+0,70	38.97	1:21.26
3.	Minke Oliva Bouman	Blue Marlins	1:23.56	201100104	1:23.73	+0,68	39.84	1:23.73
4.	Odenza Soselisa	Blue Marlins	1:23.11	201101780	1:24.17	+0,70	39.92	1:24.17
5.	Chloé in 't Veen	WVZ	1:21.96	201100010	1:24.61	+0,70	39.54	1:24.61
6.	Alaine Dumont	ZV De Watervogels	1:23.79	201102140	1:28.84	+0,69	42.70	1:28.84

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Programmanr. 8, Meisjes, 100m schoolslag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
7.	Milou Filemon	Blue Marlins	1:27.10	201100078	1:30.42	+0,69	44.65	1:30.42
8.	Saar de Graaf	ZV Vlaardingen-Schiedam	1:31.17	201101264	1:30.58	+0,84	41.80	1:30.58
9.	Rozalia Diederiks	ZVL-1886 Center	1:27.17	201100904	1:30.89	+0,82	43.66	1:30.89
10.	Fanni Farkas	De Columbiaan	1:30.13	201100360	1:31.38	+0,85	42.52	1:31.38
11.	Abya Buscop	z.c De Schoteijl	1:32.86	201100056	1:32.40	+0,70	43.35	1:32.40
12.	Julia Bannatyne	BZ en PC	1:25.20	201201020	1:32.62	+0,76	43.61	1:32.62
13.	Nina Dolphijn	Poseidon'56	1:33.02	201200504	1:32.97	+0,77	44.15	1:32.97
14.	Bente van Rijn	ZV Westland	1:32.95	201103086	1:33.23		43.39	1:33.23
15.	Eliza Bijl	De Kempvis	1:31.67	201103782	1:33.76	+0,79	44.52	1:33.76
16.	Naevia Verschoor	AZC	1:32.36	201201976	1:33.78	+0,78	42.87	1:33.78
	<i>* BU 100m</i>							
17.	Lisa Maat	ZOB'66	1:33.93	201100974	1:35.29	+0,85	44.47	1:35.29
18.	Jet Hogervorst	De Columbiaan	1:33.71	201200738	1:35.43	+0,57	44.83	1:35.43
19.	Sarah van Elleswijk	WVZ	1:34.26	201101126	1:35.64	+0,65	45.47	1:35.64
20.	Evy v. Nimwegen	z.c De Schoteijl	1:36.39	201100168	1:35.72	+0,53	45.80	1:35.72
21.	K. Makhmadiyarova	Blue Marlins	1:34.93	201103178	1:35.74	+0,61	45.64	1:35.74
22.	Tatum Vered	Blue Marlins	1:34.17	201201322	1:36.29	+0,75	47.79	1:36.29
23.	Sophie Hoogervorst	AZC	1:36.76	201100252	1:37.27	+0,65	46.87	1:37.27
24.	Ilvy Lodder	ZZ&PC De Devel	1:33.73	201100012	1:38.09	+0,72	45.75	1:38.09
25.	Gabriela Borges	Blue Marlins	1:38.90	201201726	1:39.58	+0,49	46.73	1:39.58
26.	Danique Sanstra	De Columbiaan	1:37.45	201200092	1:39.87		47.88	1:39.87
27.	Guusje van Geest	ZV Vlaardingen-Schiedam	1:37.50	201200352	1:40.22		46.97	1:40.22
28.	Lois Brussé	Poseidon'56	1:38.30	201202310	1:41.32	+0,80	47.38	1:41.32
29.	Eline van Berkel	De Geul	1:39.57	201200232	1:44.30	+0,79	48.09	1:44.30
AFGEM	Pip Verhoeven	ZZ&PC De Devel	1:34.79	201200544				

Junioren 3 en 4

1.	Jessica Johnstone	WVZ	1:19.23	201003890	1:19.51	+0,73	38.16	1:19.51
2.	Eva Ehler	GZC DONK	1:17.71	201002026	1:20.10	+0,64	37.17	1:20.10
3.	Eefje van Hinsbergen	Blue Marlins	1:21.75	201002252	1:21.16	+0,68	38.23	1:21.16
4.	Tess van de Steeg	WVZ	1:19.97	201000016	1:21.39	+0,81	38.47	1:21.39
5.	Jasmijn Schoonen	Wiekslag	1:20.62	200901196	1:22.12	+0,74	38.32	1:22.12
6.	Esmee de Raadt	Feijenoord Albion	1:19.91	201002328	1:22.36	+0,73	38.36	1:22.36
7.	Breanna Belmar	Blue Marlins	1:26.16	201004068	1:22.38	+0,77	38.32	1:22.38
8.	Mijke Ouderkerken	Blue Marlins	1:18.69	200901254	1:22.61	+0,76	38.98	1:22.61
9.	Julia Dabrowska	Blue Marlins	1:18.29	201000300	1:23.91		38.69	1:23.91
10.	Elin Riedijk	Blue Marlins	1:24.85	201002056	1:25.27	+0,68	40.47	1:25.27
11.	Suuz Griekspoor	Noordwijkerhout	1:24.51	200901204	1:25.49	+0,77	39.74	1:25.49
12.	Iris Boeters	Westland Swimming Stars	1:28.89	200900856	1:26.45	+0,57	41.30	1:26.45
13.	Jennifer Blenk	ZV Vlaardingen-Schiedam	1:22.59	200903172	1:26.63	+0,61	41.01	1:26.63
14.	Tess Meeuwissen	De Columbiaan	1:25.74	201000370	1:27.10	+0,57	40.70	1:27.10
15.	Anne van Lith	ZVL-1886 Center	1:26.83	201001000	1:27.26	+0,64	41.27	1:27.26
16.	Sanne Mulder	WVZ	1:23.72	200900280	1:27.44	+0,71	40.93	1:27.44
17.	Anouk de Jong	GZC DONK	1:23.61	200902506	1:27.46	+0,77	41.72	1:27.46
18.	Ashley Mercera	SG SCOM/de Zeehond'73	1:26.52	201000178	1:27.56	+0,72	40.38	1:27.56
19.	Famke Franzen	z.c De Schoteijl	1:26.41	201000058	1:28.03	+0,81	41.25	1:28.03
20.	Tess Liebrechts	GZC DONK	1:26.94	201000212	1:28.98	+0,84	41.99	1:28.98
21.	Britt van de Reep	De Columbiaan	1:27.51	201001084	1:29.18	+0,74	41.66	1:29.18
22.	Tessa de Jong	GZC DONK	1:27.30	201000026	1:32.34	+0,78	43.27	1:32.34
23.	Erin de Jong	GZC DONK	1:25.67	201000024	1:32.74	+0,91	43.74	1:32.74
24.	Luna Schipper	ZOB'66	1:33.43	200900364	1:32.97	+0,80	44.24	1:32.97
25.	Demi Bos	Niemo Barracuda	1:30.33	201001282	1:33.71	+0,83	43.50	1:33.71
26.	Annick Gorissen	Blue Marlins	1:35.28	201002248	1:38.38	+0,77	45.62	1:38.38
27.	Elvira Rakels	Blue Marlins	1:36.62	201001238	1:43.21	+0,84	48.43	1:43.21
DIS	Raegan Belmar	Blue Marlins	1:24.63	201004070		+0,86		
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>							
NG	Nicky Wang	Blue Marlins	1:39.77	201003292				

Jeugd 1 en 2

1.	Lisa Dirkzwager	Blue Marlins	1:15.13	200703458	1:16.43	+0,74	35.25	1:16.43
2.	Meyke v. Nimwegen	z.c De Schoteijl	1:20.82	200800106	1:18.12	+0,74	36.82	1:18.12
3.	Liv Heijdra	WVZ	1:15.26	200800736	1:18.33	+0,65	36.60	1:18.33
4.	Jinth Engelse	Niemo Barracuda	1:21.77	200800204	1:18.36	+0,66	37.28	1:18.36
5.	Mila Oomens	Niemo Barracuda	1:18.60	200700016	1:18.99	+0,72	36.74	1:18.99
6.	Jade van der Schrier	AZC	1:18.98	200800692	1:21.53	+0,77	38.32	1:21.53

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Programmanr. 8, Meisjes, 100m schoolslag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
7.	Britte Lodder	ZZ&PC De Devel	1:22.49	200702290	1:24.88	+0,66	39.88	1:24.88
8.	Ilse Rozema	Blue Marlins	1:22.16	200803318	1:25.78	+0,68	41.26	1:25.78
9.	Laura Booij	ZPB H&L Productions	1:26.81	200801292	1:25.96	+0,62	39.77	1:25.96
10.	Sanne Hoogduin	ZVL-1886 Center	1:25.88	200800778	1:26.79	+0,72	41.18	1:26.79
11.	Dominique Overduin	z.c De Schotejil	1:24.88	200700172	1:27.02	+0,64	41.14	1:27.02
12.	Sophie van Leent	Blue Marlins	1:21.01	200800522	1:27.78	+0,73	40.66	1:27.78
13.	Linette van Elst	Blue Marlins	1:27.82	200801266	1:28.05	+0,79	42.20	1:28.05
14.	Samantha van der Jagt	Poseidon'56	1:22.48	200700220	1:28.82	+0,73	41.69	1:28.82
15.	Aleyna Bakdemir	Blue Marlins	1:36.63	200804386	1:34.49	+0,90	43.49	1:34.49
16.	Nada Mghizrat	GZC DONK	1:23.19	200702178	1:34.61	+0,72	44.34	1:34.61

Senioren 1 en ouder

1.	Britta Koehorst	WVZ	1:09.52	200300246	1:12.24	+0,66	33.49	1:12.24
2.	Jade Geurts	WVZ	1:11.43	200402278	1:13.76	+0,72	34.29	1:13.76
3.	Leyla Oversluiizen	Feijenoord Albion	1:14.18	200602730	1:15.33	+0,70	34.80	1:15.33
4.	Jill Nai Chung Tong	WVZ	1:07.38	200404272	1:15.52	+0,68	34.65	1:15.52
5.	Fenna de Groot	Feijenoord Albion	1:14.58	199701796	1:15.73	+0,66	34.64	1:15.73
6.	Angelique van Vark	GZC DONK	1:13.78	199701478	1:17.55	+0,67	36.75	1:17.55
7.	Anouchka Bos	Niemo Barracuda	1:17.33	200501528	1:18.23	+0,77	36.59	1:18.23
8.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	1:13.90	200503292	1:18.57	+0,79	36.20	1:18.57
9.	Rinske Bouman	Blue Marlins	1:14.62	200400578	1:19.88	+0,78	37.62	1:19.88
10.	Milou Demirel	Blue Marlins	1:17.83	200501254	1:22.33	+0,74	38.84	1:22.33
11.	Lyke Buscop	z.c De Schotejil	1:20.44	200500552	1:22.51	+0,75	38.56	1:22.51
12.	Anna Beck	Blue Marlins	1:24.15	200605282	1:23.65	+0,77	39.60	1:23.65
13.	Amber Hesper	Niemo Barracuda	1:21.42	200202188	1:25.53	+0,75	39.34	1:25.53
14.	Kim de Jong	De Columbiaan	1:19.00	200301026	1:25.60	+0,77	39.27	1:25.60
15.	Ines Muilwijk	MNC Dordrecht	1:22.71	199202858	1:26.65	+0,66	41.02	1:26.65
16.	Daphne van Tilburg	De Geul	1:25.65	200500580	1:30.19	+0,77	42.26	1:30.19
17.	Milou van Winkel	WVZ	1:32.61	200402296	1:37.99	+0,74	45.60	1:37.99
NG.ZA	Lonneke Graansma	ZVL-1886 Center	1:18.30	199900936	SB14			
NG	Aguila Dolsma	Blue Marlins	1:27.50	200603902	SB14			

Programmanr. 9
25-5-2024 - 15:50

Jongens, 4 x 200m vrije slag

Junioren
Resultaten

rang	vereniging	intijd	tijd	RT
Programmanr. 10 25-5-2024 - 16:00		Heren, 4 x 200m vrije slag		Senioren Open Resultaten

rang	vereniging	intijd	tijd	RT
Junioren				
1.	Blue Marlins 2	Blue Marlins	9:18.41	9:20.79 +0,74
	Fabian Riedijk	08	+0,74 30.69	1:05.56 1:41.57 2:16.94 2:16.94
	Sven Helmers	08	+0,58 32.70	1:09.92 1:49.01 2:25.22 2:25.22
	Felix Rademaker	08	+0,50 32.49	1:09.89 1:48.30 2:24.72 2:24.72
	Aidan van der Stelt	09	+0,35 29.90	1:04.84 1:40.51 2:13.91 2:13.91
2.	AZC 1	AZC	8:55.64	9:21.74 +0,60
	Thomas Braat S14	08	+0,60 32.19	1:09.89 1:50.89 2:30.64 2:30.64
	Bink de Vries	09	+0,56 30.89	1:07.16 1:46.05 2:24.42 2:24.42
	Sascha Timmer	09	+0,47 30.09	1:04.82 1:42.24 2:19.63 2:19.63
	Adriaan Coppelmanns	09	+0,63 28.09	1:00.79 1:34.59 2:07.05 2:07.05
3.	Barracuda 1	Niemo Barracuda	9:12.10	9:22.47 +0,71
	Daan Borst	08	+0,71 28.46	1:01.75 1:36.04 2:08.32 2:08.32
	Eli Shields	10	+0,46 32.32	1:09.56 1:48.75 2:25.69 2:25.69
	Joep Lindhout	11	+0,62 34.96	1:14.78 1:56.43 2:34.91 2:34.91
	Myron Artemenko	10	+0,69 30.27	1:05.22 1:40.37 2:13.55 2:13.55
AFGEM	De Geul 1	De Geul	10:27.41	

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Programmanr. 10, Heren, 4 x 200m vrije slag

Senioren Open

rang	vereniging	intijd	tijd	RT
1.	Blue Marlins 1	Blue Marlins	7:56.41	8:04.13 +0,66
	Boele Böhm	07	+0,66 27.37	57.32 1:28.84 1:59.52 1:59.52
	Lars Bulman	06	+0,49 27.82	58.90 1:30.51 2:01.81 2:01.81
	Vincent Huele	07	+0,43 27.46	59.08 1:31.14 2:02.35 2:02.35
	Borys Rudman	05	+0,48 27.90	59.39 1:29.60 2:00.45 2:00.45
2.	WVZ 1	WVZ	8:11.39	8:27.75 +0,72
	Denzel Barthen	07	+0,72 28.01	59.04 1:32.96 2:04.41 2:04.41
	Jisse Lousma	07	+0,24 28.61	1:01.38 1:35.28 2:07.27 2:07.27
	Sverre van der Zwaan	09	29.75	1:03.52 1:38.24 2:11.86 2:11.86
	Abel te Riele	04	27.71	59.99 1:32.88 2:04.21 2:04.21
3.	ACZ 1	ACZ	8:24.11	8:29.07 +0,66
	Bas Blanker	06	+0,66 28.95	1:00.85 1:33.80 2:04.36 2:04.36
	Jasper Groen	06	+0,54 28.78	1:02.41 1:38.46 2:14.25 2:14.25
	Hessel de Jong	06	+0,44 28.80	1:01.07 1:34.80 2:08.38 2:08.38
	Yarno van Dam	08	+0,36 26.87	57.63 1:29.51 2:02.08 2:02.08
4.	De Schotejil 1 *BU 750m	z.c De Schotejil	8:32.77	8:42.94 +0,75
	Laurens Kalle	06	+0,75 28.11	1:00.15 1:34.82 2:05.34 2:05.34
	Daniel 't Mannetje	04	+0,44 29.32	1:03.86 1:39.88 2:14.70 2:14.70
	Christian Kalle	04	+0,70 28.77	1:03.01 1:40.57 2:16.85 2:16.85
	Jacob Mackloet	00	+0,25 27.61	59.54 1:33.18 2:06.05 2:06.05

Programmanr. 11
25-5-2024 - 16:10

Meisjes, 4 x 100m wisselslag

Junioren 4 en jonger
Resultaten

rang	vereniging	intijd	tijd	RT
1.	Blue Marlins 1	Blue Marlins	4:48.10	4:48.40 +0,71
	Julia Dabrowska	+0,71 34.98	1:12.18	Fleur van den Eijk +0,24 31.77 1:10.15
	Eefje van Hinsbergen	+0,67 38.10	1:23.23	Breanna Belmar +0,60 29.20 1:02.84
2.	WVZ 1	WVZ	4:41.33	4:50.38 +0,66
	Malin Roozeboom	+0,66 33.46	1:09.03	Anouk Steller +0,55 33.30 1:13.20
	Meike van der Klugt	+0,61 39.33	1:23.06	Tess van de Steeg +0,49 30.84 1:05.09
3.	GZC DONK 1	GZC DONK	4:55.07	5:04.68 +0,71
	Anouk de Jong	+0,71 38.72	1:17.85	Erin de Jong +0,74 35.02 1:16.22
	Eva Ehlert	+0,33 37.50	1:21.76	Brisa Dekkers +0,24 32.74 1:08.85
4.	De Columbiaan 1	De Columbiaan	5:01.42	5:05.05 +0,69
	Tess Meeuwissen	+0,69 36.95	1:16.64	Gwen Hermans +0,64 34.56 1:14.96
	Britt van de Reep	+0,64 41.95	1:29.77	Fanni Farkas +0,37 30.64 1:03.68
5.	AZC 1	AZC	5:09.41	5:17.26 +0,64
	Nina van der Schrier	+0,64 35.11	1:12.55	Jorja Verschoor +0,50 33.22 1:15.31
	Jolie van Ark	+0,65 44.57	1:36.34	Sophie Hoogervorst +0,21 34.42 1:13.06
6.	Blue Marlins 2	Blue Marlins	5:17.37	5:22.34 +0,76
	Milou Filemon	+0,76 38.18	1:18.40	Kamila Makhmadiyarova +0,68 38.67 1:25.07
	Minke Oliva Bouman	+0,63 41.14	1:28.21	Yara Fortes +0,65 32.91 1:10.66
7.	De Schotejil 1	z.c De Schotejil	5:19.69	5:24.63 +0,63
	Stella Offerhaus	+0,63 37.81	1:20.33	Evy v. Nimwegen +0,17 38.55 1:25.65
	Famke Franzen	+0,58 41.04	1:28.56	Nienke v. Weenen +0,49 33.77 1:10.09

Programmanr. 12
25-5-2024 - 16:15

Dames, 4 x 100m wisselslag

Senioren Open
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	4:18.28	4:32.68 +0,58
	Liv Heijdra	+0,58 35.43	1:13.02	Britta Koehorst +0,38 28.27 1:03.01
	Jade Geurts	+0,64 34.48	1:14.47	Marit Huisman +0,52 29.23 1:02.18
2.	Barracuda 1	Niemo Barracuda	4:34.84	4:36.88 +0,67
	Jinth Engelse	+0,67 30.66	1:02.59	Mila Oomens +0,43 32.54 1:14.29
	Anouchka Bos	+0,49 36.35	1:17.82	Amber Hesper +0,44 29.86 1:02.18
3.	Feijenoord Albion 1	Feijenoord Albion	4:32.02	4:43.49 +0,78
	Eloisa Gomes Delgado	+0,78 37.05	1:16.26	Leyla Oversluizen 29.97 1:05.91
	Fenna de Groot	+0,26 35.23	1:17.55	Jazz-Lynn Gomes Delgado 29.50 1:03.77
4.	Blue Marlins 1	Blue Marlins	4:48.45	4:44.59 +0,65
	Floor Hogervorst	+0,65 32.76	1:07.74	Ilse Rozema +0,47 33.12 1:12.15
	Milou Filemon	+0,48 37.67	1:20.41	Sophie van Leent +0,59 30.73 1:04.29

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Programmanr. 12, Dames, 4 x 100m wisselslag, Senioren Open

rang	vereniging	intijd	tijd	RT
5.	ZZ&PC De Devel 1	ZZ&PC De Devel	5:03.86	5:19.79 +0,67
	Madelief Penning	+0,67 40.89	1:24.84 Julia van Wingerden	+0,31 35.56 1:20.47
	Britte Lodder	+0,16 38.84	1:24.72 Jaylin van der Linden	+0,06 31.99 1:09.76
AFGEM	De Schotejil 1	z.c De Schotejil	4:49.69	

Programmanr. 13
26-5-2024 - 9:30

Dames, 200m vrije slag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 1 en 2								
1.	Malin Roozeboom	WVZ	2:12.83 201100006	2:15.76 +0,70	31.21	1:06.47	1:41.33	2:15.76
2.	Milou Filemon	Blue Marlins	2:19.69 201100078	2:21.22 +0,65	32.05	1:07.16	1:44.42	2:21.22
3.	Rozalia Diederiks	ZVL-1886 Center	2:20.50 201100904	2:21.72 +0,85	33.53	1:09.90	1:46.41	2:21.72
4.	Fanni Farkas	De Columbiaan	2:27.96 201100360	2:23.14 +0,83	34.01	1:10.15	1:46.54	2:23.14
5.	Simone Brobbel	ZPC Numansdorp	2:23.27 201200058	2:29.59 +0,76	33.05	1:11.11	1:50.66	2:29.59
6.	Saar de Graaf	ZV Vlaardingen-Schiedt	2:34.72 201101264	2:31.47 +0,85	34.57	1:12.11	1:51.48	2:31.47
7.	Alaine Dumont	ZV De Watervogels	2:30.12 201102140	2:32.59 +0,65	33.64	1:11.80	1:52.70	2:32.59
8.	Meike van der Klugt	WVZ	2:36.01 201100808	2:34.75 +0,74	34.78	1:14.57	1:55.93	2:34.75
9.	Anouk Mulder	De Columbiaan	2:40.75 201200962	2:35.36 +0,92	35.87	1:16.57	1:57.79	2:35.36
10.	Minke Oliva Bouman	Blue Marlins	2:37.40 201100104	2:36.30 +0,65	33.64	1:13.76	1:56.23	2:36.30
11.	Lieselot Penning	ZZ&PC De Devel	2:41.47 201200052	2:38.48 +0,47	37.16	1:17.32	1:58.41	2:38.48
12.	Floortje Bakker	Blue Marlins	2:45.25 201101124	2:43.43 +0,81	36.37	1:17.89	2:01.68	2:43.43
13.	Jet Hogervorst	De Columbiaan	2:48.01 201200738	2:43.47 +0,58	37.71	1:19.43	2:01.83	2:43.47
14.	Danique Westerhof	ZV De Watervogels	2:40.35 201100492	2:44.74 +0,85	36.88	1:19.40	2:03.45	2:44.74
15.	Evy v. Nimwegen	z.c De Schotejil	2:46.89 201100168	2:45.83 +0,52	37.09	1:19.46	2:04.04	2:45.83
16.	Eliza Bijl	De Kempvis	2:48.70 201103782	2:47.47 +0,72	37.74	1:21.00	2:05.51	2:47.47
17.	Nora Jongkoen	ZOB'66	2:43.37 201100984	2:47.84 +0,81	37.16	1:18.80	2:03.98	2:47.84
18.	Sarah van Elleswijk	WVZ	2:49.33 201101126	2:48.44 +0,61	38.03	1:21.04	2:05.20	2:48.44
19.	Jolie van Ark	AZC	2:46.63 201101644	2:49.15 +0,83	36.01	1:18.99	2:03.85	2:49.15
20.	Noa Milou Kooiman	Poseidon'56	2:46.75 201201134	2:50.99 +0,61	36.72	1:19.42	2:05.79	2:50.99
	<i>*BU 200m</i>							
21.	Ilvy Lodder	ZZ&PC De Devel	2:36.86 201100012	2:51.13 +0,76	37.49	1:21.02	2:06.81	2:51.13
22.	Yara Fortes	Blue Marlins	2:56.83 201103030	2:53.08	39.74	1:24.55	2:11.73	2:53.08
23.	Noa Cogels	Poseidon'56	2:53.50 201101320	2:55.23 +0,84	39.73	1:24.28	2:10.82	2:55.23
24.	Eline van Berkel	De Geul	2:55.44 201200232	2:57.11 +0,71	39.65	1:25.84	2:13.76	2:57.11
AFGEM	Odenza Soselisa	Blue Marlins	2:24.50 201101780					
	<i>ziekmelding</i>							
AFGEM	Pip Verhoeven	ZZ&PC De Devel	2:45.27 201200544					

Junioren 3 en 4

1.	Nina van der Schrier	AZC	2:14.49 201000444	2:14.83 +0,58	30.73	1:04.51	1:39.68	2:14.83
2.	Mijke Ouderkerken	Blue Marlins	2:18.72 200901254	2:17.56 +0,77	31.98	1:06.78	1:42.51	2:17.56
3.	Raegan Belmar	Blue Marlins	2:35.60 201004070	2:17.68 +0,85	30.59	1:05.36	1:41.74	2:17.68
4.	Erin de Jong	GZC DONK	2:15.20 201000024	2:18.63 +0,84	32.05	1:06.93	1:43.14	2:18.63
	Ece öngören	Blue Marlins	2:15.25 200903862	2:18.63 +0,75	31.71	1:06.64	1:42.90	2:18.63
6.	Tess van de Steeg	WVZ	2:18.06 201000016	2:20.63 +0,78	32.53	1:08.26	1:44.21	2:20.63
7.	Suuz Griekspoor	Noordwijkerhout	2:18.20 200901204	2:20.98 +0,74	31.37	1:06.58	1:44.01	2:20.98
8.	Nina Tetteroo	De Columbiaan	2:22.43 201000048	2:21.68 +0,88	32.86	1:08.44	1:45.38	2:21.68
9.	Jorja Verschoor	AZC	2:21.21 200902640	2:22.91 +0,78	32.56	1:08.51	1:45.86	2:22.91
10.	Breanna Belmar	Blue Marlins	2:27.11 201004068	2:22.96 +0,80	32.27	1:09.26	1:46.81	2:22.96
11.	Mariia Kostina	Blue Marlins	2:16.46 201002042	2:23.66 +0,69	31.20	1:06.61	1:44.23	2:23.66
12.	Julia Dabrowska	Blue Marlins	2:18.42 201000300	2:24.09 +0,77	32.17	1:08.30	1:45.88	2:24.09
13.	Famke Franzen	z.c De Schotejil	2:27.78 201000058	2:25.36 +0,81	32.06	1:08.84	1:48.26	2:25.36
14.	Eva Ehlert	GZC DONK	2:25.26 201002026	2:27.85 +0,83	31.77	1:09.64	1:49.42	2:27.85
15.	Elin Riedijk	Blue Marlins	2:27.41 201002056	2:28.80 +0,77	33.09	1:10.53	1:49.76	2:28.80
16.	Eefje van Hinsbergen	Blue Marlins	2:29.87 201002252	2:29.09 +0,72	33.16	1:10.60	1:49.79	2:29.09
17.	Esmee de Raadt	Feijenoord Albion	2:35.66 201002328	2:29.12 +0,71	33.71	1:12.92	1:52.57	2:29.12
18.	Jasmijn Schoonen	Wiekslag	2:27.54 200901196	2:29.85 +0,77	33.84	1:11.26	1:50.82	2:29.85
19.	Tess Meeuwissen	De Columbiaan	2:31.77 201000370	2:33.87 +0,53	34.41	1:13.73	1:54.19	2:33.87
20.	Sophie Ferwerda	GZC DONK	2:33.77 200902984	2:33.95 +0,79	34.62	1:14.31	1:55.62	2:33.95
21.	Esmée van Sliedregt	ZOB'66	2:35.13 200902608	2:34.61 +0,67	34.77	1:14.12	1:55.86	2:34.61
22.	Luna Schipper	ZOB'66	2:33.90 200900364	2:34.75 +0,76	35.19	1:14.69	1:55.81	2:34.75
23.	Nienke v. Weenen	z.c De Schotejil	2:38.34 201000282	2:35.37 +0,72	36.80	1:16.99	1:57.56	2:35.37

Provinciale Kampioenschappen lb - sessie 1-4
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Programmanr. 13, Meisjes, 200m vrije slag, Junioren 3 en 4

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
24. Ilse Stout	ACZ	2:33.02 201001704	2:35.40	+0,55	36.07	1:16.33	1:56.76	2:35.40	
25. Annick Gorissen	Blue Marlins	2:41.19 201002248	2:35.83	+0,77	34.75	1:14.26	1:55.69	2:35.83	
26. Tessa de Jong	GZC DONK	2:35.24 201000026	2:36.62	+0,76	35.14	1:15.73	1:58.03	2:36.62	
27. Femke Sonneveld	Poseidon'56	2:34.57 200902802	2:38.05	+0,84	36.95	1:18.12	2:00.16	2:38.05	
28. Veronica Borges	Blue Marlins	2:34.97 200903380	2:39.01	+0,79	35.07	1:14.94	1:57.85	2:39.01	
29. Tess Liebrechts	GZC DONK	2:35.19 201000212	2:39.09	+0,84	36.80	1:18.51	1:59.65	2:39.09	
30. Jennifer Blenk	ZV Vlaardingen-Schied	2:34.02 200903172	2:39.68	+0,51	36.30	1:17.75	2:00.04	2:39.68	
31. Merel Doest	ZV Vlaardingen-Schied	2:35.44 201001142	2:39.69	+0,55	34.41	1:15.21	1:58.26	2:39.69	
32. Rosalie Moller	Niemo Barracuda	2:33.56 200903292	2:39.92	+0,86	35.76	1:16.71	1:59.83	2:39.92	
33. Frederique Bos	GZC DONK	2:38.34 201004030	2:41.80	+0,76	35.48	1:18.22	2:01.48	2:41.80	
34. Brisa Dekkers	GZC DONK	2:33.37 201002164	2:41.82	+0,74	36.85	1:17.99	2:01.43	2:41.82	
35. Demi Bos	Niemo Barracuda	2:34.44 201001282	2:43.48	+0,80	36.59	1:19.00	2:02.12	2:43.48	
36. Stella Nicoud	WZK	2:43.80 200903706	2:44.15	+0,83	34.77	1:17.47	2:01.73	2:44.15	
37. Hannah Rybka	SG SCOM/de Zeehond	2:36.76 200900942	2:44.19	+0,76	36.13	1:17.79	2:01.63	2:44.19	
38. Anouk de Jong	GZC DONK	2:35.60 200902506	2:46.71	+0,76	36.00	1:19.29	2:03.89	2:46.71	
39. Nina Slagter	D.E.S.	2:38.11 201003164	2:48.84	+0,74	37.51	1:20.26	2:05.38	2:48.84	
40. Elvira Rakels	Blue Marlins	2:54.91 201001238	2:51.83	+0,84	40.04	1:23.49	2:10.07	2:51.83	
41. Aminata Turay	Niemo Barracuda	3:01.63 200900282 S10	3:04.90		361	39.99	1:25.83	2:14.42	3:04.90

Jeugd 1 en 2

1. Jade van der Schrier	AZC	2:07.06 200800692	2:08.25	+0,72	29.64	1:01.78	1:34.87	2:08.25
2. Floor Hogervorst	Blue Marlins	2:05.43 200701400	2:12.06	+0,68	30.39	1:03.94	1:38.37	2:12.06
3. Ilse Rozema	Blue Marlins	2:09.96 200803318	2:12.41	+0,67	29.55	1:02.78	1:37.04	2:12.41
4. Liv Heijdra	WVZ	2:17.93 200800736	2:18.54	+0,69	31.19	1:05.83	1:42.03	2:18.54
5. Meyke v. Nimwegen	z.c De Schotejil	2:15.81 200800106	2:19.09	+0,75	32.06	1:06.72	1:42.75	2:19.09
6. Ananda van der Wiel	WVZ	2:21.86 200701562	2:20.78	+0,64	30.76	1:06.21	1:43.57	2:20.78
7. Britte Lodder	ZZ&PC De Devel	2:20.63 200702290	2:22.68	+0,67	33.37	1:10.30	1:47.17	2:22.68
8. J. Gomes Delgado	Feijenoord Albion	2:14.79 200800738	2:23.21	+0,74	30.50	1:06.06	1:44.63	2:23.21
9. Annedieke Scholte	Blue Marlins	2:18.01 200701110	2:24.37	+0,74	33.35	1:09.79	1:47.32	2:24.37
10. Sophie van Leent	Blue Marlins	2:18.09 200800522	2:24.55	+0,72	31.86	1:08.47	1:47.04	2:24.55
11. Marjolijn Offeringa	ZV Vlaardingen-Schied	2:25.02 200701788	2:28.41	+0,74	34.09	1:11.49	1:50.45	2:28.41
12. Juliëtte Priester	WZK	2:32.90 200800872	2:28.95	+0,75	33.79	1:11.37	1:50.34	2:28.95
13. E. Gomes Delgado	Feijenoord Albion	2:21.69 200700812	2:28.98	+0,77	32.63	1:09.26	1:49.14	2:28.98
14. Laura Booij	ZPB H&L Productions	2:23.22 200801292	2:30.80	+0,72	33.40	1:11.45	1:51.97	2:30.80
15. Julia van Wingerden	ZZ&PC De Devel	2:26.73 200800436	2:31.84	+0,64	35.00	1:13.01	1:53.24	2:31.84
16. Sanne Hoogduin	ZVL-1886 Center	2:26.14 200800778	2:32.42	+0,63	35.17	1:14.55	1:53.82	2:32.42
17. Myrthe Kramer	De Duck	2:31.18 200802056	2:32.73	+0,76	35.18	1:13.69	1:54.07	2:32.73
18. Daynah de Snaijer	Zoetermeer	2:27.94 200802266	2:35.02	+0,67	34.28	1:12.91	1:54.03	2:35.02
19. Florian van Veenen	WZK	2:33.73 200801242	2:37.84	+0,55	35.03	1:13.99	1:56.50	2:37.84
20. Aleyna Bakdemir	Blue Marlins	2:39.07 200804386	2:42.18	+0,84	36.60	1:16.50	1:59.33	2:42.18

Senioren 1 en ouder

1. Mare Schallenberg	ACZ	2:08.14 200600078	2:06.64	+0,68	29.62	1:01.69	1:34.71	2:06.64	
2. Tessa Giele	Feijenoord Albion	2:05.00 200203124	2:07.66	+0,60	28.81	1:01.60	1:35.34	2:07.66	
3. Lynn Blommers	Blue Marlins	2:04.13 200105062	2:08.52	+0,70	29.56	1:01.71	1:35.31	2:08.52	
4. Merel Schravendijk	Blue Marlins	2:05.13 200503382	2:09.33	+0,71	29.68	1:02.00	1:35.42	2:09.33	
5. Megan Jonkman	Blue Marlins	2:03.77 200600508	2:10.46	+0,73	30.10	1:02.91	1:36.88	2:10.46	
6. Angelique van Vark	GZC DONK	2:06.80 199701478	2:11.11	+0,67	30.61	1:03.60	1:37.53	2:11.11	
7. Anouchka Bos	Niemo Barracuda	2:17.60 200501528	2:17.42	+0,74	31.89	1:06.70	1:42.48	2:17.42	
8. Madelif Mans	Blue Marlins	2:23.96 200501260	2:18.85	+0,72	31.24	1:06.85	1:43.82	2:18.85	
<i>*BU 50m</i>									
9. Anna Beck	Blue Marlins	2:16.28 200605282	2:21.25	+0,76	32.10	1:07.28	1:44.21	2:21.25	
10. Alina Verga	Blue Marlins	2:11.95 200603112	2:23.03	+0,72	32.91	1:08.85	1:46.02	2:23.03	
11. Madoline Held	Blue Marlins	2:15.51 200503412	2:28.91	+0,71	32.88	1:10.62	1:50.87	2:28.91	
12. Anke Lambooij	De Vliet (SG)	2:19.99 198001182	2:29.33	+0,81	33.25	1:10.41	1:49.75	2:29.33	
13. Daphne van Tilburg	De Geul	2:27.58 200500580	2:31.09	+0,77	34.04	1:12.40	1:52.32	2:31.09	
14. Hilda Vrijbloed	ZV Vlaardingen-Schied	2:23.20 200605262	2:34.27	+0,82	34.83	1:15.20	1:56.26	2:34.27	
15. Milou van Winkel	WVZ	2:35.27 200402296 S14	2:38.74	+0,78	484	35.64	1:17.08	1:58.30	2:38.74
AFGEM Laura 't Lam	De Geul	2:21.47 200603376							
AFGEM Aisha Nobels	z.c De Schotejil	2:20.95 200501710							
AFGEM Robin Pienaar	Niemo Barracuda	2:20.62 200102236							
NG Aguila Dolsma	Blue Marlins	2:37.54 200603902 S14							

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 14
26-5-2024 - 10:15

Heren, 50m schoolslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Duco de Gelder	Blue Marlins	35.57	201000217	33.72	+0,66
2.	Myron Artemenko	Niemo Barracuda	34.76	201003021	33.92	+0,68
3.	Luca Monster	ZPC Numansdorp	36.11	201100343	35.78	+0,66
4.	Mahdi Jaghori	DSZ	38.01	201003745	37.17	+0,64
5.	Thijs Jonkman	De Duck	37.31	201000481	37.47	+0,74
6.	Dax van den Nouland	Blue Marlins	37.38	201000071	38.39	+0,63
7.	Eli Shields	Niemo Barracuda	37.97	201000407	39.44	+0,65
8.	Tygo van Berkel	De Geul	38.36	201000327	39.79	+0,69
9.	Kjeld Vos	De Geul	39.12	201000153	39.98	+0,70
10.	Jake van Duivendijk	Blue Marlins	40.79	201000945	40.08	+0,71
11.	Sander de Bruin	ZZ&PC De Devel	39.84	201100617	40.16	+0,68
12.	Izayah Castillo	Blue Marlins	41.58	201100311	40.60	+0,74
13.	Mees Janssen	DSZ	40.20	201102025	40.76	+0,62
14.	Thijs van Kints	BZ en PC	39.26	201101059	40.80	+0,78
15.	Joep Lindhout	Niemo Barracuda	42.12	201100873	40.97	+0,74
16.	Nout de Roo	Blue Marlins	40.24	201103345	41.11	+0,67
17.	Ghalil Lodder	Wiekslag	40.73	201000711	41.70	+0,68
18.	Alan Vasilevski	MNC Dordrecht	42.16	201101509	42.00	+0,66
19.	Noah Abdullsada	ZZ&PC De Devel	42.77	201002411	42.42	+0,53
20.	Gijs van der Lee	AZC	43.49	201101237	42.62	+0,74
21.	Heorhii Bohachova	ZV Westland	41.16	201103177	42.72	+0,76
22.	Vince van Dam	ACZ	43.49	201000405	43.14	+0,61
23.	Rens van der Es	De Geul	42.30	201000583	43.25	+0,63
24.	Ezra Sekhon	WZK	42.65	201103267	43.37	+0,55
25.	Hamza Rafaan	GZC DONK	43.50	201003527	43.63	+0,61
26.	Fryderyck Krys Straszak	MNC Dordrecht	45.24	201101853	44.22	+0,96
27.	Finn Knijnenburg	De Columbiaan	43.61	201101319	44.23	+0,61
28.	Joshua Walkow	WZK	43.69	201003587	45.08	+0,72
29.	Enrico Avella	De Columbiaan	46.39	201000727	46.76	+0,67
30.	Joseph Crott	GZC DONK	45.63	201101045	48.44	+0,79
DIS	Shiloh Bravenboer	Poseidon'56	44.79	201000661		+0,72

AA - De start ingezet voor het startsignaal (en wel gezwommen).

NG Jordan Neyhoft Wiekslag 40.47 201000765

Junioren 3 en 4

1.	Thygo van Peppel	Blue Marlins	31.48	200901101	31.86	+0,68
2.	Floris van der Valk	Wiekslag	30.71	200801891	31.89	+0,62
3.	Adriaan Coppelmanns	AZC	32.46	200903243	33.25	+0,62
4.	Tristan Fredema	Blue Marlins	33.46	200903699	33.27	+0,70
5.	Rein Stael	ZVL-1886 Center	33.46	200800463	34.15	+0,72
6.	Luuk Knijnenburg	De Columbiaan	34.81	200802291	34.80	+0,71
7.	Alex Woe	Poseidon'56	34.92	200801393	34.86	+0,60
8.	Neo Reiber	Feijenoord Albion	34.37	200900699	34.99	+0,64
9.	Fabrice Poot	ZV De Watervogels	35.29	200800757	35.21	+0,75
10.	Ivo Bot	Wiekslag	34.56	200900509	35.35	+0,66
11.	Luka Arkesteyn	ACZ	36.25	200903023	35.48	+0,79
12.	Fabian Riedijk	Blue Marlins	34.81	200800603	36.06	+0,71
13.	Lucas Bongers	ZOB'66	39.19	200800903	36.48	+0,67
14.	Bink de Vries	AZC	38.02	200901887	36.58	+0,66
15.	Milán Biró	ACZ	38.36	200803169	36.75	+0,63
16.	Seth van den Dool	GZC DONK	36.79	200803809	36.78	+0,67
17.	Gijs Hartwijk	ZVL-1886 Center	36.00	200800573	37.12	+0,64
18.	Milan Roos	ZOB'66	40.30	200802971	37.40	+0,71
19.	Avner Weigel	Z&PC Rotterdam	37.78	200900697	37.47	+0,75
20.	Thijs Bijman	Niemo Barracuda	36.95	200901111	37.49	+0,78
21.	Art Jin van der Ent	Blue Marlins	37.11	200903785	37.89	+0,75
22.	Mitchell van Dijk	Niemo Barracuda	37.25	200800577	38.19	+0,80
23.	Nathan Creyf	WZK	38.72	200903557	38.58	+0,82
24.	Yaroslav Budylevskiy	Niemo Barracuda	38.56	200903563	38.62	+0,74
25.	Dylan Dortland	Niemo Barracuda	38.32	200900165	39.38	+0,70
26.	Lintar Shidiq	ZVL-1886 Center	39.68	200802571	39.44	+0,73
27.	Idse Eisses	WVZ	38.40	200900009	39.58	+0,71
28.	Luca Kamps	De Vliet (SG)	38.24	200900891	39.65	+0,74
29.	Joëll van der Meiden	ZV Vlaardingen-Schiedam	38.87	200903439	39.95	+0,74

Provinciale Kampioenschappen Ib - sessie 1-4
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Programmanr. 14, Jongens, 50m schoolslag, Junioren 3 en 4

rang	naam	vereniging	intijd		tijd	RT
30.	Arne Robbemont	D.E.S.	40.48	200802561	39.96	+0,67
31.	Ralfs Lagzdins	ZPB H&L Productions	38.35	200903031	40.08	+0,82
32.	Sascha Timmer	AZC	39.38	200902987	40.36	+0,62
33.	Merijn van den Berg	DSZ	38.55	200801281	40.37	+0,66
34.	Thijs Militie	DWF	41.05	200901507	40.48	+0,73
35.	Thomas Braat	AZC	40.90	200802269	40.59	+0,77
36.	Thom Veldhoen	ZZ&PC De Devel	40.73	200901159	41.63	+0,65
37.	Thomas Zondag	MNC Dordrecht	40.97	200800063	42.19	+0,67
38.	Marcel Koziol	Noordwijkerhout	40.92	200803265	42.70	+0,74
39.	Luuk Schippers	Poseidon'56	40.00	200901161	42.85	+0,86
40.	Rowél Boon	Z&PC Rotterdam	42.98	200800917	43.86	+0,67

Jeugd 1 en 2

1.	Nikodim Markovic	Blue Marlins	29.61	200700255	30.29	+0,67
2.	Roan van der Weide	Blue Marlins	29.85	200601629	30.37	+0,72
3.	Jesse van der Meij	ZVL-1886 Center	31.36	200600841	31.66	+0,72
4.	Thierry Zulver	ZV Vlaardingen-Schiedam	29.92	200700023	32.02	+0,61
	Joshua Agussalim	WVZ	30.33	200600153	32.02	+0,65
6.	Floris Tanis	Feijenoord Albion	32.14	200700005	32.05	+0,71
7.	Twan Huisman	WVZ	31.66	200702207	32.08	+0,72
8.	Jasper Groen	ACZ	33.04	200602325	32.81	+0,68
9.	James Lawton	De Columbiaan	32.52	200700745	33.49	+0,62
10.	Twan Hoogervorst	De Columbiaan	34.22	200700741	33.55	+0,68
11.	Sven Markkus Eschbach	ZZ&PC De Devel	34.83	200602013	33.90	+0,66
12.	Joshua Posthoorn	Blue Marlins	34.62	200701749	34.66	+0,67
13.	Marnix van Wanrooij	ZPB H&L Productions	34.56	200600015	35.55	+0,71
14.	Kristian Hoogenraad	ZV Westland	34.47	200602899	35.58	+0,75

Senioren 1 en ouder

1.	Ensger Kotterink	Feijenoord Albion	28.77	199403391	29.32	+0,62
2.	Jasper Willig	Blue Marlins	28.94	200104757	29.87	+0,67
3.	Erik Simons	WZK	30.22	198902845	30.36	+0,79
4.	Michael Smink	Blue Marlins	28.36	200302169	30.49	+0,66
5.	Bert Duivenvoorde	De Columbiaan	30.62	199701805	30.79	+0,69
6.	Robin Schols	ACZ	31.46	200400433	31.11	+0,61
7.	Mart de Koning	ZOB'66	30.91	200203253	31.46	+0,66
8.	Daan Hogerhuis	De Columbiaan	31.61	200300317	31.56	+0,70
9.	Dave van den Nieuwendijk	De Columbiaan	31.36	200100475	31.75	+0,75
10.	Milan Hamel	Blue Marlins	30.26	200302125	31.77	+0,69
11.	Thijs Visser	Niemo Barracuda	31.37	200502129	31.95	+0,71
12.	Simon Dijkstra	Blue Marlins	32.50	200204905	32.52	+0,63
13.	Kevin Kingma	ACZ	32.43	199700559	32.83	+0,70
14.	Jort Vizee	Feijenoord Albion	33.24	200201779	33.41	+0,59
15.	Thomas Hesper	Niemo Barracuda	31.77	200004181	33.96	+0,83
16.	Mark Hensen	Niemo Barracuda	32.86	197900497	34.14	+0,75
17.	Sam Beer	Poseidon'56	32.77	199605521	34.39	+0,74
18.	Thijs Huizer	Noordwijkerhout	34.26	200502523	34.45	+0,70
19.	Sidique Turay	Niemo Barracuda	31.98	200500981	34.51	+0,78
20.	Nino van Krimpen	ZOB'66	34.53	200004611	35.24	+0,68
21.	Tim van Lochem	Blue Marlins	35.21	200500077	37.87	+0,74
22.	Abdallah Mezzouri	Blue Marlins	37.67	200504109	38.84	+0,63
NG.ZA	Bas Verdoes	De Columbiaan	32.67	199801487		

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Dames, 100m vlinderslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
Junioren 1 en 2								
1.	Odenza Soselisa	Blue Marlins	1:07.76	201101780	1:10.04	+0,59	32.41	1:10.04
2.	Chloé in 't Veen	WVZ	1:13.79	201100010	1:13.47	+0,67	33.83	1:13.47
3.	Julia Bannatyne	BZ en PC	1:14.61	201201020	1:16.24	+0,85	35.36	1:16.24
4.	Simone Brobbel	ZPC Numansdorp	1:14.41	201200058	1:17.44	+0,75	35.28	1:17.44
5.	Milou Filemon	Blue Marlins	1:17.25	201100078	1:18.57	+0,72	36.55	1:18.57
6.	Alaine Dumont	ZV De Watervogels	1:13.31	201102140	1:18.92	+0,66	34.56	1:18.92
7.	Minke Oliva Bouman	Blue Marlins	1:21.31	201100104	1:18.97	+0,75	35.52	1:18.97
8.	K. Makhmadiyarova	Blue Marlins	1:24.38	201103178	1:19.46	+0,68	36.30	1:19.46
9.	Fanni Farkas	De Columbiaan	1:19.47	201100360	1:20.49	+0,89	37.57	1:20.49
10.	Rozalia Diederiks	ZVL-1886 Center	1:19.76	201100904	1:25.85	+0,81	37.11	1:25.85
11.	Anouk Mulder	De Columbiaan	1:29.46	201200962	1:27.25	+0,99	39.99	1:27.25
12.	Evy v. Nimwegen	z.c De Schotejil	1:23.23	201100168	1:28.16		39.67	1:28.16
	<i>BU: 50m</i>							
	Saar de Graaf	ZV Vlaardingen-Schiedam	1:27.20	201101264	1:28.16	+0,97	39.89	1:28.16
14.	Guusje van Geest	ZV Vlaardingen-Schiedam	1:28.36	201200352	1:29.43	+0,73	42.73	1:29.43
	<i>*BU: 50m</i>							
15.	Danique Westerhof	ZV De Watervogels	1:29.10	201100492	1:31.17	+0,84	41.27	1:31.17
16.	Eliza Bijl	De Kempvis	1:23.89	201103782	1:32.82	+0,75	39.22	1:32.82
17.	Jet Hogervorst	De Columbiaan	1:33.62	201200738	1:37.44		44.62	1:37.44
18.	Nina Dolphijn	Poseidon'56	1:38.41	201200504	1:39.67	+0,87	44.75	1:39.67
AFGEM	Pip Verhoeven	ZZ&PC De Devel	1:30.50	201200544				
Junioren 3 en 4								
1.	Tess Vonk	De Geul	1:05.66	200900024	1:08.68	+0,64	31.73	1:08.68
2.	Fleur van den Eijk	Blue Marlins	1:08.84	200900304	1:10.98	+0,65	32.36	1:10.98
3.	Erin de Jong	GZC DONK	1:10.99	201000024	1:12.71	+0,82	34.20	1:12.71
4.	Mariia Kostina	Blue Marlins	1:09.98	201002042	1:13.26	+0,69	32.71	1:13.26
5.	Manou Longayroux	Blue Marlins	1:12.29	201000580	1:13.27	+0,67	34.24	1:13.27
6.	Julia Dabrowska	Blue Marlins	1:09.21	201000300	1:14.41	+0,82	33.07	1:14.41
7.	Gwen Hermans	De Columbiaan	1:13.36	200900058	1:14.44	+0,63	33.97	1:14.44
8.	Tess Meeuwissen	De Columbiaan	1:19.81	201000370	1:15.51	+0,52	34.39	1:15.51
9.	Anouk Steller	WVZ	1:14.38	201000004	1:15.79	+0,73	34.70	1:15.79
10.	Merel Bijl	SG SCOM/de Zeehond'73	1:16.15	200900762	1:16.65	+0,71	34.87	1:16.65
11.	Luna Schipper	ZOB'66	1:18.35	200900364	1:16.75	+0,78	34.75	1:16.75
12.	Esmee de Raadt	Feijenoord Albion	1:16.87	201002328	1:16.87	+0,70	35.03	1:16.87
13.	Eva Ehlert	GZC DONK	1:15.37	201002026	1:17.04	+0,69	33.71	1:17.04
14.	Eefje van Hinsbergen	Blue Marlins	1:14.48	201002252	1:17.10	+0,71	35.05	1:17.10
15.	Suuz Griekspoor	Noordwijkerhout	1:17.05	200901204	1:18.89	+0,76	35.24	1:18.89
16.	Hadewych Forschelen	MNC Dordrecht	1:18.07	200903572	1:19.37	+0,74	37.45	1:19.37
17.	Famke Franzen	z.c De Schotejil	1:17.54	201000058	1:19.64	+0,81	35.63	1:19.64
18.	Nina van der Schrier	AZC	1:17.90	201000444	1:19.75	+0,60	35.81	1:19.75
19.	Evy de Bonte	z.c De Schotejil	1:15.37	201000220	1:20.74	+0,74	35.68	1:20.74
20.	Sanne Mulder	WVZ	1:22.03	200900280	1:21.93	+0,56	34.46	1:21.93
21.	Nina Tetteroo	De Columbiaan	1:22.20	201000048	1:22.14	+0,70	36.88	1:22.14
22.	Annika Binneveld	De Duck	1:22.92	201001268	1:22.73	+0,67	39.91	1:22.73
	<i>BU: 50m</i>							
23.	Breanna Belmar	Blue Marlins	1:22.70	201004068	1:23.15	+0,83	37.09	1:23.15
24.	Esmée van Sliedregt	ZOB'66	1:18.13	200902608	1:24.60	+0,66	37.07	1:24.60
25.	Veronica Borges	Blue Marlins	1:21.75	200903380	1:24.64	+0,79	38.36	1:24.64
26.	Stella Nicoud	WZK	1:20.45	200903706	1:24.82	+0,88	37.64	1:24.82
27.	Merel Doest	ZV Vlaardingen-Schiedam	1:24.21	201001142	1:27.17	+0,64	38.36	1:27.17
28.	Tessa de Jong	GZC DONK	1:21.63	201000026	1:28.97	+0,66	38.22	1:28.97
29.	Victoria Diederiks	ZVL-1886 Center	1:18.37	200900758	1:29.32	+0,66	36.37	1:29.32
30.	Ilse Stout	ACZ	1:22.21	201001704	1:32.19	+0,73	39.71	1:32.19
31.	Brisa Dekkers	GZC DONK	1:22.39	201002164	1:33.17	+0,70	39.98	1:33.17
	<i>*BU 100m</i>							
32.	Britt Duijvestijn	Blue Marlins	1:38.33	201003658	1:38.42		44.00	1:38.42
33.	Elvira Rakels	Blue Marlins	1:38.99	201001238	1:38.90	+0,77	43.62	1:38.90

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Programmanr. 15, Dames, 100m vlinderslag

Jeugd 1 en 2

1.	Jade van der Schrier	AZC	1:09.46	200800692	1:08.02	+0,69	31.77	1:08.02	
2.	Lisa Dirkzwager	Blue Marlins	1:12.26	200703458	1:08.51	+0,80	31.16	1:08.51	
3.	Liv Heijdra	WVZ	1:07.14	200800736	1:08.62	+0,68	31.30	1:08.62	
4.	Meyke v. Nimwegen	z.c De Schoteijl	1:08.09	200800106	1:09.92	+0,73	32.61	1:09.92	
5.	Britte Lodder	ZZ&PC De Devel	1:14.51	200702290	1:13.48	+0,67	34.47	1:13.48	
6.	Mila Oomens	Niemo Barracuda	1:12.45	200700016	1:13.71	+0,80	33.54	1:13.71	
7.	J. Gomes Delgado	Feijenoord Albion	1:09.63	200800738	1:14.34	+0,71	33.28	1:14.34	
8.	Marjolijn Offeringa	ZV Vlaardingen-Schiedam	1:14.65	200701788	1:19.78	+0,65	35.16	1:19.78	
9.	Julia van Wingerden	ZZ&PC De Devel	1:19.09	200800436	1:21.05	+0,62	36.61	1:21.05	
10.	Florien van Veenen	WZK	1:20.56	200801242	1:21.40	+0,54	35.70	1:21.40	
11.	Florine Rausch	D.E.S.	1:18.36	200804508	1:22.98	+0,71	37.06	1:22.98	
	BU: 100m								
12.	Jaylin van der Linden	ZZ&PC De Devel	1:19.45	200701766	1:23.07	+0,67	37.39	1:23.07	
13.	Juliette Priester	WZK	1:18.99	200800872	1:26.69	+0,81	39.39	1:26.69	
14.	Samantha van der Jagt	Poseidon'56	1:22.72	200700220	1:27.31	+0,78	39.47	1:27.31	
NG.ZA	Ilse Rozema	Blue Marlins	1:07.56	200803318					
NG	Ananda van der Wiel	WVZ	1:09.51	200701562					

Senioren 1 en ouder

1.	Tessa Giele	Feijenoord Albion	57.38	200203124	59.90	+0,61	27.55	59.90
2.	Britta Koehorst	WVZ	59.27	200300246	1:01.63	+0,67	28.20	1:01.63
3.	Fenna de Groot	Feijenoord Albion	1:04.35	199701796	1:04.16	+0,66	29.46	1:04.16
4.	Silke Molendijk	ZVL-1886 Center	1:03.13	200100178	1:05.03	+0,65	30.56	1:05.03
5.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	1:02.99	200503292	1:05.18	+0,80	29.58	1:05.18
6.	Mare Schallenberg	ACZ	1:04.81	200600078	1:06.06	+0,69	30.80	1:06.06
7.	Leyla Oversluijzen	Feijenoord Albion	1:05.37	200602730	1:06.79	+0,72	30.31	1:06.79
8.	Lynn Blommers	Blue Marlins	1:03.96	200105062	1:08.95	+0,67	31.55	1:08.95
9.	Angelique van Vark	GZC DONK	1:07.00	199701478	1:09.47	+0,70	32.28	1:09.47
10.	Madelief Mans	Blue Marlins	1:10.50	200501260	1:09.88	+0,73	32.67	1:09.88
11.	Julia Notenboom	De Columbiaan	1:10.30	200302596	1:11.18	+0,77	34.05	1:11.18
12.	Rinske Bouman	Blue Marlins	1:07.61	200400578	1:11.91	+0,76	31.76	1:11.91
13.	Roos van Esch	ACZ	1:12.78	198200468	1:14.16	+0,81	34.47	1:14.16
14.	Anna Beck	Blue Marlins	1:11.94	200605282	1:14.63	+0,77	34.82	1:14.63
15.	Donna van der Meer	BZ en PC	1:10.29	200601146	1:14.65	+0,66	32.80	1:14.65
16.	Amber Hesper	Niemo Barracuda	1:17.57	200202188	1:16.43	+0,77	34.19	1:16.43
17.	Nikita Herwig	Wiekslag	1:16.66	199903552	1:19.49	+0,78	34.63	1:19.49
18.	Iris van Rossum	ACZ	1:18.41	200004858	1:20.50	+0,75	36.46	1:20.50
19.	Nina Tourton	ZOB'66	1:18.36	199603612	1:22.31	+0,93	35.78	1:22.31
20.	Sanne Nederveen	DWF	1:18.02	200204884	1:27.55	+0,83	36.35	1:27.55
21.	Milou van Winkel	WVZ	1:22.20	200402296	1:30.72	+0,75	38.85	1:30.72
22.	Esmeralda Elbers	Blue Marlins	1:41.30	200404888	1:43.86	+0,76	46.60	1:43.86
AFGEM	Laura 't Lam	De Geul	1:07.85	200603376				
AFGEM	Robin Pienaar	Niemo Barracuda	1:16.47	200102236				
NG	Kim de Jong	De Columbiaan	1:13.10	200301026				
NG	Emma Verkuyl	WVZ	1:05.92	200500826				

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Heren, 400m wisselslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
Junioren 1 en 2						
1.	Myron Artemenko	Niemo Barracuda	5:22.71	201003021	5:15.84 +0,71	
	50m: 31.73	31.73	150m: 1:50.76	40.46	250m: 3:16.28	44.99
	100m: 1:10.30	38.57	200m: 2:31.29	40.53	300m: 4:03.82	47.54
					350m: 4:41.52	37.70
					400m: 5:15.84	34.32
2.	Duco de Gelder	Blue Marlins	5:18.10	201000217	5:24.10 +0,66	
	50m: 34.56	34.56	150m: 2:00.18	42.41	250m: 3:25.66	44.17
	100m: 1:17.77	43.21	200m: 2:41.49	41.31	300m: 4:10.95	45.29
					350m: 4:48.51	37.56
					400m: 5:24.10	35.59
3.	Dax van den Nouland	Blue Marlins	5:18.27	201000071	5:25.90 +0,64	
	50m: 35.19	35.19	150m: 1:58.10	41.87	250m: 3:25.32	46.59
	100m: 1:16.23	41.04	200m: 2:38.73	40.63	300m: 4:11.36	46.04
					350m: 4:49.29	37.93
					400m: 5:25.90	36.61
4.	Eli Shields	Niemo Barracuda	5:59.41	201000407	5:32.85 +0,64	
	50m: 34.80	34.80	150m: 2:00.17	43.42	250m: 3:30.22	48.94
	100m: 1:16.75	41.95	200m: 2:41.28	41.11	300m: 4:18.81	48.59
					350m: 4:56.35	37.54
					400m: 5:32.85	36.50

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Programmanr. 16, Jongens, 400m wisselslag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT		
5.	Thijs Jonkman	De Duck	5:31.61	201000481	5:42.34 +0,82		
	50m: 34.66	34.66 150m: 2:03.15	46.07	250m: 3:35.77	49.37	350m: 5:04.79	39.88
	100m: 1:17.08	42.42 200m: 2:46.40	43.25	300m: 4:24.91	49.14	400m: 5:42.34	37.55
6.	Lev Rudman	Blue Marlins	5:40.72	201102343	5:44.64 +0,68		
	50m: 33.77	33.77 150m: 2:03.33	45.58	250m: 3:37.12	49.96	350m: 5:06.70	39.58
	100m: 1:17.75	43.98 200m: 2:47.16	43.83	300m: 4:27.12	50.00	400m: 5:44.64	37.94
7.	Roemer Bindels	Blue Marlins	5:39.50	201003335	5:50.56 +0,62		
	50m: 36.82	36.82 150m: 2:06.24	45.34	250m: 3:42.47	51.13	350m: 5:12.59	40.10
	100m: 1:20.90	44.08 200m: 2:51.34	45.10	300m: 4:32.49	50.02	400m: 5:50.56	37.97
8.	Joep Lindhout	Niemo Barracuda	5:51.99	201100873	6:00.54 +0,73		
	50m: 39.26	39.26 150m: 2:10.97	45.56	250m: 3:47.04	50.27	350m: 5:20.77	43.27
	100m: 1:25.41	46.15 200m: 2:56.77	45.80	300m: 4:37.50	50.46	400m: 6:00.54	39.77
9.	Tygo van Berkel	De Geul	6:30.72	201000327	6:07.96 +0,70		
	50m: 39.29	39.29 150m: 2:17.99	50.20	250m: 3:56.22	50.68	350m: 5:29.96	41.68
	100m: 1:27.79	48.50 200m: 3:05.54	47.55	300m: 4:48.28	52.06	400m: 6:07.96	38.00
10.	Finn Knijnenburg	De Columbiaan	6:02.56	201101319	6:12.48 +0,50		
	50m: 38.55	38.55 150m: 2:15.18	46.58	250m: 3:53.45	53.43	350m: 5:30.84	43.16
	100m: 1:28.60	50.05 200m: 3:00.02	44.84	300m: 4:47.68	54.23	400m: 6:12.48	41.64
11.	Jake van Duivendijk	Blue Marlins	6:13.93	201000945	6:15.13 +0,68		
	50m: 40.73	40.73 150m: 2:18.68	49.48	250m: 4:00.19	54.30	350m: 5:36.81	42.68
	100m: 1:29.20	48.47 200m: 3:05.89	47.21	300m: 4:54.13	53.94	400m: 6:15.13	38.32
12.	Izayah Castillo	Blue Marlins	6:13.56	201100311	6:15.21 +0,74		
	50m: 35.87	35.87 150m: 2:17.04	51.43	250m: 3:57.27	51.16	350m: 5:33.50	43.47
	100m: 1:25.61	49.74 200m: 3:06.11	49.07	300m: 4:50.03	52.76	400m: 6:15.21	41.71
13.	Sander de Bruin	ZZ&PC De Devel	6:13.36	201100617	6:16.62 +0,69		
	50m: 39.82	39.82 150m: 2:23.86	52.18	250m: 4:02.84	49.76	350m: 5:37.39	43.46
	100m: 1:31.68	51.86 200m: 3:13.08	49.22	300m: 4:53.93	51.09	400m: 6:16.62	39.23
14.	Rens van der Es	De Geul	6:10.49	201000583	6:26.71 +0,66		
	50m: 40.59	40.59 150m: 2:25.25	51.77	250m: 4:09.90	53.73	350m: 5:46.54	41.95
	100m: 1:33.48	52.89 200m: 3:16.17	50.92	300m: 5:04.59	54.69	400m: 6:26.71	40.17
15.	Ghalil Lodder	Wiekslag	6:42.17	201000711	6:33.15 +0,67		
	50m: 40.10	40.10 150m: 2:25.75	51.14	250m: 4:08.82	54.13	350m: 5:51.67	48.64
	100m: 1:34.61	54.51 200m: 3:14.69	48.94	300m: 5:03.03	54.21	400m: 6:33.15	41.48
16.	Jaysley Brouwn	Niemo Barracuda	6:22.37	201101033	6:35.80		
	50m: 42.18	42.18 150m: 2:23.88	49.72	250m: 4:07.72	56.19	350m: 5:50.31	45.11
	100m: 1:34.16	51.98 200m: 3:11.53	47.65	300m: 5:05.20	57.48	400m: 6:35.80	45.49
17.	Kaj van der Ham	ZVL-1886 Center	6:35.22	201100325	6:44.45 +0,69		
	50m: 44.63	44.63 150m: 2:39.54	55.98	250m: 4:23.99	53.28	350m: 6:04.09	42.93
	100m: 1:43.56	58.93 200m: 3:30.71	51.17	300m: 5:21.16	57.17	400m: 6:44.45	40.36
18.	Joshua Walkow	WZK	6:28.04	201003587	6:52.21 +0,75		
	50m: 42.73	42.73 150m: 2:28.82	50.13	250m: 4:17.27	1:00.19	350m: 6:06.02	47.36
	100m: 1:38.69	55.96 200m: 3:17.08	48.26	300m: 5:18.66	1:01.39	400m: 6:52.21	46.19
19.	Enrico Avella	De Columbiaan	6:43.24	201000727	7:04.36 +0,68		
	50m: 40.54	40.54 150m: 2:27.20	50.76	250m: 4:20.47	1:02.60	350m: 6:14.29	51.21
	100m: 1:36.44	55.90 200m: 3:17.87	50.67	300m: 5:23.08	1:02.61	400m: 7:04.36	50.07
20.	Ruben Pes	De Vliet (SG)	6:47.57	201100931	7:08.14 +0,82		
	50m: 40.91	40.91 150m: 2:30.21	56.21	250m: 4:27.93	1:01.99	350m: 6:19.34	49.61
	100m: 1:34.00	53.09 200m: 3:25.94	55.73	300m: 5:29.73	1:01.80	400m: 7:08.14	48.80
NG	Jordan Neyhoft	Wiekslag	6:03.90	201000765			

Junioren 3 en 4

1.	Yarno van Dam	ACZ	4:44.15	200800115	4:52.92 +0,67		
	50m: 28.98	28.98 150m: 1:40.67	37.68	250m: 3:01.06	42.68	350m: 4:19.50	34.71
	100m: 1:02.99	34.01 200m: 2:18.38	37.71	300m: 3:44.79	43.73	400m: 4:52.92	33.42
2.	Tim Boerefijn	WVZ	4:54.71	200802815	5:00.83 +0,69		
	50m: 31.47	31.47 150m: 1:47.47	39.79	250m: 3:11.03	44.75	350m: 4:29.00	32.73
	100m: 1:07.68	36.21 200m: 2:26.28	38.81	300m: 3:56.27	45.24	400m: 5:00.83	31.83
3.	Adriaan Coppelmans	AZC	4:53.49	200903243	5:02.38 +0,63		
	50m: 32.07	32.07 150m: 1:49.29	39.22	250m: 3:10.59	42.95	350m: 4:29.14	35.37
	100m: 1:10.07	38.00 200m: 2:27.64	38.35	300m: 3:53.77	43.18	400m: 5:02.38	33.24
4.	Gijs Hartwijk	ZVL-1886 Center	5:00.96	200800573	5:06.33 +0,64		
	50m: 31.25	31.25 150m: 1:46.89	38.94	250m: 3:10.52	44.57	350m: 4:30.94	35.18
	100m: 1:07.95	36.70 200m: 2:25.95	39.06	300m: 3:55.76	45.24	400m: 5:06.33	35.39
5.	Ivo Bot	Wiekslag	4:57.56	200900509	5:11.29 +0,72		
	50m: 31.31	31.31 150m: 1:51.03	40.96	250m: 3:15.72	44.69	350m: 4:36.60	36.23
	100m: 1:10.07	38.76 200m: 2:31.03	40.00	300m: 4:00.37	44.65	400m: 5:11.29	34.69
6.	Aidan van der Stelt	Blue Marlins	5:13.80	200900901	5:25.75 +0,75		
	50m: 31.52	31.52 150m: 1:54.76	43.93	250m: 3:24.37	47.57	350m: 4:49.99	36.97
	100m: 1:10.83	39.31 200m: 2:36.80	42.04	300m: 4:13.02	48.65	400m: 5:25.75	35.76

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 16, Jongens, 400m wisselslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
7.	Seth van den Dool	GZC DONK	5:21.50	200803809	5:29.68 +0,77
	50m: 32.09	32.09 150m: 1:57.88	44.95 250m: 3:28.25	46.35 350m: 4:53.28	37.06
	100m: 1:12.93	40.84 200m: 2:41.90	44.02 300m: 4:16.22	47.97 400m: 5:29.68	36.40
8.	Floris van der Valk	Wiekslag	5:18.44	200801891	5:32.25 +0,67
	50m: 30.96	30.96 150m: 1:57.76	44.47 250m: 3:27.63	46.58 350m: 4:54.43	40.04
	100m: 1:13.29	42.33 200m: 2:41.05	43.29 300m: 4:14.39	46.76 400m: 5:32.25	37.82
9.	Sven Mulder	WVZ	5:34.68	200901655	5:35.50 +0,58
	50m: 35.73	35.73 150m: 2:02.04	41.66 250m: 3:32.91	49.57 350m: 5:00.67	37.49
	100m: 1:20.38	44.65 200m: 2:43.34	41.30 300m: 4:23.18	50.27 400m: 5:35.50	34.83
10.	Sascha Timmer	AZC	6:04.98	200902987	5:41.70 +0,65
	50m: 31.72	31.72 150m: 1:55.01	44.28 250m: 3:32.07	53.30 350m: 5:05.68	39.27
	100m: 1:10.73	39.01 200m: 2:38.77	43.76 300m: 4:26.41	54.34 400m: 5:41.70	36.02
11.	Esh Nolden	Blue Marlins	6:02.40	200800145	5:48.64 +0,63
	50m: 36.28	36.28 150m: 2:05.57	45.89 250m: 3:40.22	50.15 350m: 5:12.12	41.55
	100m: 1:19.68	43.40 200m: 2:50.07	44.50 300m: 4:30.57	50.35 400m: 5:48.64	36.52
12.	Felix Rademaker	Blue Marlins	5:46.87	200804057	5:50.30 +0,73
	50m: 36.94	36.94 150m: 2:10.48	46.41 250m: 3:44.50	48.54 350m: 5:12.31	39.20
	100m: 1:24.07	47.13 200m: 2:55.96	45.48 300m: 4:33.11	48.61 400m: 5:50.30	37.99
13.	Dylan Dortland	Niemo Barracuda	5:53.84	200900165	5:55.13 +0,70
	50m: 36.35	36.35 150m: 2:04.89	43.71 250m: 3:40.14	50.86 350m: 5:14.15	42.46
	100m: 1:21.18	44.83 200m: 2:49.28	44.39 300m: 4:31.69	51.55 400m: 5:55.13	40.98
14.	Mitchell van Dijk	Niemo Barracuda	6:29.98	200800577	5:57.01 +0,81
	50m: 37.23	37.23 150m: 2:08.05	46.14 250m: 3:41.22	49.22 350m: 5:16.36	44.17
	100m: 1:21.91	44.68 200m: 2:52.00	43.95 300m: 4:32.19	50.97 400m: 5:57.01	40.65
15.	Milán Biró	ACZ	5:48.44	200803169	6:01.94 +0,64
	50m: 33.27	33.27 150m: 2:01.34	46.36 250m: 3:39.93	52.63 350m: 5:18.56	45.77
	100m: 1:14.98	41.71 200m: 2:47.30	45.96 300m: 4:32.79	52.86 400m: 6:01.94	43.38
16.	Thijs Bijman	Niemo Barracuda	5:55.82	200901111	6:02.50 +0,81
	50m: 38.73	38.73 150m: 2:21.01	51.93 250m: 3:57.89	48.02 350m: 5:26.24	39.76
	100m: 1:29.08	50.35 200m: 3:09.87	48.86 300m: 4:46.48	48.59 400m: 6:02.50	36.26
17.	Luca Kamps	De Vliet (SG)	6:21.70	200900891	6:04.78 +0,77
	50m: 39.21	39.21 150m: 2:13.29	46.74 250m: 3:50.57	51.52 350m: 5:25.24	41.89
	100m: 1:26.55	47.34 200m: 2:59.05	45.76 300m: 4:43.35	52.78 400m: 6:04.78	39.54
18.	Brayden Vered	Blue Marlins	6:13.37	200802517	6:15.18 +0,83
	50m: 41.61	41.61 150m: 2:19.14	47.48 250m: 4:00.28	55.01 350m: 5:37.56	42.97
	100m: 1:31.66	50.05 200m: 3:05.27	46.13 300m: 4:54.59	54.31 400m: 6:15.18	37.62
19.	Lars Barendrecht	Niemo Barracuda	6:12.76	200800587	6:29.17 +0,79
	50m: 40.81	40.81 150m: 2:22.77	49.36 250m: 4:04.83	53.56 350m: 5:46.12	46.49
	100m: 1:33.41	52.60 200m: 3:11.27	48.50 300m: 4:59.63	54.80 400m: 6:29.17	43.05
20.	Thomas Zondag	MNC Dordrecht	6:30.23	200800063	6:30.32 +0,66
	50m: 44.47	44.47 150m: 2:27.77	49.95 250m: 4:10.64	54.85 350m: 5:48.40	43.19
	100m: 1:37.82	53.35 200m: 3:15.79	48.02 300m: 5:05.21	54.57 400m: 6:30.32	41.92
DIS	Jochem Evers	ZVL-1886 Center	6:18.76	200903423	+0,80
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>				
DIS	Lucas Bongers	ZOB'66	6:03.40	200800903	+0,70
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>				
NG.ZA	Aiden Lips	Blue Marlins	5:31.45	200800951	

Jeugd 1 en 2

1.	Nikodim Markovic	Blue Marlins	4:32.58	200700255	4:46.36 +0,68
	50m: 30.22	30.22 150m: 1:41.89	36.82 250m: 2:58.03	40.30 350m: 4:12.78	33.92
	100m: 1:05.07	34.85 200m: 2:17.73	35.84 300m: 3:38.86	40.83 400m: 4:46.36	33.58
2.	Denzel Barthen	WVZ	4:36.69	200700147	4:49.10 +0,74
	50m: 30.34	30.34 150m: 1:43.72	38.63 250m: 3:03.11	41.20 350m: 4:18.76	34.04
	100m: 1:05.09	34.75 200m: 2:21.91	38.19 300m: 3:44.72	41.61 400m: 4:49.10	30.34
3.	Boele Böhm	Blue Marlins	4:43.64	200700739	4:53.74 +0,68
	50m: 30.25	30.25 150m: 1:44.53	39.54 250m: 3:05.75	44.02 350m: 4:22.06	33.34
	100m: 1:04.99	34.74 200m: 2:21.73	37.20 300m: 3:48.72	42.97 400m: 4:53.74	31.68
4.	Jesse van der Meij	ZVL-1886 Center	4:59.69	200600841	5:11.05 +0,76
	50m: 31.59	31.59 150m: 1:50.96	42.47 250m: 3:14.55	42.94 350m: 4:35.82	37.87
	100m: 1:08.49	36.90 200m: 2:31.61	40.65 300m: 3:57.95	43.40 400m: 5:11.05	35.23
5.	Bas Blanker	ACZ	5:00.01	200601497	5:12.18 +0,70
	50m: 32.06	32.06 150m: 1:53.10	43.56 250m: 3:20.66	44.43 350m: 4:39.19	35.48
	100m: 1:09.54	37.48 200m: 2:36.23	43.13 300m: 4:03.71	43.05 400m: 5:12.18	32.99
6.	Roan van der Weide	Blue Marlins	4:55.48	200601629	5:13.71 +0,81
	50m: 32.45	32.45 150m: 1:56.25	44.27 250m: 3:20.82	42.48 350m: 4:39.28	36.01
	100m: 1:11.98	39.53 200m: 2:38.34	42.09 300m: 4:03.27	42.45 400m: 5:13.71	34.43

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 16, Jongens, 400m wisselslag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT
7.	Jasper Groen	ACZ	5:21.93	200602325	5:30.78 +0,70
	50m: 30.42	30.42 150m: 1:52.71	43.77	250m: 3:22.92	46.16 350m: 4:50.95
	100m: 1:08.94	38.52 200m: 2:36.76	44.05	300m: 4:10.56	47.64 400m: 5:30.78
8.	Kristian Hoogenraad	ZV Westland	5:43.79	200602899	5:51.71 +0,85
	50m: 33.34	33.34 150m: 2:06.62	49.71	250m: 3:42.53	49.72 350m: 5:15.20
	100m: 1:16.91	43.57 200m: 2:52.81	46.19	300m: 4:32.14	49.61 400m: 5:51.71
9.	Sem Berckenkamp	GZC DONK	5:47.41	200602229	6:07.15 +0,69
	50m: 38.66	38.66 150m: 2:18.00	49.09	250m: 3:58.73	55.60 350m: 5:30.88
	100m: 1:28.91	50.25 200m: 3:03.13	45.13	300m: 4:51.70	52.97 400m: 6:07.15
10.	Kees Wassenaar	Wiekslag	5:55.69	200702917	6:07.20 +0,71
	50m: 34.46	34.46 150m: 2:04.82	45.93	250m: 3:44.54	56.42 350m: 5:25.36
	100m: 1:18.89	44.43 200m: 2:48.12	43.30	300m: 4:41.88	57.34 400m: 6:07.20
11.	Tristan Peltenburg	Niemo Barracuda	5:47.81	200700981	6:40.52 +0,77
	50m: 34.63	34.63 150m: 2:13.86	50.69	250m: 4:00.40	56.67 350m: 5:50.29
	100m: 1:23.17	48.54 200m: 3:03.73	49.87	300m: 4:59.37	58.97 400m: 6:40.52

Senioren 1 en ouder

1.	Mark Hensen	Niemo Barracuda	5:10.28	197900497	5:19.27 +0,82
	50m: 31.64	31.64 150m: 1:51.07	41.95	250m: 3:17.17	45.30 350m: 4:42.25
	100m: 1:09.12	37.48 200m: 2:31.87	40.80	300m: 4:03.87	46.70 400m: 5:19.27
2.	Niels van der Mast	ZOB'66	5:17.28	200401917	5:36.45 +0,67
	50m: 32.83	32.83 150m: 1:57.30	45.60	250m: 3:32.41	50.35 350m: 4:59.65
	100m: 1:11.70	38.87 200m: 2:42.06	44.76	300m: 4:22.78	50.37 400m: 5:36.45
NG.ZA	Bas Verdoes	De Columbiaan	5:22.80	199801487	
NG	Thijs Huizer	Noordwijkerhout	5:40.95	200502523	

Programmanr. 101
26-5-2024 - 12:25

Heren, 100m vrije slag

alg. leeftijdsgroep
Resultaten Time Trial

rang	naam	vereniging	intijd	tijd	RT	50m	100m
1.	Sean Niewold	Feijenoord Albion	48.52	200204699	48.75 +0,67	23.08	48.75

Programmanr. 17
26-5-2024 - 13:30

Dames, 800m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Milou Filemon	Blue Marlins	9:57.48	201100078	10:09.29 +0,63
	100m: 1:10.44	1:10.44 300m: 3:44.27	1:16.52	500m: 6:19.39	1:17.28 700m: 8:54.60
	200m: 2:27.75	1:17.31 400m: 5:02.11	1:17.84	600m: 7:37.09	1:17.70 800m: 10:09.29
2.	Odenza Soselisa	Blue Marlins	10:24.34	201101780	10:36.29 +0,54
	100m: 1:12.52	1:12.52 300m: 3:53.84	1:21.26	500m: 6:37.23	1:22.37 700m: 9:18.70
	200m: 2:32.58	1:20.06 400m: 5:14.86	1:21.02	600m: 7:57.46	1:20.23 800m: 10:36.29
3.	Julia Bannatyne	BZ en PC	11:10.77	201201020	10:41.02 +0,69
	100m: 1:14.70	1:14.70 300m: 3:56.96	1:21.50	500m: 6:40.24	1:21.60 700m: 9:23.08
	200m: 2:35.46	1:20.76 400m: 5:18.64	1:21.68	600m: 8:00.14	1:19.90 800m: 10:41.02
4.	Sophie Hoogervorst	AZC	10:51.35	201100252	10:42.58 +0,55
	100m: 1:15.48	1:15.48 300m: 3:57.65	1:21.32	500m: 6:40.89	1:21.48 700m: 9:24.96
	200m: 2:36.33	1:20.85 400m: 5:19.41	1:21.76	600m: 8:02.80	1:21.91 800m: 10:42.58
5.	Simone Brobbel	ZPC Numansdorp	10:47.15	201200058	10:48.58 +0,76
	100m: 1:13.61	1:13.61 300m: 3:56.65	1:22.29	500m: 6:43.19	1:23.70 700m: 9:29.29
	200m: 2:34.36	1:20.75 400m: 5:19.49	1:22.84	600m: 8:07.18	1:23.99 800m: 10:48.58
6.	Anouk Mulder	De Columbiaan	11:39.83	201200962	11:20.97 +0,85
	100m: 1:19.70	1:19.70 300m: 4:13.25	1:27.20	500m: 7:08.01	1:27.53 700m: 10:01.00
	200m: 2:46.05	1:26.35 400m: 5:40.48	1:27.23	600m: 8:35.47	1:27.46 800m: 11:20.97
7.	Floortje Bakker	Blue Marlins	11:39.90	201101124	11:59.09 +0,72
	100m: 1:23.80	1:23.80 300m: 4:26.76	1:31.29	500m: 7:30.26	1:31.94 700m: 10:32.33
	200m: 2:55.47	1:31.67 400m: 5:58.32	1:31.56	600m: 9:01.84	1:31.58 800m: 11:59.09
8.	Evy v. Nimwegen	z.c De Schotejil	11:47.21	201100168	12:14.14 +0,52
	100m: 1:24.09	1:24.09 300m: 4:29.84	1:32.84	500m: 7:36.48	1:33.30 700m: 10:43.12
	200m: 2:57.00	1:32.91 400m: 6:03.18	1:33.34	600m: 9:10.45	1:33.97 800m: 12:14.14

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 17, Dames, 800m vrije slag

Junioren 3 en 4

1.	Nina van der Schrier	AZC		9:42.76	201000444		9:46.07	+0,64
	100m: 1:06.34	1:06.34	300m: 3:34.09	1:14.61	500m: 6:03.06	1:14.46	700m: 8:33.65	1:15.04
	200m: 2:19.48	1:13.14	400m: 4:48.60	1:14.51	600m: 7:18.61	1:15.55	800m: 9:46.07	1:12.42
2.	Ece öngören	Blue Marlins		9:39.59	200903862		10:00.37	+0,73
	100m: 1:10.01	1:10.01	300m: 3:40.92	1:15.28	500m: 6:12.68	1:15.91	700m: 8:45.73	1:16.43
	200m: 2:25.64	1:15.63	400m: 4:56.77	1:15.85	600m: 7:29.30	1:16.62	800m: 10:00.37	1:14.64
3.	Nina Tetteroo	De Columbiaan		10:09.09	201000048		10:02.06	+0,81
	100m: 1:09.52	1:09.52	300m: 3:39.81	1:15.89	500m: 6:12.97	1:16.20	700m: 8:46.39	1:16.71
	200m: 2:23.92	1:14.40	400m: 4:56.77	1:16.96	600m: 7:29.68	1:16.71	800m: 10:02.06	1:15.67
4.	Raegan Belmar	Blue Marlins		10:43.20	201004070		10:12.26	+0,91
	100m: 1:10.32	1:10.32	300m: 3:45.92	1:18.14	500m: 6:21.79	1:18.52	700m: 8:57.04	1:17.20
	200m: 2:27.78	1:17.46	400m: 5:03.27	1:17.35	600m: 7:39.84	1:18.05	800m: 10:12.26	1:15.22
5.	Erin de Jong	GZC DONK		9:59.13	201000024		10:17.93	+0,93
	100m: 1:09.83	1:09.83	300m: 3:43.19	1:17.51	500m: 6:20.51	1:18.83	700m: 8:59.41	1:19.48
	200m: 2:25.68	1:15.85	400m: 5:01.68	1:18.49	600m: 7:39.93	1:19.42	800m: 10:17.93	1:18.52
6.	Grace Peters	Feijenoord Albion		10:22.05	200901474		10:24.09	+0,74
	100m: 1:10.36	1:10.36	300m: 3:45.76	1:18.40	500m: 6:23.77	1:19.74	700m: 9:04.70	1:20.97
	200m: 2:27.36	1:17.00	400m: 5:04.03	1:18.27	600m: 7:43.73	1:19.96	800m: 10:24.09	1:19.39
7.	Hadewych Forschelen	MNC Dordrecht		10:36.44	200903572		10:32.82	+0,75
	100m: 1:14.50	1:14.50	300m: 3:53.46	1:19.70	500m: 6:35.27	1:20.97	700m: 9:15.77	1:19.78
	200m: 2:33.76	1:19.26	400m: 5:14.30	1:20.84	600m: 7:55.99	1:20.72	800m: 10:32.82	1:17.05
8.	Evelien de Vree	Blue Marlins		10:48.60	201002158		11:01.81	+0,74
	100m: 1:17.08	1:17.08	300m: 4:04.99	1:23.79	500m: 6:53.53	1:24.67	700m: 9:42.47	1:24.33
	200m: 2:41.20	1:24.12	400m: 5:28.86	1:23.87	600m: 8:18.14	1:24.61	800m: 11:01.81	1:19.34

Jeugd 1 en 2

1.	Jade van der Schrier	AZC		9:03.63	200800692		9:12.45	+0,75
	100m: 1:04.04	1:04.04	300m: 3:23.27	1:09.74	500m: 5:44.31	1:10.76	700m: 8:05.17	1:10.49
	200m: 2:13.53	1:09.49	400m: 4:33.55	1:10.28	600m: 6:54.68	1:10.37	800m: 9:12.45	1:07.28
2.	Meyke v. Nimwegen	z.c De Schotejil		9:53.36	200800106		9:53.21	+0,77
	100m: 1:09.27	1:09.27	300m: 3:37.77	1:14.47	500m: 6:08.30	1:15.36	700m: 8:38.98	1:15.54
	200m: 2:23.30	1:14.03	400m: 4:52.94	1:15.17	600m: 7:23.44	1:15.14	800m: 9:53.21	1:14.23
3.	Annedieke Scholte	Blue Marlins		10:07.46	200701110		10:16.98	+0,75
	100m: 1:09.96	1:09.96	300m: 3:45.59	1:18.32	500m: 6:23.04	1:18.89	700m: 8:59.72	1:17.92
	200m: 2:27.27	1:17.31	400m: 5:04.15	1:18.56	600m: 7:41.80	1:18.76	800m: 10:16.98	1:17.26
4.	Marjolijn Offeringa	ZV Vlaardingen-Schiedam		10:31.03	200701788		10:41.86	+0,73
	100m: 1:15.06	1:15.06	300m: 3:59.17	1:22.23	500m: 6:42.59	1:22.13	700m: 9:24.28	1:20.12
	200m: 2:36.94	1:21.88	400m: 5:20.46	1:21.29	600m: 8:04.16	1:21.57	800m: 10:41.86	1:17.58
5.	Madelief Penning	ZZ&PC De Devel		11:41.00	200701298		11:18.10	+0,71
	100m: 1:17.82	1:17.82	300m: 4:08.80	1:25.74	500m: 7:01.14	1:25.96	700m: 9:53.54	1:25.57
	200m: 2:43.06	1:25.24	400m: 5:35.18	1:26.38	600m: 8:27.97	1:26.83	800m: 11:18.10	1:24.56
6.	Juliëtte Priester	WZK		11:09.85	200800872		11:27.56	+0,76
	100m: 1:20.29	1:20.29	300m: 4:13.21	1:27.16	500m: 7:09.07	1:28.57	700m: 10:05.60	1:28.02
	200m: 2:46.05	1:25.76	400m: 5:40.50	1:27.29	600m: 8:37.58	1:28.51	800m: 11:27.56	1:21.96
7.	Carice Forschelen	MNC Dordrecht		11:40.58	200804338		11:51.16	+0,66
	100m: 1:23.34	1:23.34	300m: 4:24.73	1:31.23	500m: 7:27.07	1:30.72	700m: 10:27.51	1:30.89
	200m: 2:53.50	1:30.16	400m: 5:56.35	1:31.62	600m: 8:56.62	1:29.55	800m: 11:51.16	1:23.65
8.	Samantha van der Jagt	Poseidon'56		11:34.16	200700220		11:53.72	+0,79
	100m: 1:21.67	1:21.67	300m: 4:21.86	1:30.81	500m: 7:26.20	1:32.10	700m: 10:27.97	1:30.28
	200m: 2:51.05	1:29.38	400m: 5:54.10	1:32.24	600m: 8:57.69	1:31.49	800m: 11:53.72	1:25.75

Senioren 1 en ouder

1.	Merel Schravendijk	Blue Marlins		8:51.17	200503382		9:17.55	+0,73
	100m: 1:04.73	1:04.73	300m: 3:25.71	1:10.49	500m: 5:47.55	1:11.15	700m: 8:09.62	1:10.73
	200m: 2:15.22	1:10.49	400m: 4:36.40	1:10.69	600m: 6:58.89	1:11.34	800m: 9:17.55	1:07.93
2.	Mara Bosman	Blue Marlins		9:11.91	200303048		9:33.24	+0,57
	100m: 1:05.28	1:05.28	300m: 3:27.64	1:11.78	500m: 5:53.63	1:13.18	700m: 8:21.12	1:13.94
	200m: 2:15.86	1:10.58	400m: 4:40.45	1:12.81	600m: 7:07.18	1:13.55	800m: 9:33.24	1:12.12
3.	Melanie Marinus-Cruz	Blue Marlins		9:46.17	200404702		10:06.44	+0,75
	100m: 1:08.89	1:08.89	300m: 3:41.40	1:16.63	500m: 6:15.86	1:17.69	700m: 8:51.53	1:17.81
	200m: 2:24.77	1:15.88	400m: 4:58.17	1:16.77	600m: 7:33.72	1:17.86	800m: 10:06.44	1:14.91
4.	Donna van der Meer	BZ en PC		10:15.02	200601146		10:27.28	+0,67
	100m: 1:13.34	1:13.34	300m: 3:52.03	1:19.66	500m: 6:31.56	1:19.62	700m: 9:10.71	1:19.43
	200m: 2:32.37	1:19.03	400m: 5:11.94	1:19.91	600m: 7:51.28	1:19.72	800m: 10:27.28	1:16.57
5.	Daphne van Tilburg	De Geul		10:47.63	200500580		11:10.74	+0,79
	100m: 1:16.95	1:16.95	300m: 4:08.38	1:26.20	500m: 7:00.70	1:26.37	700m: 9:50.84	1:24.10
	200m: 2:42.18	1:25.23	400m: 5:34.33	1:25.95	600m: 8:26.74	1:26.04	800m: 11:10.74	1:19.90

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Programmanr. 17, Dames, 800m vrije slag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd		RT	
6.	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	10:14.60	200605262	11:14.75	+0,87		
	100m: 1:17.20	1:17.20	300m: 4:06.89	1:25.26	500m: 7:00.30	1:27.15	700m: 9:52.63	1:26.21
	200m: 2:41.63	1:24.43	400m: 5:33.15	1:26.26	600m: 8:26.42	1:26.12	800m: 11:14.75	1:22.12
7.	Sabine Looden	De Columbiaan	11:37.76	200601390	11:43.85	+0,80		
	100m: 1:19.53	1:19.53	300m: 4:16.30	1:29.57	500m: 7:17.22	1:31.13	700m: 10:17.82	1:30.11
	200m: 2:46.73	1:27.20	400m: 5:46.09	1:29.79	600m: 8:47.71	1:30.49	800m: 11:43.85	1:26.03
8.	Isabelle Janssen	De Geul	11:28.85	200006318	11:48.58	+0,84		
	100m: 1:20.68	1:20.68	300m: 4:19.31	1:29.97	500m: 7:20.15	1:30.57	700m: 10:21.87	1:30.96
	200m: 2:49.34	1:28.66	400m: 5:49.58	1:30.27	600m: 8:50.91	1:30.76	800m: 11:48.58	1:26.71

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26-5-2024 - 14:20

Heren, 50m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd		RT
Junioren 1 en 2							
1.	Myron Artemenko	Niemo Barracuda	26.90	201003021	26.83	+0,70	
2.	Duco de Gelder	Blue Marlins	27.99	201000217	27.82	+0,58	
3.	Mees Janssen	DSZ	30.63	201102025	27.94	+0,68	
4.	Kris Westerhout	ZZ&PC De Devel	28.56	201000883	28.37	+0,61	
5.	Thijs Jonkman	De Duck	28.39	201000481	28.68	+0,71	
6.	Mahdi Jaghori	DSZ	29.17	201003745	29.22	+0,65	
7.	Eli Shields	Niemo Barracuda	29.01	201000407	29.23	+0,65	
8.	Girish Nolden	Blue Marlins	29.29	201000087	29.31	+0,67	
9.	Nout de Roo	Blue Marlins	29.28	201103345	29.82	+0,66	
10.	Luca Monster	ZPC Numansdorp	30.35	201100343	29.83	+0,66	
11.	Tygo van Berkel	De Geul	31.68	201000327	30.33	+0,68	
12.	Noah Kuyper	ZV De Watervogels	30.23	201000975	30.42	+0,83	
13.	Izayah Castillo	Blue Marlins	30.75	201100311	30.47	+0,75	
14.	Alan Vasilevski	MNC Dordrecht	34.18	201101509	30.76	+0,59	
15.	Thijs van Kints	BZ en PC	30.92	201101059	30.94	+0,73	
16.	Joep Lindhout	Niemo Barracuda	31.73	201100873	31.21	+0,72	
17.	Rens van der Es	De Geul	30.68	201000583	31.23	+0,63	
18.	Anton Stevens	Z&PC Rotterdam	32.46	201002733	31.36	+0,67	
19.	Jake van Duivendijk	Blue Marlins	31.71	201000945	31.38	+0,65	
20.	Kyano de Jong	Aquadraat	33.20	201001381	31.39	+0,89	
21.	Noah Abdull sada	ZZ&PC De Devel	31.25	201002411	31.43	+0,59	
22.	Joshua Walkow	WZK	31.31	201003587	31.62	+0,72	
23.	Yiteng Thomas Fan	Z&PC Rotterdam	32.06	201003049	31.71	+0,73	
24.	Finn Knijnenburg	De Columbiaan	33.09	201101319	31.72	+0,65	
25.	Heorhii Bohachova	ZV Westland	33.19	201103177	31.73	+0,75	
26.	Shiloh Bravenboer	Poseidon'56	32.63	201000661	31.77	+0,65	
27.	Wim Vleugels	ZV De Watervogels	33.12	201003005	31.86	+0,76	
28.	Gijs van der Lee	AZC	32.87	201101237	31.95	+0,75	
29.	Vince van Dam	ACZ	32.29	201000405	31.97	+0,63	
30.	Ghalil Lodder	Wiekslag	32.16	201000711	32.10	+0,69	
31.	Dax van den Noulant	Blue Marlins	30.94	201000071	32.13	+0,72	
32.	Fryderyck Krysz Straszak	MNC Dordrecht	32.07	201101853	32.16	+0,89	
33.	Enrico Avella	De Columbiaan	31.44	201000727	32.29	+0,69	
34.	Ezra Sekhon	WZK	32.22	201103267	32.57	+0,58	
35.	Joseph Crott	GZC DONK	32.83	201101045	32.71	+0,73	
36.	David van der Valk	Wiekslag	32.00	201100519	32.77	+0,73	
37.	Ruben Pes	De Vliet (SG)	31.31	201100931	32.83	+0,85	
	Thijmen Woudt	ZV De Watervogels	32.62	201001853	32.83	+0,70	
39.	Ethan Chan	ZV De Watervogels	33.09	201002651	32.94	+0,64	
40.	Koen van Merrienboer	ZV Vlaardingen-Schiedam	33.34	201101623	33.25	+0,93	
41.	Kenji Bor	DWF	35.11	201001419	33.32	+0,69	
42.	Niels Theunisz	De Linge PCG	33.01	201002573	33.36	+0,66	
43.	Niels Bootsma	AZC	34.77	201002919	33.51	+0,61	
44.	Teun Evers	ZVL-1886 Center	34.33	201101965	34.19	+0,73	
45.	Jaysley Brouwn	Niemo Barracuda	33.88	201101033	34.21	+0,73	
46.	C. van Gruisen-Abante	Niemo Barracuda	34.04	201003027	34.42	+0,98	
47.	Jesse van 't Veer	Blue Marlins	33.08	201002831	34.59	+0,85	
48.	Hamza Rafaan	GZC DONK	34.88	201003527	34.89	+0,61	
49.	Kjeld Vos	De Geul	36.89	201000153	35.36	+0,74	
DIS	Brixton Voinche	WZK	34.18	201003665			

AB - De start ingezet voor het startsignaal en de start is afgefloten (uitsluiten voor dat progr.nr.).

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Programmanr. 18, Jongens, 50m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd		tijd	RT
DIS	Nick de Vries	Poseidon'56	33.36	201000225		
	<i>AB - De start ingezet voor het startsignaal en de start is afgefloten (uitsluiten voor dat progr.nr.).</i>					
NG	Kian Verkaik	Z&PC Rotterdam	35.95	201002731		
NG	Jordan Neyhoft	Wiekslag	29.47	201000765		

Junioren 3 en 4

1.	Kaan Sudak	Blue Marlins	23.27	200803733		24.04	+0,63
2.	Floris van der Valk	Wiekslag	25.30	200801891		25.95	+0,66
3.	Tim Boerefijn	WVZ	25.78	200802815		26.03	+0,63
4.	Neo Reiber	Feijenoord Albion	26.25	200900699		26.28	+0,63
5.	Sebastian Lopes Cardozo	WZK	25.82	200800187		26.32	+0,68
6.	Adriaan Coppelmans	AZC	25.69	200903243		26.34	+0,63
7.	Fabian Riedijk	Blue Marlins	26.53	200800603		26.56	+0,68
	Daan Borst	Niemo Barracuda	26.66	200801435		26.56	+0,73
9.	Luuk Knijnenburg	De Columbiaan	27.17	200802291		26.68	+0,67
10.	Bink de Vries	AZC	26.07	200901887		26.75	+0,67
11.	Alex Woe	Poseidon'56	26.11	200801393		26.82	+0,59
12.	Ivo Bot	Wiekslag	25.94	200900509		26.95	+0,72
13.	Thygo van Peppel	Blue Marlins	26.56	200901101		26.98	+0,72
14.	Avner Weigel	Z&PC Rotterdam	27.21	200900697		27.01	+0,68
15.	Aditya Winterberg	Blue Marlins	26.44	200800953	S15	27.12	+0,68
16.	Rein Stoel	ZVL-1886 Center	26.26	200800463		27.52	+0,74
17.	Paul Ruitenber	De Geul	26.83	200900979		27.61	+0,72
18.	Jan Schouten	ZVL-1886 Center	27.56	200902305		27.75	+0,81
19.	Gijs Hartwijk	ZVL-1886 Center	28.37	200800573		27.77	+0,62
20.	Magnus Kijkuit	ZV De Watervogels	28.28	200803427		27.88	+0,62
21.	Sven Helmers	Blue Marlins	28.11	200802765		27.95	+0,59
22.	Niek Sonneveld	WVZ	26.65	200802631		28.04	+0,64
23.	Aidan van der Stelt	Blue Marlins	27.69	200900901		28.14	+0,73
24.	Alexander van der Maaten	Blue Marlins	27.54	200903251		28.18	+0,65
25.	Lucas Bongers	ZOB'66	27.94	200800903		28.22	+0,67
26.	Sven Mulder	WVZ	28.51	200901655		28.23	
27.	Art Jin van der Ent	Blue Marlins	29.39	200903785		28.35	+0,74
28.	Emin Karadeniz	WVZ	28.60	200804047		28.39	+0,71
29.	Thom Veldhoen	ZZ&PC De Devel	27.62	200901159		28.41	+0,66
30.	Fabrice Poot	ZV De Watervogels	28.05	200800757		28.57	+0,74
31.	Jamie Kannegieter	Z&PC Rotterdam	28.68	200800563		28.59	+0,66
	Arda Naci	WZK	28.98	200901599		28.59	+0,72
33.	Sascha Timmer	AZC	27.11	200902987		28.74	+0,58
34.	Idse Eisses	WVZ	29.29	200900009		28.91	+0,77
35.	Seth van den Dool	GZC DONK	28.75	200803809		28.97	+0,71
36.	Joëll van der Meiden	ZV Vlaardingen-Schiedam	27.84	200903439		29.05	+0,76
37.	Dylan Dortland	Niemo Barracuda	30.59	200900165		29.49	+0,73
	<i>*BU 50m</i>						
38.	Mitchell van Dijk	Niemo Barracuda	32.39	200800577		29.52	+0,80
39.	Eli Fieret	GZC DONK	29.63	200903463		29.57	+0,76
40.	Thomas Zondag	MNC Dordrecht	29.72	200800063		29.59	+0,68
41.	Luuk Schippers	Poseidon'56	29.88	200901161		29.71	+0,85
42.	Milan Roos	ZOB'66	31.11	200802971		29.74	+0,72
43.	Thomas Braat	AZC	29.83	200802269	S14	29.78	+0,75
44.	Luca Kamps	De Vliet (SG)	30.88	200900891		29.81	+0,73
45.	Yaroslav Budylevskyi	Niemo Barracuda	31.11	200903563		29.83	+0,64
46.	Merijn van den Berg	DSZ	30.96	200801281		29.86	+0,68
	Milán Biró	ACZ	29.84	200803169		29.86	+0,65
48.	Jeremy Soerodiwongso	Z&PC Rotterdam	31.05	200903085		29.96	+0,71
	<i>*BU 50m</i>						
49.	Thijs Bijman	Niemo Barracuda	29.33	200901111		29.98	+0,83
50.	Felix Rademaker	Blue Marlins	31.19	200804057		30.00	+0,71
51.	Marcel Koziol	Noordwijkerhout	30.08	200803265		30.10	+0,71
52.	Luka Arkesteijn	ACZ	30.09	200903023		30.11	+0,80
53.	Ralfs Lagzdins	ZPB H&L Productions	29.97	200903031		30.12	+0,81
	Esh Nolden	Blue Marlins	29.61	200800145		30.12	+0,65
55.	Kay Remmerswaal	D.E.S.	31.58	200800671		30.23	+0,73
56.	Daniel Gospodinov	De Duck	30.57	200803567		30.25	+0,84
57.	Nathan Creyf	WZK	29.72	200903557		30.32	+0,72
58.	Thijs Militie	DWF	31.38	200901507		30.34	+0,74
59.	Jochem Evers	ZVL-1886 Center	29.93	200903423		30.66	+0,75

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rang	naam	vereniging	intijd		tijd	RT
60.	Rowél Boon	Z&PC Rotterdam	30.14	200800917	30.85	+0,63
61.	Lintar Shidiq	ZVL-1886 Center	31.31	200802571	31.13	+0,72
62.	Brayden Vered	Blue Marlins	32.18	200802517	31.80	+0,85
63.	Lars Barendrecht	Niemo Barracuda	30.49	200800587	32.09	+0,76
64.	Zönbileg Telmen	Z&PC Rotterdam	32.93	200903507	33.55	+0,78
DIS	Yarno van Dam	ACZ	25.66	200800115		+0,60
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
NG	Jesper van Tilburg	De Geul	28.87	200800043		
NG	Valentijn Penning	ZZ&PC De Devel	31.19	200900099		

Jeugd 1 en 2

1.	Floris Tanis	Feijenoord Albion	23.73	200700005	23.82	+0,69
2.	Nikodim Markovic	Blue Marlins	23.03	200700255	24.12	+0,65
3.	Boele Böhm	Blue Marlins	24.24	200700739	24.95	+0,66
4.	Daan Sonneveld	WVZ	24.80	200601085	25.33	+0,67
5.	Jisse Lousma	WVZ	24.67	200701493	25.50	+0,61
6.	Jesse van der Meij	ZVL-1886 Center	26.92	200600841	25.78	+0,74
7.	Jasper Groen	ACZ	26.51	200602325	25.81	+0,66
8.	Joshua Agussalim	WVZ	24.71	200600153	26.21	+0,66
9.	Sven Markkus Eschbach	ZZ&PC De Devel	26.76	200602013	26.55	+0,67
10.	Rely Hoogendijk	WVZ	25.03	200702521	26.76	+0,68
11.	Thom de Hoog	Blue Marlins	26.54	200600019	26.89	+0,72
12.	Joshua Posthoorn	Blue Marlins	27.43	200701749	27.06	+0,67
13.	Marnix van Wanrooij	ZPB H&L Productions	26.71	200600015	27.15	+0,66
14.	Twan Hoogervorst	De Columbiaan	26.86	200700741	27.23	+0,62
15.	Kristian Hoogenraad	ZV Westland	26.70	200602899	27.43	+0,77
16.	Isaak van der Eijk	WZK	28.55	200703689	27.53	+0,73
17.	Boyd Delsaerd	Blue Marlins	27.43	200704051	27.85	+0,67
18.	Jordy Baven	DSZ	28.94	200602631	27.87	+0,73
19.	James Lawton	De Columbiaan	28.91	200700745	28.18	
20.	Jimmy Hegger	ZZ&PC De Devel	27.83	200703037	28.39	+0,71
21.	Twan Huisman	WVZ	27.44	200702207	28.54	+0,75
22.	Hassan Turay	Niemo Barracuda	29.04	200700519	29.19	+0,77
23.	Sem Berckenkamp	GZC DONK	28.77	200602229	29.41	+0,66
24.	Maxim Portik	DSZ	28.83	200603997	29.51	+0,80
25.	Kees Wassenaar	Wiekslag	30.07	200702917	30.17	+0,69

*BU 50m

Senioren 1 en ouder

1.	Perry Laarhoven	Feijenoord Albion	22.70	200301321	22.95	+0,69
2.	Michael Smink	Blue Marlins	22.12	200302169	23.14	+0,64
3.	Ensgel Kotterink	Feijenoord Albion	23.36	199403391	23.70	+0,60
4.	Jeroen Baars	Niemo Barracuda	23.65	199200031	23.72	+0,73
5.	Daan Hogerhuis	De Columbiaan	24.19	200300317	24.39	+0,70
6.	Saviël Armand	ACZ	24.04	200204461	24.46	+0,68
7.	Kenan Coeruez	Feijenoord Albion	24.35	200300357	24.62	+0,67
8.	Erik van Gemert	Poseidon'56	23.76	200300587	24.75	+0,63
9.	Melvin Prins	Feijenoord Albion	24.69	199500201	25.04	+0,71
10.	Rob Lugtenburg	Blue Marlins	25.28	200201123	25.13	+0,67
	Ryan van den Ouden	Poseidon'56	24.24	199900377	25.13	+0,76
12.	Bert Duivenvoorde	De Columbiaan	25.09	199701805	25.33	+0,71
13.	Jasper Willig	Blue Marlins	25.76	200104757	25.68	+0,70
14.	Stijn den Otter	ZZ&PC De Devel	25.98	200200225	25.73	+0,51
15.	Robin van Beek	ZVL-1886 Center	24.90	199704023	26.07	+0,69
16.	Sander Iuga	Feijenoord Albion	26.06	200101389	26.12	+0,66
17.	Simon Dijkstra	Blue Marlins	26.02	200204905	26.23	+0,59
18.	Nino van Krimpen	ZOB'66	27.04	200004611	26.26	+0,64
19.	Jim Geestman	Poseidon'56	25.19	198300699	26.32	+0,79
20.	Robin Schols	ACZ	25.60	200400433	26.43	+0,63
21.	Abel te Riele	WVZ	25.43	200402317	26.44	+0,71
22.	Thijs Visser	Niemo Barracuda	26.23	200502129	26.57	+0,75
23.	Jort Vizee	Feijenoord Albion	25.87	200201779	26.76	+0,64
24.	Sam Beer	Poseidon'56	26.03	199605521	26.84	+0,74
25.	Sidique Turay	Niemo Barracuda	26.08	200500981	26.90	+0,71
26.	Niels van der Mast	ZOB'66	26.02	200401917	26.95	+0,67
27.	Neel Sahti	Blue Marlins	25.51	200404227	27.04	+0,67

Provinciale Kampioenschappen lb - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 18, Heren, 50m vrije slag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT
28.	Thijs Huizer	Noordwijkerhout	26.54	200502523	27.07	+0,68
29.	Stijn de Bondt	ZPB H&L Productions	27.61	200502249	27.18	+0,75
30.	Kevin Kingma	ACZ	27.01	199700559	27.21	+0,70
31.	Mark Hensen	Niemo Barracuda	26.08	197900497	27.26	+0,76
32.	Dave van den Nieuwendijk	De Columbiaan	25.64	200100475	27.43	+0,76
33.	Ian van Mullem	ZOB'66	27.06	199602545	27.63	+0,70
34.	Tim van Lochem	Blue Marlins	27.48	200500077	28.51	+0,67
35.	Abdallah Mezzouri	Blue Marlins	29.07	200504109	29.06	+0,59
NG	Bas Verdoes	De Columbiaan	26.51	199801487		

Programmanr. 19
26-5-2024 - 14:55

Dames, 200m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
Junioren 1 en 2										
1.	Malin Roozeboom	WVZ	2:26.54	201100006	2:32.74	+0,71	33.80	1:12.99	1:57.70	2:32.74
2.	Rozalia Diederiks	ZVL-1886 Center	2:37.89	201100904	2:41.49	+0,74	35.05	1:17.50	2:04.90	2:41.49
3.	Milou Filemon	Blue Marlins	2:39.64	201100078	2:42.15	+0,61	36.13	1:17.08	2:05.61	2:42.15
4.	Chloé in 't Veen	WVZ	2:41.23	201100010	2:42.38	+0,63	34.13	1:18.84	2:06.01	2:42.38
5.	Odenza Sospelisa	Blue Marlins	2:40.09	201101780	2:42.89	+0,76	33.72	1:16.94	2:06.05	2:42.89
6.	Meike van der Klugt	WVZ	2:49.38	201100808	2:47.81	+0,74	42.40	1:23.42	2:09.54	2:47.81
7.	Fanni Farkas	De Columbiaan	2:52.86	201100360	2:48.60	+0,84	36.04	1:21.55	2:12.15	2:48.60
8.	Minke Oliva Bouman	Blue Marlins	2:46.57	201100104	2:48.88	+0,68	35.52	1:19.58	2:07.47	2:48.88
9.	Alaine Dumont	ZV De Watervogels	2:44.30	201102140	2:49.99	+0,66	34.50	1:19.39	2:11.31	2:49.99
10.	K. Makhmadiyarova	Blue Marlins	2:55.50	201103178	2:53.78	+0,73	36.22	1:19.85	2:13.87	2:53.78
11.	Saar de Graaf	ZV Vlaardingen-Schiedt	2:57.52	201101264	2:54.69	+0,88	38.39	1:22.62	2:14.74	2:54.69
12.	Anouk Mulder	De Columbiaan	3:01.08	201200962	3:00.23	+0,77	39.93	1:27.26	2:22.08	3:00.23
13.	Sarah van Roon	ZVH	3:04.64	201101366	3:00.49	+0,82	39.07	1:23.95	2:18.51	3:00.49
14.	Jet Hogervorst	De Columbiaan	3:01.12	201200738	3:00.55	+0,57	42.61	1:27.91	2:20.05	3:00.55
15.	Sophie Hoogervorst	AZC	2:59.79	201100252	3:01.30		44.03	1:31.14	2:23.18	3:01.30
16.	Jolie van Ark	AZC	3:03.92	201101644	3:01.57	+0,82	41.02	1:26.48	2:20.67	3:01.57
17.	Lieselot Penning	ZZ&PC De Devel	3:02.12	201200052	3:02.30	+0,62	42.43	1:28.23	2:23.86	3:02.30
18.	Nora Jongkoen	ZOB'66	3:02.99	201100984	3:04.50		39.40	1:26.79	2:21.15	3:04.50
19.	Sarah van Elleswijk	WVZ	3:02.40	201101126	3:05.27	+0,61	40.75	1:26.68	2:22.35	3:05.27
20.	Guusje van Geest	ZV Vlaardingen-Schiedt	2:57.38	201200352	3:05.50	+0,78	41.32	1:26.76	2:21.03	3:05.50
21.	Nicolien Braakman	ZWK	3:05.63	201101112	3:05.52	+0,90	43.48	1:30.07	2:26.24	3:05.52
22.	Eliza Bijl	De Kempvis	3:02.57	201103782	3:05.89	+0,75	39.14	1:28.83	2:22.72	3:05.89
23.	Evy v. Nimwegen	z.c De Schotelijl	3:07.27	201100168	3:06.44	+0,55	40.87	1:30.55	2:26.17	3:06.44
24.	Danique Westerhof	ZV De Watervogels	3:03.03	201100492	3:07.65	+0,81	39.99	1:25.68	2:24.60	3:07.65
25.	Naevia Verschoor	AZC	3:02.35	201201976	3:08.00	+0,80	43.21	1:30.69	2:24.03	3:08.00
26.	Lotte Verheij	Wiekslag	3:10.92	201101476	3:11.30		42.47	1:32.02	2:27.52	3:11.30
27.	Charlotte Bakker	BZ en PC	3:16.65	201200524	3:12.06	+0,79	39.45	1:31.21	2:32.22	3:12.06
28.	Eline van Berkel	De Geul	3:15.66	201200232	3:12.70	+0,75	46.16	1:35.08	2:30.63	3:12.70
29.	Gabriela Borges	Blue Marlins	3:29.68	201201726	3:12.78		42.66	1:33.83	2:29.31	3:12.78
30.	Yara Fortes	Blue Marlins	3:17.18	201103030	3:12.85	+0,77	38.34	1:31.12	2:30.17	3:12.85
31.	Noa Cogels	Poseidon'56	3:12.03	201101320	3:13.14		46.91	1:38.46	2:32.02	3:13.14
32.	Nina Dolphijn	Poseidon'56	3:10.51	201200504	3:13.70	+0,79	44.21	1:33.22	2:28.45	3:13.70
33.	Floortje Bakker	Blue Marlins	3:16.14	201101124	3:19.61	+0,65	45.46	1:36.23	2:36.03	3:19.61
34.	Noa Milou Kooiman	Poseidon'56	3:12.28	201201134	3:20.53	+0,69	47.40	1:38.89	2:37.27	3:20.53
35.	Lois Brussé	Poseidon'56	3:16.00	201202310	3:22.15	+0,82	48.47	1:39.03	2:37.29	3:22.15
	AFGEM Pip Verhoeven	ZZ&PC De Devel	2:59.82	201200544						

Junioren 3 en 4

1.	Tess Vonk	De Geul	2:29.83	200900024	2:33.95	+0,67	31.85	1:11.70	1:56.24	2:33.95
2.	Suuz Griekspoor	Noordwijkerhout	2:38.09	200901204	2:37.16	+0,74	33.52	1:15.31	2:00.57	2:37.16
3.	Nina van der Schrier	AZC	2:35.50	201000444	2:37.38	+0,79	35.30	1:14.13	2:03.57	2:37.38
4.	Raegan Belmar	Blue Marlins	2:39.77	201004070	2:37.79	+0,90	32.93	1:14.89	2:04.82	2:37.79
5.	Mijke Ouderkerken	Blue Marlins	2:32.40	200901254	2:38.03	+0,77	33.44	1:15.03	2:01.54	2:38.03
6.	Tess van de Steeg	WVZ	2:38.47	201000016	2:38.48	+0,76	34.81	1:15.02	1:59.70	2:38.48
7.	Mariia Kostina	Blue Marlins	2:35.14	201002042	2:38.49	+0,72	32.51	1:13.31	2:02.87	2:38.49
8.	Breanna Belmar	Blue Marlins	2:41.46	201004068	2:38.51	+0,81	34.91	1:17.69	2:04.63	2:38.51
9.	Julia Dabrowska	Blue Marlins	2:35.44	201000300	2:38.69	+0,80	32.29	1:11.99	2:00.95	2:38.69
10.	Eva Ehlert	GZC DONK	2:38.71	201002026	2:39.22		33.74	1:18.16	2:01.57	2:39.22
11.	Anouk Steller	WVZ	2:38.15	201000004	2:40.52	+0,77	34.76	1:13.74	2:03.87	2:40.52

Provinciale Kampioenschappen lb - sessie 1-4
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Programmanr. 19, Meisjes, 200m wisselslag, Junioren 3 en 4

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
12. Jorja Verschoor	AZC	2:38.83 200902640	2:40.87	+0,77	34.19	1:15.65	2:04.48	2:40.87
13. Jasmijn Schoonen	Wiekslag	2:40.71 200901196	2:43.23	+0,64	36.54	1:19.18	2:05.76	2:43.23
14. Manou Longayroux	Blue Marlins	2:41.45 201000580	2:43.32	+0,70	34.14	1:17.04	2:05.96	2:43.32
15. Esmee de Raadt	Feijenoord Albion	2:47.18 201002328	2:44.10	+0,71	35.55	1:17.13	2:04.68	2:44.10
16. Erin de Jong	GZC DONK	2:34.83 201000024	2:44.28	+0,86	34.99	1:16.74	2:06.18	2:44.28
17. Eefje van Hinsbergen	Blue Marlins	2:44.71 201002252	2:44.59	+0,72	34.00	1:18.28	2:06.59	2:44.59
18. Tess Meeuwissen	De Columbiaan	2:50.04 201000370	2:44.80	+0,56	36.04	1:18.57	2:06.82	2:44.80
19. Merel Bijl	SG SCOM/de Zeehond	2:49.06 200900762	2:46.08	+0,70	33.70	1:16.89	2:07.29	2:46.08
20. Nina Tetteroo	De Columbiaan	2:47.18 201000048	2:46.44	+0,82	37.26	1:20.20	2:11.57	2:46.44
21. Sanne Mulder	WVZ	2:45.58 200900280	2:46.47	+0,58	33.86	1:18.41	2:08.08	2:46.47
22. Gwen Hermans	De Columbiaan	2:47.22 200900058	2:46.75	+0,71	33.85	1:15.10	2:06.32	2:46.75
Elin Riedijk	Blue Marlins	2:43.44 201002056	2:46.75	+0,63	36.05	1:19.33	2:08.30	2:46.75
24. Famke Franzen	z.c De Schotejil	2:50.23 201000058	2:47.80	+0,83	34.06	1:19.71	2:09.81	2:47.80
25. H. Forschelen	MNC Dordrecht	2:43.88 200903572	2:49.07	+0,77	35.19	1:19.88	2:11.04	2:49.07
26. Luna Schipper	ZOB'66	2:51.46 200900364	2:52.13	+0,80	35.64	1:20.87	2:12.09	2:52.13
27. Evy de Bonte	z.c De Schotejil	2:47.16 201000220	2:53.01	+0,73	36.55	1:21.03	2:13.25	2:53.01
28. Tessa de Jong	GZC DONK	2:50.52 201000026	2:53.20	+0,77	37.85	1:24.72	2:14.57	2:53.20
29. Jennifer Blenk	ZV Vlaardingen-Schied	2:51.32 200903172	2:56.13	+0,72	40.96	1:28.49	2:16.92	2:56.13
30. Nienke v. Weenen	z.c De Schotejil	2:47.48 201000282	2:56.15	+0,64	36.85	1:23.34	2:17.64	2:56.15
31. Victoria Diederiks	ZVL-1886 Center	2:50.23 200900758	2:56.17	+0,66	38.73	1:22.62	2:14.97	2:56.17
32. Annika Binneveld	De Duck	2:51.63 201001268	2:56.37	+0,66	35.69	1:21.31	2:14.36	2:56.37
33. Anouk de Jong	GZC DONK	2:48.08 200902506	2:56.93	+0,73	37.61	1:24.45	2:15.16	2:56.93
34. Merel Doest	ZV Vlaardingen-Schied	2:53.35 201001142	2:57.10	+0,62	37.23	1:22.11	2:18.12	2:57.10
35. Tess Liebrechts	GZC DONK	2:52.56 201000212	2:57.55	+0,69	41.38	1:28.21	2:18.29	2:57.55
36. Stella Offerhaus	z.c De Schotejil	2:51.55 200903926	2:57.82	+0,75	36.29	1:20.27	2:17.65	2:57.82
37. Rosalie Moller	Niemo Barracuda	2:57.70 200903292	2:59.54	+0,86	38.78	1:29.43	2:20.37	2:59.54
38. Veronica Borges	Blue Marlins	2:56.11 200903380	3:00.14	+0,74	37.23	1:25.65	2:18.71	3:00.14
39. Stella Nicoud	WZK	2:57.78 200903706	3:02.49	+0,77	35.25	1:20.05	2:18.59	3:02.49
40. Ilse Stout	ACZ	2:55.97 201001704	3:03.57	+0,72	39.02	1:26.69	2:23.22	3:03.57
41. Nina Slagter	D.E.S.	2:57.10 201003164	3:05.56	+0,64	40.33	1:28.54	2:22.98	3:05.56
42. Annick Gorissen	Blue Marlins	3:01.97 201002248	3:08.19	+0,82	40.71	1:29.81	2:25.20	3:08.19
43. Hei Yiu Tang	SG SCOM/de Zeehond	3:06.88 200902148	3:12.11	+0,73	38.71	1:27.64	2:25.15	3:12.11
44. Britt Duijvestijn	Blue Marlins	3:27.29 201003658	3:26.02		43.32	1:35.95	2:37.13	3:26.02
45. Aminata Turay	Niemo Barracuda	3:52.46 200900282	3:47.19		51.80	1:46.96	2:59.97	3:47.19
DIS Demi Bos	Niemo Barracuda	2:50.81 201001282		+0,76				

RH - Het eindpunt niet in rugligging aangeraakt.

Jeugd 1 en 2

1. Jade van der Schrier	AZC	2:26.98 200800692	2:27.21	+0,72	31.61	1:08.38	1:54.63	2:27.21
2. Meyke v. Nimwegen	z.c De Schotejil	2:30.35 200800106	2:27.58	+0,74	31.55	1:10.03	1:52.64	2:27.58
3. Lisa Dirkzwager	Blue Marlins	2:36.75 200703458	2:31.64	+0,73	31.13	1:12.38	1:55.71	2:31.64
4. Mila Oomens	Niemo Barracuda	2:33.69 200700016	2:33.31	+0,76	33.07	1:13.15	1:56.94	2:33.31
5. Liv Heijdra	WVZ	2:28.55 200800736	2:34.09	+0,58	31.19	1:12.37	1:56.80	2:34.09
6. Sophie van Leent	Blue Marlins	2:33.36 200800522	2:40.36	+0,71	32.31	1:14.69	2:03.14	2:40.36
7. Laura Booij	ZPB H&L Productions	2:41.22 200801292	2:46.45	+0,77	35.35	1:18.67	2:06.73	2:46.45
8. Julia van Wingerden	ZZ&PC De Devel	2:47.42 200800436	2:51.39	+0,65	34.89	1:19.85	2:12.29	2:51.39
9. Florian van Veenen	WZK	2:50.76 200801242	2:52.71		36.01	1:21.32	2:14.52	2:52.71
10. Sanne Hoogduin	ZVL-1886 Center	2:49.33 200800778	2:53.97	+0,78	39.13	1:25.49	2:14.31	2:53.97
11. Myrthe Kramer	De Duck	2:57.29 200802056	2:54.22	+0,73	34.49	1:19.42	2:13.58	2:54.22
12. Juliëtte Priester	WZK	2:48.86 200800872	2:54.25	+0,79	36.88	1:21.27	2:15.17	2:54.25
13. Nada Mghizrat	GZC DONK	2:45.63 200702178	2:55.47	+0,72	36.27	1:26.04	2:15.86	2:55.47
14. Florine Rausch	D.E.S.	2:58.47 200804508	2:59.06	+0,73	37.36	1:24.18	2:17.97	2:59.06
15. S. van der Jagt	Poseidon'56	2:46.20 200700220	3:00.08	+0,81	40.56	1:26.78	2:17.47	3:00.08
16. Jaylin van der Linden	ZZ&PC De Devel	2:50.84 200701766	3:00.63	+0,73	37.20	1:24.40	2:18.73	3:00.63
17. Carice Forschelen	MNC Dordrecht	2:55.76 200804338	3:03.63	+0,66	40.94	1:29.51	2:25.02	3:03.63
NG Ilse Rozema	Blue Marlins	2:30.88 200803318						

Senioren 1 en ouder

1. Mare Schallenberg	ACZ	2:19.06 200600078	2:19.13	+0,73	29.98	1:06.32	1:46.20	2:19.13
2. Jill Nai Chung Tong	WVZ	2:25.08 200404272	2:26.69	+0,69	30.51	1:08.84	1:51.62	2:26.69
3. Silke Molendijk	ZVL-1886 Center	2:22.22 200100178	2:27.32	+0,66	31.22	1:10.60	1:53.94	2:27.32
4. Angelique van Vark	GZC DONK	2:23.70 199701478	2:28.38	+0,72	32.45	1:11.14	1:55.13	2:28.38
5. Megan Jonkman	Blue Marlins	2:19.78 200600508	2:30.80	+0,73	28.97	1:05.52	1:55.22	2:30.80
6. Karlijn Offeringa	ZV Vlaardingen-Schied	2:26.87 200503292	2:32.33	+0,77	31.72	1:11.51	1:56.09	2:32.33
7. Julia Notenboom	De Columbiaan	2:35.80 200302596	2:35.34	+0,75	32.48	1:11.25	1:58.79	2:35.34
8. Nouchka Bos	Niemo Barracuda	2:36.24 200501528	2:35.84	+0,78	33.40	1:17.11	2:00.49	2:35.84

Provinciale Kampioenschappen lb - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 19, Dames, 200m wisselslag, Senioren 1 en ouder

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
9. Anna Beck	Blue Marlins	2:30.34	200605282	2:39.67	+0,80	33.82	1:15.18	2:02.58	2:39.67	
10. Donna van der Meer	BZ en PC	2:37.15	200601146	2:39.70	+0,69	33.09	1:15.24	2:02.85	2:39.70	
11. Carmen Lems	ACZ	2:37.94	200402632	2:40.12	+0,71	32.31	1:14.06	2:02.47	2:40.12	
12. Milou Demirel	Blue Marlins	2:42.15	200501254	2:44.69	+0,74	33.35	1:17.93	2:06.98	2:44.69	
13. Roos van Esch	ACZ	2:44.52	198200468	2:46.87	+0,81	35.35	1:19.13	2:09.30	2:46.87	
14. Amber Hesper	Niemo Barracuda	2:36.34	200202188	2:51.17	+0,77	32.21	1:17.60	2:09.55	2:51.17	
15. Lonneke Graansma	ZVL-1886 Center	2:42.31	199900936	2:53.67	+0,74	36.38	1:23.44	2:13.25	2:53.67	
16. Sanne Nederveen	DWF	2:45.02	200204884	2:54.08	+0,74	35.89	1:21.28	2:13.20	2:54.08	
17. Nina Tourton	ZOB'66	2:51.63	199603612	2:54.86	+0,79	35.03	1:20.39	2:12.65	2:54.86	
18. Hilda Vrijbloed	ZV Vlaardingen-Schied	2:46.44	200605262	2:58.57	+0,78	38.55	1:22.90	2:18.37	2:58.57	
19. Milou van Winkel	WVZ	2:53.95	200402296	3:03.99	+0,70	462	37.61	1:26.56	2:20.85	3:03.99
AFGEM Laura 't Lam	De Geul	2:33.59	200603376							
AFGEM Aisha Nobels	z.c De Schotejil	2:42.31	200501710							
NG Kim de Jong	De Columbiaan	2:37.29	200301026							
NG Rinske Bouman	Blue Marlins	2:30.15	200400578							
NG Emma Verkuyl	WVZ	2:31.59	200500826							

Programmanr. 20
26-5-2024 - 15:50

Heren, 200m rugslag

Junioren 1 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
Junioren 1 en 2										
1. Myron Artemenko	Niemo Barracuda	2:34.20	201003021	2:26.14	+0,64	34.68	1:11.53	1:49.34	2:26.14	
2. Duco de Gelder	Blue Marlins	2:31.23	201000217	2:30.42	+0,64	34.84	1:12.59	1:51.81	2:30.42	
3. D. van den Noulant	Blue Marlins	2:30.24	201000071	2:33.95	+0,75	36.55	1:15.91	1:55.56	2:33.95	
4. Eli Shields	Niemo Barracuda	2:35.06	201000407	2:34.72	+0,61	35.60	1:15.57	1:55.66	2:34.72	
5. Kris Westerhout	ZZ&PC De Devel	2:46.95	201000883	2:41.59	+0,61	39.25	1:20.88	2:02.07	2:41.59	
6. Joep Lindhout	Niemo Barracuda	2:48.46	201100873	2:45.80	+0,72	39.52	1:21.27	2:04.27	2:45.80	
7. Vince van Dam	ACZ	2:48.81	201000405	2:46.84	+0,54	39.65	1:22.04	2:05.10	2:46.84	
8. Jake van Duivendijk	Blue Marlins	2:57.59	201000945	2:50.71	+0,79	40.25	1:24.14	2:08.60	2:50.71	
9. Luca Monster	ZPC Numansdorp	2:47.35	201100343	2:52.17	+0,64	37.43	1:19.26	2:06.51	2:52.17	
<i>*BU 200m</i>										
10. Alan Vasilevski	MNC Dordrecht	2:48.68	201101509	2:53.77	+0,67	39.26	1:22.71	2:08.22	2:53.77	
11. Sander de Bruin	ZZ&PC De Devel	2:55.94	201100617	2:53.82	+0,74	43.17	1:30.28	2:11.65	2:53.82	
12. Gijs van der Lee	AZC	2:55.49	201101237	2:56.37	+0,77	39.98	1:24.96	2:11.63	2:56.37	
13. Jesse van 't Veer	Blue Marlins	2:59.15	201002831	3:00.13	+0,89	43.64	1:30.26	2:17.11	3:00.13	
14. Jaysley Brouwn	Niemo Barracuda	3:07.25	201101033	3:01.27	+0,76	42.58	1:28.65	2:16.53	3:01.27	
15. Joshua Walkow	WZK	3:00.64	201003587	3:01.92	+0,80	41.63	1:28.69	2:16.71	3:01.92	
16. Enrico Avella	De Columbiaan	2:57.95	201000727	3:07.13	+0,65	43.17	1:31.96	2:20.34	3:07.13	
17. Brixton Voinche	WZK	3:15.20	201003665	3:16.72	+0,87	45.53	1:35.68	2:28.06	3:16.72	
Junioren 3 en 4										
1. Yarno van Dam	ACZ	2:13.16	200800115	2:16.23	+0,64	30.15	1:04.70	1:40.84	2:16.23	
2. Rein Stoel	ZVL-1886 Center	2:14.11	200800463	2:19.05	+0,71	31.35	1:06.68	1:43.16	2:19.05	
3. Adriaan Coppelmans	AZC	2:20.53	200903243	2:20.25	+0,67	32.88	1:08.89	1:45.36	2:20.25	
4. S. Lopes Cardozo	WZK	2:21.87	200800187	2:20.55	+0,64	33.02	1:09.84	1:46.19	2:20.55	
5. Niek Sonneveld	WVZ	2:14.99	200802631	2:23.40	+0,67	33.18	1:10.07	1:47.44	2:23.40	
6. Sverre van der Zwaan	WVZ	2:20.70	200900737	2:25.67	+0,59	33.73	1:10.70	1:48.64	2:25.67	
7. Ivo Bot	Wiekslag	2:20.31	200900509	2:29.57	+0,62	33.98	1:12.87	1:52.28	2:29.57	
8. Aiden Lips	Blue Marlins	2:23.76	200800951	2:31.72	+0,67	34.59	1:11.82	1:51.40	2:31.72	
9. Aidan van der Stelt	Blue Marlins	2:36.44	200900901	2:31.96	+0,68	35.91	1:15.05	1:54.67	2:31.96	
10. Floris van der Valk	Wiekslag	2:18.70	200801891	2:35.37	+0,71	34.32	1:14.08	1:56.05	2:35.37	
11. Sven Mulder	WVZ	2:33.50	200901655	2:35.54	+0,63	37.09	1:17.35	1:58.41	2:35.54	
12. Paul Ruitenbergh	De Geul	2:43.88	200900979	2:37.68	+0,74	36.76	1:17.62	1:59.20	2:37.68	
13. Luka Arkesteijn	ACZ	2:33.81	200903023	2:38.47	+0,71	35.93	1:15.75	1:57.90	2:38.47	
14. A. van der Maaten	Blue Marlins	2:39.68	200903251	2:38.68	+0,77	36.41	1:16.62	1:58.36	2:38.68	
15. Sascha Timmer	AZC	2:51.83	200902987	2:41.47	+0,78	37.14	1:18.08	2:01.10	2:41.47	
16. Luuk Schippers	Poseidon'56	2:42.01	200901161	2:42.73	+0,75	37.99	1:20.67	2:04.10	2:42.73	
17. Luca Kamps	De Vliet (SG)	2:44.72	200900891	2:46.11	+0,73	38.49	1:20.65	2:03.98	2:46.11	
18. Thomas Braat	AZC	2:36.34	200802269	2:46.34	+0,86	579	37.77	1:19.38	2:03.24	2:46.34
19. Felix Rademaker	Blue Marlins	2:49.08	200804057	2:50.06	+0,96	40.56	1:23.63	2:07.78	2:50.06	
20. Kay Remmerswaal	D.E.S.	2:50.90	200800671	2:50.43	+0,66	39.58	1:22.59	2:08.42	2:50.43	
<i>*BU: 100m</i>										

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 20, Jongens, 200m rugslag, Junioren 3 en 4

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
21. Nathan Creyf	WZK	2:47.20 200903557	2:50.65	+0,80	40.17	1:24.35	2:09.06	2:50.65
22. Lucas Bongers	ZOB'66	2:41.82 200800903	2:50.68	+0,75	39.78	1:23.96	2:08.98	2:50.68
23. Brayden Vered	Blue Marlins	2:49.18 200802517	2:50.98	+0,85	42.92	1:27.73	2:11.63	2:50.98
24. Idse Eisses	WVZ	2:55.27 200900009	2:51.32	+0,76	40.82	1:25.44	2:09.70	2:51.32
25. Mitchell van Dijk	Niemo Barracuda	2:39.95 200800577	2:51.55	+0,73	39.96	1:24.65	2:09.50	2:51.55
26. Thomas Zondag	MNC Dordrecht	2:51.02 200800063	3:02.07	+0,71	43.60	1:29.96	2:17.09	3:02.07

Jeugd 1 en 2

1. Daan Sonneveld	WVZ	1:59.32 200601085	2:10.37	+0,65	30.39	1:03.97	1:37.46	2:10.37
2. Nikodim Markovic	Blue Marlins	2:05.97 200700255	2:14.26	+0,65	32.34	1:06.77	1:40.66	2:14.26
3. Jisse Lousma	WVZ	2:07.06 200701493	2:16.14	+0,52	31.99	1:06.64	1:42.27	2:16.14
4. Thom de Hoog	Blue Marlins	2:18.62 200600019	2:17.63	+0,66	32.39	1:07.76	1:43.52	2:17.63
5. Boele Böhm	Blue Marlins	2:13.88 200700739	2:18.53	+0,62	33.49	1:09.24	1:44.51	2:18.53
6. Gaëtan Spicq	Blue Marlins	2:08.87 200701807	2:23.53	+0,70	32.94	1:09.67	1:46.49	2:23.53
7. Boyd Delsaerd	Blue Marlins	2:27.24 200704051	2:33.10	+0,67	35.52	1:13.80	1:53.89	2:33.10
8. Twan Hoogervorst	De Columbiaan	2:34.09 200700741	2:34.69	+0,69	35.92	1:15.69	1:55.81	2:34.69
9. Bas Blanker	ACZ	2:26.28 200601497	2:35.39	+0,69	35.33	1:14.93	1:56.32	2:35.39
10. Sem Berckenkamp	GZC DONK	2:41.22 200602229	2:48.11	+0,76	39.34	1:22.39	2:06.18	2:48.11

Senioren 1 en ouder

1. Abdelmajid Hassine	Blue Marlins	2:15.07 199805885	2:19.68	+0,56	31.77	1:08.10	1:43.51	2:19.68
2. Jasper Breugem	WVZ	2:11.23 200000303	2:19.84	+0,80	32.47	1:07.94	1:44.05	2:19.84
3. Abel te Riele	WVZ	2:11.34 200402317	2:21.10	+0,65	33.37	1:09.48	1:45.85	2:21.10
4. Sander Iuga	Feijenoord Albion	2:25.17 200101389	2:23.67	+0,62	31.68	1:07.31	1:45.75	2:23.67
5. Robin van Beek	ZVL-1886 Center	2:15.54 199704023	2:24.90	+0,62	33.70	1:10.37	1:47.93	2:24.90
6. Daan Hogerhuis	De Columbiaan	2:23.74 200300317	2:25.62	+0,65	33.66	1:09.94	1:47.84	2:25.62
7. D. van den Nieuwendijk	De Columbiaan	2:31.08 200100475	2:26.95	+0,73	33.66	1:10.42	1:48.67	2:26.95
8. Mark Hensen	Niemo Barracuda	2:21.91 197900497	2:28.39	+0,76	34.41	1:11.98	1:50.33	2:28.39
9. David Kievit	z.c De Schotelij	2:29.30 199900325	2:29.99	+0,86	33.84	1:11.34	1:50.73	2:29.99
10. J. van den Berg	WVZ	2:26.17 196801575	2:35.20	+0,68	35.10	1:13.25	1:54.25	2:35.20

Programmanr. 21
26-5-2024 - 16:15

Gemengd, 4 x 50m vrije slag

11 - 15 jaar
Resultaten

rang	vereniging	intijd	tijd	RT			
1. AZC 1	AZC	1:50.98	1:50.63	+0,53			
Adriaan Coppelmans	09	+0,53	26.22	Jorja Verschoor	09	+0,28	29.45
Bink de Vries	09	+0,62	26.57	Nina van der Schrier	10	+0,51	28.39
2. WVZ 1	WVZ	1:49.66	1:50.94	+0,69			
Tim Boerefijn	08	+0,69	26.31	Niek Sonneveld	08	+0,43	28.13
Anouk Steller	10	+0,23	28.99	Malin Roozeboom	11	+0,57	27.51
3. Blue Marlins 1	Blue Marlins	1:55.36	1:53.22	+0,71			
Maria Kostina	10	+0,71	28.70	Nout de Roo	11	+0,42	29.37
Julia Dabrowska	10	+0,55	28.96	Aditya Winterberg S15	08	+0,28	26.19
4. ZV De Watervogels 1	ZV De Watervogels	1:59.31	1:59.01	+0,68			
Alaine Dumont	11	+0,68	30.70	Magnus Kijkuit	08	+0,32	27.44
Danique Westerhof	11	+0,42	33.21	Fabrice Poot	08	+0,45	27.66
5. De Columbiaan 1 *BU 150m	De Columbiaan	2:02.71	1:59.11	+0,71			
Luuk Knijnenburg	08	+0,71	26.56	Finn Knijnenburg	11	+0,42	32.65
Tess Meeuwissen	10	+0,15	30.05	Gwen Hermans	09	-0,23	29.85
6. GZC DONK 1	GZC DONK	2:02.07	2:01.93	+0,74			
Eli Fieret	09	+0,74	29.46	Joseph Crott	11	+0,46	31.58
Erin de Jong	10	+0,64	31.72	Eva Ehler	10	+0,50	29.17
7. ZVL-1886 1	ZVL-1886 Center	2:09.45	2:07.25	+0,71			
Lintar Shidiq	08	+0,71	31.04	Rozalia Diederiks	11	+0,54	30.83
Victoria Diederiks	09	+0,48	30.92	Teun Evers	11	+0,80	34.46
8. ACZ 1	ACZ	2:10.28	2:10.22	+0,62			
Vince van Dam	10	+0,62	32.07	Ilse Stout	10	+0,24	33.93
Nina-Sofia Arkesteijn	11	+0,24	34.95	Milán Biró	08	+0,30	29.27

Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 22
26-5-2024 - 16:20

Gemengd, 4 x 50m vrije slag

11 jaar en ouder
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	1:43.11	1:45.56 +0,72
	Rely Hoogendijk 07 +0,72	26.18	Daan Sonneveld	06 +0,25 24.55
	Jill Nai Chung Tong 04 +0,57	27.30	Marit Huisman	05 +0,27 27.53
2.	Barracuda 1	Niemo Barracuda	1:46.93	1:46.39 +0,70
	Mila Oomens 07 +0,70	28.93	Amber Hesper	02 +0,52 27.89
	Sidique Turay 05 +0,40	26.34	Jeroen Baars	92 +0,27 23.23
3.	De Columbiaan 1	De Columbiaan	1:52.99	1:47.84 +0,74
	Daan Hogerhuis 03 +0,74	26.32	Fanni Farkas	11 +0,45 29.20
	Julia Notenboom 03 +0,11	28.00	Bert Duivenvoorde	97 +0,41 24.32
4.	Blue Marlins 1	Blue Marlins	1:49.22	1:48.67 +0,69
	Ilse Rozema 08 +0,69	27.32	Tim van Lochem	05 +0,28 27.83
	Megan Jonkman 06 +0,39	25.89	Boyd Delsaerd	07 +0,36 27.63
5.	ACZ 1	ACZ	1:50.44	1:49.36 +0,69
	Mare Schallenberg 06 +0,69	26.88	Carmen Lems	04 +0,26 29.48
	Robin Schols 04 +0,36	26.41	Kevin Kingma	97 +0,34 26.59
6.	ZVL-1886 1	ZVL-1886 Center	1:49.09	1:50.57 +0,76
	Jesse van der Meij 06 +0,76	25.94	Silke Molendijk	01 +0,33 28.08
	Robin van Beek 97 +0,19	26.22	Lonneke Graansma	99 +0,46 30.33
7.	GZC DONK 1	GZC DONK	1:56.86	1:55.77 +0,69
	Sem Berckenkamp 06 +0,69	29.21	Angelique van Vark	97 +0,32 28.09
	Seth van den Dool 08 +0,42	28.22	Anouk de Jong	09 +0,69 30.25
8.	DSZ 1	DSZ	1:58.81	1:57.29 +0,92
	Maxim Portik 06 +0,92	29.85	Mees Janssen	11 +0,13 26.63
	Kate Mauries 07 +0,13	30.41	Julie Vacque	08 +0,46 30.40

Programmanr. 23
26-5-2024 - 16:25

Jongens, 4 x 100m wisselslag

Junioren 4 en jonger
Resultaten

rang	vereniging	intijd	tijd	RT
1.	Blue Marlins 1	Blue Marlins	4:34.78	4:30.10 +0,65
	Girish Nolden +0,65 34.56	1:11.69	Aidan van der Stelt	+0,42 31.33 1:08.95
	Thygo van Peppel +0,32 32.01	1:09.84	Fabian Riedijk	+0,70 28.87 59.62
2.	ZVL-1886 1	ZVL-1886 Center	4:29.48	4:35.66 +0,67
	Rein Stoel +0,67 31.62	1:05.42	Gijs Hartwijk	+0,45 29.94 1:06.97
	Jan Schouten +0,66 35.75	1:17.29	Jochem Evers	+0,40 31.15 1:05.98
3.	AZC 1	AZC	4:28.59	4:38.79 +0,80
	Thomas Braat S14 +0,80 36.28	1:17.11	Sascha Timmer	+0,44 29.16 1:05.41
	Adriaan Coppelmans +0,43 34.97	1:15.44	Bink de Vries	+0,48 28.55 1:00.83
4.	WVZ 1	WVZ	4:28.50	4:42.80 +0,68
	Niek Sonneveld +0,68 35.48	1:12.52	Tim Boerefijn	+0,51 29.46 1:05.22
	Sverre van der Zwaan +0,61 37.25	1:22.10	Emin Karadeniz	+0,29 28.69 1:02.96
5.	Barracuda 1	Niemo Barracuda	4:41.98	4:44.92 +0,57
	Dylan Dortland +0,57 35.59	1:14.94	Eli Shields	+0,41 33.97 1:12.93
	Myron Artemenko +0,69 36.41	1:18.71	Daan Borst	+0,29 27.37 58.34
6.	De Geul 1	De Geul	5:36.21	5:38.08 +0,74
	Paul Ruitenberg +0,74 33.92	1:10.50	Rens van der Es	+0,67 39.47 1:31.19
	Tygo van Berkel +0,56 42.13	1:30.22	Kjeld Vos	+0,39 38.97 1:26.17

Programmanr. 24
26-5-2024 - 16:30

Heren, 4 x 100m wisselslag

Senioren Open
Resultaten

rang	vereniging	intijd	tijd	RT
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Provinciale Kampioenschappen Ib - sessie 1-4
Den Haag, 25- - 26-5-2024

Programmanr. 24, Heren, 4 x 100m wisselslag

1.	Blue Marlins 1	Blue Marlins	4:04.38	4:03.15	+0,64
	Thom de Hoog	+0,64 31.29	1:03.39 Michael Smink	+0,46 24.79	55.11
	Jasper Willig	+0,36 29.69	1:05.61 Boyd Delsaardt	28.27	59.04
2.	WVZ 1	WVZ	3:54.60	4:04.76	+0,65
	Daan Sonneveld	+0,65 30.15	1:00.52 Joshua Agussalim	+0,28 26.21	59.02
	Twan Huisman	+0,48 32.16	1:09.32 Jisse Lousma	+0,31 26.97	55.90
3.	Feijenoord Albion 1	Feijenoord Albion	3:56.11	4:10.61	+0,61
	Sander Iuga	+0,61 31.87	1:07.50 Melvin Prins	+0,28 26.71	59.79
	Floris Tanis	+0,25 32.66	1:12.39 Perry Laarhoven	+0,27 23.77	50.93
4.	Poseidon'56 1	Poseidon'56	4:13.90	4:15.65	+0,63
	Alex Woe	+0,63 33.71	1:09.77 Gerard Willighagen	+0,33 26.15	58.30
	Ryan van den Ouden	+0,25 32.32	1:11.78 Erik van Gemert	+0,12 25.94	55.80
5.	ACZ 1	ACZ	4:10.62	4:19.36	+0,70
	Yarno van Dam	+0,70 31.07	1:03.91 Jasper Groen	+0,23 27.76	1:03.68
	Hessel de Jong	+0,38 33.90	1:15.53 Bas Blanker	+0,07 26.59	56.24
6.	De Columbiaan 1	De Columbiaan	4:14.75	4:25.48	+0,70
	Daan Hogerhuis	+0,70 34.86	1:12.98 Bert Duivenvoorde	+0,50 27.32	1:01.34
	Dave van den Nieuwendijk	+0,52 32.67	1:10.96 Twan Hoogervorst	+0,62 28.64	1:00.20
DIS	Feijenoord Albion 2	Feijenoord Albion	4:18.09		+0,64
	<i>EA - Te vroeg overgenomen., 4e zwemmer</i>				
	Bjorn de Heus	+0,64 31.67	1:06.32 Kenan Coeruez	-0,02	
	Jort Vizee	+0,30	Neo Reiber	-0,10	
DIS	DSZ 1	DSZ	5:06.26		+0,58
	<i>EA - Te vroeg overgenomen., 2e zwemmer</i>				
	Mahdi Jaghori	+0,58 37.80	1:21.82 Jordy Baven	+0,48	
	Mees Janssen	-0,10	Maxim Portik	+0,46	